



2014

EVERGREEN NEWS

ANNUAL

Saturday, May 24th

Spring Fling

10 am - 3 pm



Come support
Edmonton Evergreen
Community Association
by coming to our
“FREE” Pancake
Breakfast. Served
10:00 -11:30 am at
Community Hall

Don't Miss the
Evergreen

Garden Club's

**HUGE PLANT
SALE!!**



There will a lot of
different types of
perennials and annuals
for sale from the Garden
Club for \$5 or less



Limited number of tables available,
\$10 deposit (returned when you put
your own table away after event)

Call 780-860-3582 today to book!

**Come Have
A Full Day of
Family Fun!**



Support Evergreen Youth Centre

Full Meal Deal

**Hamburger or Hot Dog,
Chips**

\$3.50



Noon to 3 pm

Drink and





*EECA Board
Of
Directors
2013—2014*

Executive Committee:

President - Troy Girard

Vice President - Cori Ramsay

Treasurer - Al Innes

Secretary - Ann Friesen

On behalf of Evergreen Community
Association Board members

““Hope you have a great
May!!!!”

Board Directors:

Civics Director - Sheri Karpinski

Facilities Director - James Paull

Fund Development Director - Vacant

Membership Director - Mary Avison

Program Director - Natalie Haywood

Sports Director - Vacant

Senior Liaison - Howard Carroll

Youth Liaison - Alice Hobbins

Edmonton Evergreen Community Association Memberships

- | | |
|--------------------------|------|
| • Family (one household) | \$20 |
| • Seniors | \$10 |
| • Single Family | \$15 |
| • Single Adult | \$10 |
| • | |

Call the office 780-473-6962



Deadline for the June issue is May 20th ,
so the it may be out by the
1st June 2014.



The Annual General Meeting of Evergreen Community Association is scheduled to take place on

Monday, May 26th at the Community Hall (in the strip mall) at 7 pm.

All members are greatly encouraged to come out and attend.



Included on the Agenda will be:

- Approval of Minutes from the previous Annual General Meeting
- Reports from the Executive and Program Directors
- Presentation of the Treasurer's Annual Financial Statements and the Audited Report .
- Election of Officers, who will also sit as Members of our Board and,

Members, who are interested or you know anyone who maybe interested in wanting to run for one of these positions, should notify the Secretary of the Edmonton Evergreen Community Association, in writing or by email to eecasecretary@shaw.ca; so that a complete list of eligible candidates can be presented to the Community at the May 26th, Annual General meeting. Duties of the Officers and the Board of Directors are outlined in Edmonton Evergreen Community Association Bylaws or you can ask for a copy of a job description.

Please stay tuned to our website for further information and position descriptions as well.

The following positions are open for election at the May 26th meeting:

- **Vice President** (2 year term)
- **Treasurer** (2 year term)
- **Civics** (2 year term)
- **Program Director** (2 year term)
- **Sports** (1 year term)
- **Funds Development/Bingo** (1 year term)
- **Communications Director** (2 year term)



****All Members attending to vote must have memberships to EECA.**



Reminder that “Limited number” of tables are available for Flea Market at Spring Fling. A \$10 deposit (returned when you put your own table away after event) is needed.

Please call Cori at 780-860–3582 today to book!



Edmonton Evergreen Community Benefits of Membership:

Your EECA membership allows you to attend free in the Community league swim Saturdays and Sundays from 2–4 at Londonderry Pool and ACT Pool. Show your card!



Evergreen TOTS

Wednesdays @ 10 am



Evergreen Darts
Every Wednesday
at 7 pm

Evergreen Crib

Every Thursday
night at 7 pm



Please remember that
you must have a
Community membership
to join these
programs



Seniors Programs
at Senior Centre
Wednesday night
Bingo's and Crib

Coffee mornings
get together on
Weekdays and
a friendly game of pool
10:00 am to noon



Coupon Program

Every second Sunday at
6:30 pm

Evergreen Garden Club



Every 3rd Monday of the
month @ 6:30 pm



31 Evergreen Park NW
Edmonton, AB T5Y
4M2

Phone: 780-473-6962

Fax: 780-472-1506

Email: eeeca@shaw.ca

To advertise in Evergreen
News please email
eeeca@shaw.ca by the 20th
of each month .

