

SEPTEMBER 2013

Evergreen News

EVERGREEN COMMUNITY BLOCK PARTY AND MEMBERSHIP DRIVE

Saturday

21 September 2013

11 am—4 pm

This Year:

⇒ **BOUNCY SLIDE**

⇒ **Sumo Wrestling**



Bannock Making



**CHICKEN JOHN
PETTING ZOO**

GIGGLES BALLOONS

**JOIN THE HAPPY PIZZA
CREW FOR THEIR BEER
GARDEN**



Farmers Market! Come buy
some vegetables, fruit, jams
or jellies, pies!

**BBQ
Brought
to you
By Tafey**



**Chili &
Bun
Brought
to you by TOPS
Group**





*EECA Board
Of
Directors
2013—2014*

Executive Committee:

President - Troy Girard

Vice President - Cori Ramsay

Treasurer - Al Innes

Secretary - Ann Friesen

Board Directors:

Civics Director - Sheri Karpinski

Facilities Director - James Paull

Fund Development Director - Faith Patey

Membership Director - Mary Avison

Program Director - Natalie Haywood

Sports Director - Steve Patey

Senior Liaison - Lydia Christie

Youth Liaison - Alice Hobbins



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for Community Events or
with a Bingo!*

*YOU Can Make a Difference
by Volunteering!!*

*Call 780-473-6962 and leave a
message*



Call
Natalie:
780-249-8071
to book your
table for this
exciting event!

We're looking for:

- Local businesses
- Home based businesses
- Local artisans/crafters
- Information providers

And YOU!



*Saturday,
October 26,
10—5*



Evergreen, meet your Community Association Treasurer

Al has served Evergreen Community League in a variety of positions for over the past 27 years (give or take). Al has again undertaken the task of keeping the Association's spending in line during this time of Financial restraint as our wise Treasurer. For the Annual General meeting again he prepared as always a proposed Budget for 2013—2014 year and included the Financial Statement and Audit Report for Year End.

Al has given his spare time to volunteering for Bingos and Casinos. He volunteers for most of the Evergreen Community Events that the Association has for the Community during the year.

Al also commits his time going to Edmonton Federation Community League meetings to help enhance both our Community and others. He also serves on the TAFEY Board and coordinates their Bingo's.

!



The
Association For
Evergreen Youth

31 Evergreen Park NW
Edmonton, AB T5Y 4M2
Phone: 780-473-6962
Fax: 780-472-1506
Email: eeca@shaw.ca

"Like" us on Facebook at
<http://www.facebook.com/EvergreenCommunity>
AND
<http://www.facebook.com/tafey1996>

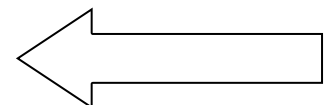
38 Evergreen Park NW
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Phone: 780-413-8248
Fax: 780-472-9506
Email: tafey@shaw.ca

To advertise in Evergreen News
please email eeca@shaw.ca by the
19th of each month .

- Business Card Size \$15
 - 1/4 page \$25
 - 1/2 page \$50
 - Full Page \$100
- (All sizes approximate.)



Our hall is available to
rent.
Call 780-473-6962
for details.



GARDEN CLUB NEWS

Greetings fellow gardeners! Summer goes by too quickly doesn't it? It always seems that it has only begun when September rolls around again. We hope your harvests were plentiful and your blooms bountiful. Perennials and trees often go on sale this time of year at local greenhouses and nurseries. If you've been thinking of adding to your collection, some great deals are out there right now.

For our August meeting, the Garden Club is touring the Northern Crop Diversification Centre on August 26th. Bad weather prevented us from

doing our tour on August 12th as planned. As of the print date of this newsletter we still have not gone on the trip so stay tuned for details on the trip next month.

Our September meeting will be a nice relaxing break after all our summer tours.

Members will be meeting at the Community Hall in the strip mall at 6:30pm on September 16th to watch a movie about bees and enjoy some fellowship and popcorn.

What a great meeting this would be for a new member to come and check us out. We have a vibrant group of close



to 40 members, ranging widely in age and gardening ability, and we'd love to meet YOU.

Please call Mary at 780-406-5710 for more details on how to join. An annual membership in the Evergreen Garden Club is only \$10 for Community League members.