- Business Card Size \$15
- 1/4 page \$25
- 1/2 page \$50
- Full Page \$100

(All sizes approximate.)

www.eeca.ca

"Like" us on Facebook at
<http://www.facebook.com/EvergreenCommunity>

AND

<http://www.facebook.com/tafey1996>



The
Association For
Evergreen Youth

38 Evergreen Park NW
Edmonton, AB T5Y
4M2

Phone: 780-413-8248

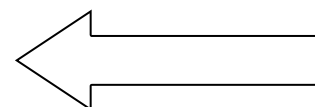
Fax: 780-472-9506

Email: tafey@shaw.ca



Our hall is available to
rent.

Call 780-473-6962
for details.



Garden Club News for May

Greetings fellow gardeners! Soon we will be planting containers, buying shrubs and trees, and coaxing vegetables to grow so they can fill out our tables with delicious fresh food. If you find your soil is hard, try adding some peat! Peat moss is a natural, organic soil conditioner that regulates moisture and air around plant roots for ideal growing conditions. It will help to save water, aerate heavy soil, bind sandy soil and reduce the leaching of fertilizer. Any soil can benefit from a healthy addition of peat moss.

For our April meeting, members gathered together to plan for our Open House on April 26th. As of the printing of this newsletter our Open House hadn't happened yet, but I'm sure I can safely say that everyone who came had a great time and learned something new. The rest of the Garden Club meeting was filled with a flower quiz and a general Q&A session where our expert gardeners were able to help our novices plan for the upcoming growing season.

Are you new to Evergreen, and looking to meet some friends? If you have any interest in horticulture, the Garden Club

might be a great place for you to connect. Whether you grow a few indoor plants, a vegetable garden, have a perennial paradise or an annual addiction, you will find like-minded people and plenty of ideas around our table. The third Monday of every month, approximately 30 of us gather to exchange strategies and stories of our personal garden experience. We'd love to have you join us! Please contact Mary at 406-5710 for more information.

On Monday, May 5th, the Garden Club will be visiting Kuhlmann's Greenhouse for our annual container planting event. Members are only asked to bring a container less than 18" for it's inside diameter. Kuhlmann's and the Garden Club work together to provide the rest for free. Members have the run of the greenhouse and with very few exceptions are allowed to create a container that Kuhlmann's takes care of until the May long weekend. This a great opportunity to see the newest plants and learn some secrets of the greenhouse.

Our next meeting will be Monday, May 19th at 6:30pm at the Community Hall. With the community's Spring Fling being May 24th we will have a lot to

discuss. Watch for our HUGE plant sale at this event.

Don't buy perennials anywhere else,

there will be dozens

to choose from for less than \$5 at our table at the Spring Fling. Come and help support this great local club!



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MEET NEW FRIENDS,
SHARE A FEW
LAUGHS...AND GO
HOME FEELING
GOOD.**

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The **EHS Plant Exchange and Sale** is a great opportunity for gardeners to find new homes for extra plants, exchange them for new ones, and buy locally hardy plants at reasonable prices.

Plant selection varies but includes perennials, tomatoes and other annuals, seeds, fruits, shrubs, trees, houseplants, herbs, bulbs and water plants.

Plants must be labeled (botanical name, if known, common name, height, spread, colour, location preference, and bloom time) and potted in sturdy containers. You get one credit for every plant you bring that you can trade for another item—perennial for perennial, annual for annual, etc. After the exchange the remaining plants are sold.

May 24, 2014

**Edmonton Horticultural Society
10746—178 Street, Edmonton
(parking lot)**

**10 AM — 12 PM Labeled
plants accepted**

**11 AM — 2 PM Sales tables
Open**

12 — 12:30 PM Plant Exchange

Visit www.edmontonhort.com for complete rules or for more information

Call Cheryl Lewis, the perennial exchange coordinator, at 780-478-2570.