*Join the club, meet new friends, share a few laughs,
and go home*

11 BENEFITS OF MEMBERSHIP in the Edmonton Evergreen Community Association:

1. A Great Place to Meet Your Neighbours
2. Educational Programs and Recreation Opportunities
3. Access to Hall rentals, skating rink
4. Have a say in what new facilities to build
5. Input for planning your parks, green spaces, and urban development
6. Special Community skate & swim times
7. Discounts at City Recreation Centers for Annual and Multi Admission passes, Tourist Attractions, and major league sporting events
8. Parent Groups, Play Groups
9. Social activities
10. Be able to attend programs, events and activities through other Communities

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780-475-0096
Or
780-910-0546

Edmonton Evergreen Community Association Memberships

- | | |
|--------------------------|------|
| • Family (one household) | \$20 |
| • Seniors | \$10 |
| • Single Family | \$15 |
| • Single Adult | \$10 |



RR Auto, your friendly neighborhood service station where the coffee is on and our licensed technicians are available to service your car or truck. Keeping your vehicle tuned up is a good way to save money at the pump and prevent costly repairs down the road.

- Tire changes and repairs
- Service to most cars and trucks.
- New car warranty approved products

Call 780-472-9959 to book your appointment now, before you break down because after would be no fun.



September
2013

Evergreen Youth Express

EG After School

Need something to do every weekday after school? Kindergarten to Grade 6? Sign up now for BGCBigs After School Inc, City of Edmonton Core programs and our very own Kid Zone!

Starting September 19th, After School Inc will be offered every Monday, Wednesday and Friday until 6 p.m. City

of Edmonton Core programs starts Tuesday, September 24th with Play Rangers 3:30 to 5:30 p.m. and Evergreen Youth's Kid Zone will start September 12th from 3:30 to 5 p.m.

Also starting that week:

Girl Zone (with Laura) Wednesday from 6—8 p.m. and Boy Zone Thursday from 5—7

p.m. with Dustin.

Registration forms available at the Youth Centre. We re-open for Karate registration Sunday, September 8th at 3 p.m. Gentlemen of Evergreen will start either the 14th or the 21st of September. That date is still up in the air at printing. Watch facebook for updates.

Evergreen Youth Centre

38 Evergreen Park NW
Edmonton, AB T5Y 4M2

Phone: 780-413-8248

Fax: 780-472-9506

E-mail: tafey@shaw.ca



Last program day for the summer was August 23rd and we wrapped up with jousting and

Evergreen Summer Programs

cake! . Joseph gave our 6—11 year olds a summer to remember with the Green Shack Program and Riley & Laura from the Youth Drop In program are going to be a hard act to follow!

Thanks to all the Evergreen and area kids who helped make 2013 another successful summer!



Evergreen Youth Fundraising BBQ

Full Meal Deal \$4.00

List your featured items

- Includes:
- Hot dog or Hamburger
- Pop/Water
- Chips

Evergreen Youth Centre

North end of rental office building.
Call: 780-413-8248

Help support children's programming in Evergreen. All proceeds will provide funds to allow Evergreen kids to participate FREE in our upcoming Babysitting Course.



Saturday, September 21st
11 a.m.—4 p.m. or while supplies last.



The Association For
Evergreen Youth

September 2013

at and around Evergreen Youth Centre!

All programs subject to change. Call 780-413-8248 for updates or
 "like" our facebook page: <https://www.facebook.com/tafeey1996>

Sun Mon Tue Wed Thu Fri Sat

| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|---|--------------------------------------|---|--|---|--------------------------------------|---|
| Youth Centre Closed for Back to School | | | | | | |
| 8 Karate Sign Up 3 pm | 9 EG After School 3:30 pm | 10 EG After School 3:30 pm Karate 6 pm | 11 EG After School 3:30 pm Girl Zone 6 pm | 12 EG After School 3:30 pm Boy Zone 5 pm | 13 EG After School 3:30 pm | 14 Gentlemen of EG 3 pm |
| 15 Karate 3 pm | 16 EG After School 3:30 pm | 17 EG After School 3:30 pm Karate 6 pm | 18 EG After School 3:30 pm Girl Zone 6 pm | 19 EG After School 3:30 pm Boy Zone 5 pm | 20 EG After School 3:30 pm | 21 Gentlemen of EG 3 pm Block Party BBQ Fundraiser |
| 22 Karate 3 pm | 23 EG After School 3:30 pm | 24 EG After School 3:30 pm Karate 6 pm | 25 EG After School 3:30 pm Girl Zone 6 pm | 26 EG After School 3:30 pm Boy Zone 5 pm | 27 EG After School 3:30 pm | 28 Gentlemen of EG 3 pm |
| 29 Karate 3 pm | 30 EG After School 3:30 pm | Remember to renew your family membership this month! | | | | |



Evergreen TOTS

Evergreen's T.O.T.S. (Time Out To Socialize) program is a FREE* drop-in "playdate" for kids 0-5 and their moms, dads, grandparents, or guardians. Even dayhomes are welcome! We have many toys and costumes for the preschoolers, exersaucers and bouncers for babies, and moms who are eager to hold newborns. So if you are a new mom, or new to Evergreen, come on down, meet some neighbours and let the kids socialize while you have a coffee and swap stories with others in the same stage of life.

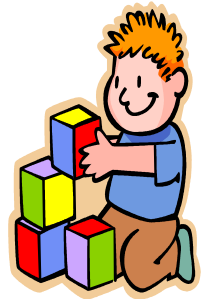
Where? At the Evergreen Community Hall in the strip mall

When? Every Wednesday morning, 10am-noon

What? Coffee for parents, snacks for kids, and a hall full of toys.

Why? Gives parents a break, and kids a chance to burn off steam!

Who? Around 4-8 parents and 10-20 children currently attend.



For up-to-the-minute TOTS information, please "like" our facebook page:

"Edmonton Evergreen Community Assoc TOTS"

*TOTS asks that you purchase a \$20 annual Evergreen Community Association membership to thank them for donating their space and their money to our program. Exceptions can be made for those in financial difficulty. Please do not stay away from this great program because you can't afford the \$20.

Please call Natalie at 780-249-8071 if you have any questions.



Bingo Dates

Sunday, 8 Sept 13 at
Kensington AM

Thursday, 19 Sept at
Fort Road Aft/PM

**Come out and volunteer to
help with Bingos for**

**Evergreen Community
Association**

**call Faith to help at
780-700-5229**

**and
for Tafey**

**call AL at 780-413-8248;
please leave a message,
so we can return your call.**



Recipe Corner

Ann's Lemon Square Delights

Ingredients

- 1 cup Graham Crumbs
- 6 Tbsp. butter, melted
- 1/2 cup sugar, divided
- 2` pkg. (250 g each) Light Cream Cheese, softened
- 3 cups Light Whipped Topping
- 2 pkg. (4-serving size each) Lemon Pie Pudding

Instructions:

Mix graham crumbs, 1/4 cup of the sugar and the butter until well blended. Press firmly onto bottom of 13x9-inch pan to form crust. Set aside.

Beat cream cheese and add remaining 1/4 cup sugar together, spread half over graham crust.

Cook lemon pie filling (follow package instructions) and let cool for 5 min, then pour over cream cheese and let set for 10 mins.

Pour remaining cream cheese into large bowl. Fold in whipped cream with remaining cream cheese mixture until well blended. Spread over lemon pie filling in pan. Refrigerate 2 hours. Cut into squares to serve. Store leftover dessert in refrigerator.

If you have a special recipe you would like to share please feel free and we will post it .

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Strategic Thinker, committed to making a
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Evergreen Seniors News



Well Summer is officially over. We start our meetings this month so please check the calendar!

We said goodbye to Shirley who passed away in August after a long illness.

We plan on closing the summer with a Barbeque supper, which will be the last BBQ for 2013. So we hope to see you all there.

They have not completely finished with our hall they still have to extend our bath room. They are making it bigger and putting a wider door for wheelchair access and walkers. We are expecting it to be finished before winter comes.

The Quilters and Crafters are working hard to get ready for their big "Christmas in November Sale"

Calendar for September:

| | | |
|---------------|---------|------|
| 4th September | Meeting | 6 pm |
| | Bingo | 7 pm |

| | | |
|----------------|-------|------|
| 11th September | BBQ | 6 pm |
| | Bingo | 7 pm |

| | | |
|----------------|-------|------|
| 18th September | Bingo | 7 pm |
|----------------|-------|------|

| | | |
|----------------|--------------|------|
| 25th September | Crib—Seniors | 7 pm |
|----------------|--------------|------|

Quilters and Crafter's

Anyone interested in crafting on Thursdays please join us at the Seniors Centre from 1 to 4 pm.

If possible let them know you will be coming. Supplies are free.



| | | |
|----------|-------|--------------|
| Contact: | Verna | 780-476-4675 |
| | Reta | 780-472-9565 |
| | Genny | 780-463-9366 |

You can leave messages.



**MEET EVERY
TUESDAY & THURSDAY
AFTERNOON AT 1 PM**



**Need lawn mowed or
trimmed?**

Call Larry

780-472-9683

Reasonable Rates





Emergency
Medical
Services



Back to school safety

Alberta Health Services EMS would like to remind parents and students about some basic road safety tips, as streets become more congested, with the return of the school year. Both, pedestrians and motorists have an important role to play - road safety is a shared responsibility.

Motorists

- Avoid talking on cell phones, texting, or any other behavior that diverts your attention away from driving.
- Give right of way to pedestrians who have activated overhead crossing lights or who are waiting to cross from a street corner.
- Remember, it is illegal to pass vehicles - other than those that are parked - in school zones or playground zones, during posted hours.

Around school buses

- Flashing amber lights mean a bus is slowing down to stop. Motorists should do likewise.
- No matter which direction you are coming from, STOP, when approaching a school bus with activated flashing red lights - unless the bus is on the opposite side of a divided highway from you.
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

Pedestrians

- Cross only at marked crosswalks or street corners that have clear visibility from all directions.
- Make eye contact with all drivers before crossing the street.
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop.
- Stay within the crosswalk lines until fully clear of the road way.
- Obey pedestrian lights at intersections. Cross the street only when you see the 'walk' sign and only when all cars have come to a complete stop.
- If you are with young children or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing.
- Remember: children learn by observing. By teaching them safe crossing habits as early as possible you can reduce the chance your child may be involved in a preventable auto/pedestrian collision.



TAKE OFF POUNDS SENSIBLY

TOPS is a weight-loss support group. In TOPS, there are no quick fixes, fad diets, cleanses, pills or magic potions. We are a non-profit, weight-loss support and education organization. Our program has helped millions of people lose millions of pounds, and we've helped Evergreen residents slim down too! TOPS promotes:

- Healthy eating (Canadian Food Guide)
- Regular physical activity
- Being informed about wellness
- Awards and recognition for weight loss
- Support from others at weekly chapter meetings



During July and August we will only be doing Weigh In's due to everyone's busy summer schedules and we have changed back to our original night now that summer is over, so we meet again on **Sunday** evening at **6:45 pm. Every first of the month Sunday is held in the Senior Centre.**

TOPS membership costs \$32 for a year and \$5 per month following that. You can find more information at www.tops.org. Also you must have a Community membership too.

Reminder to members: From now on we are having a "motivational fruit basket" every week. Please remember to bring a fruit every week, people who have lost weight that week will be eligible to win! Also, don't forget to bring something for your secret pal!!

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Shop Hours

Sunday Closed

Monday 9-5

Tuesday 9-5

Wednesday Closed

Thursday 9-4

Friday 9-5

To book an appointment
call

780-406-7797

Or text:

587-710-8071



Edmonton Evergreen Community Association Programs:



**Heading to the
Bottle Depot?
Let us pick up your
bottles
for you!
We will be coming
door to door to collect.**

**Save your cans, bottles and
donate them to Edmonton
Evergreen Community
Association.**

**Saturday
7 September 2013
10 am til
2 pm**



DARTS LEAGUE



**Registration
Night**

**Wednesday
11 Sept 2013**

CRIB League

Thursday








10 October 2013

Seniors Caring About Seniors (SSCAS) is a non-profit organization. Our mission is to be an effective service facilitator for seniors. How can you help a senior in your neighborhood? By becoming a Service Provider (earn a little extra cash) For more information please call Val @ 780 465 0311 or email vdash@sscas.com

You can drop this off at the Senior from 10 am to 12 noon or mail into 31 Evergreen Park NW Edmonton, Ab T5Y 4M2

September 2013

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|--|---|--|--|---|
| 1 Londonderry Swim 2-4 TOPS 6:45pm | 2 Labor Day | 3 | 4 TOTS Seniors Meeting & Bingo— 7 pm | 5 Quilters & Crafters 1-4 pm | 6  | 7 ACT Swim 2 - 4 pm |
| 8 EECA Board Mtg Londonderry Swim 2-4 TOPS 6:45pm | 9 | 10 Quilters & Crafters 1-4 pm | 11 TOTS BBQ & Bingo Seniors— 6 pm DARTS | 12 Quilters & Crafters 1-4 pm | 13  | 14 ACT Swim 2 - 4 pm |
| 15 Londonderry Swim 2-4 pm TOPS 6:45pm | 16  Garden Club | 17 Quilters & Crafters 1-4 pm | 18 TOTS Bingo Seniors— 7pm DARTS | 19 Quilters & Crafters 1-4 pm | 20  | 21 Block Party ACT Swim 2 - 4 pm |
| 22 Londonderry Swim 2-4 pm TOPS 6:45pm | 23 | 24 Quilters & Crafters 1-4 pm | 25 TOTS Crib Seniors— 7pm DARTS | 26 Quilters & Crafters 1-4 pm | 27  | 28 ACT Swim 2 - 4 pm |
| 29 Londonderry Swim 2-4 pm TOPS 6:45pm | 30 | | | | | |

Every Monday to Friday, from 10 am to noon the Senior's Centre in the strip mall has a pot of coffee on. Drop in for a visit, stay for a game of billiards, and meet other Seniors in the Community!

Join us
Saturday, 21 September
for our Community Block Party from 11 am til 4 pm