No credit is give for Chives or Goutweed, and we do not accept plants designated as noxious. See www.invasiveplants.ab.ca. All payments is by cash only. Credits may not be exchanged for vendor products or refreshments.





Evergreen Youth Express

EG Zumba Kids

(a component of E6 After school)

Last group is Thursday, May 1st after school. We thank Miss Christina for bringing this fun, active program to Evergreen and we hope she is able to return in September for another 8 week run.



The
Association For
Evergreen Youth

May 2014

NEW Divas of Evergreen

Try out TAFEY's brand new program just for girls ages 11 to 17. Join Nicole at the Youth Centre Fridays from 6–8 p.m. for some fun designed with you in mind. Lots of girly stuff coming. Let Nicole know if you have ideas of things you'd like to do during your special time.

Our Programs This Month:

- ⊗ E6 After School Monday/Wednesday/Friday
- ⊗ Yoga 4 Kids Tuesday (EECA Hall)
- ⊗ Girl Zone Wednesday
- ⊗ Play Rangers starts Thursday, May 15th
- ⊗ Boy Zone Thursday
- ⊗ Divas of E6 Friday
- ⊗ Gentlemen of E6 Saturday
- ⊗ Karate Tuesday/Sunday (at the EECA hall in the strip mall)

TAFEY thanks EECA for generously sharing it's space to allow Evergreen Youth programs to prosper and to serve the largest number of children/youth possible.

EG Yoga 4 Kids



(a component of E6 After school)

Tuesdays Come to the Youth Centre right off the bus for a light snack, then off to the hall to join Miss Judy. Ages 5–11 welcome. **Yoga 4 Kids** balances quiet and active poses with game playing, singing, storytelling, drawing, simple breath meditations and rest. Children can easily follow the instructions by learning the names of different body parts, their locations and function. As children learn the names of the postures and movements they develop a yoga vocabulary. They can use their yoga poses to play games, take on the qualities of different animals or use their imaginations to make up stories.



38 Evergreen Park NW
Edmonton, AB T5Y 4M2
Phone: 780-413-8248
Fax: 780-472-9506
E-mail: tafey@shaw.ca

May 2014 ...at Evergreen Youth Centre

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><u>Subject to change.</u> Call 780-413-8248 or check our facebook page https://www.facebook.com/evergreenyouth for updates. In some cases, spaces may be limited. Get forms at the Youth Centre and return them to ensure a space.</p>						
4 Karate Belt Test 2 p.m. & Class 3 p.m.	5 EG After School 3:30-6 p.m.	6 Yoga 4 Kids 3:30-5:30 p.m. Karate 6:30 p.m.	7 EG After School 3:30-6 p.m. Girl Zone 6-8 p.m.	8 EG After School Drop In 2:30 p.m. Boy Zone 5 p.m.	9 EG After School 3:30-6 p.m. NEW Dvas of EG 6 p.m.	10 Gentlemen of Evergreen 3-10 p.m.
11 Karate 3 p.m.	12 EG After School 3:30-6 p.m.	13 Yoga 4 Kids 3:30-5:30 p.m. Karate 6:30 p.m.	14 EG After School 3:30-6 p.m. Girl Zone 6-8 p.m.	15 Play Rangers Boy Zone 5 p.m.	16 EG After School 3:30-6 p.m. NEW Dvas of EG 6 p.m.	17 May Long Weekend, no program
18 May Long Weekend, No Program	19 	20 Yoga 4 Kids 3:30-5:30 p.m. Karate 6:30 p.m.	21 EG After School 3:30-6 p.m. Girl Zone 6-8 p.m.	22 Play Rangers Boy Zone 5 p.m.	23 EG After School 3:30-6 p.m. NEW Dvas of EG 6 p.m.	24 Spring Fling BBQ Noon-3 p.m. (or while suppliers last) 
25 Karate 3 p.m.	26 EG After School 3:30-6 p.m.	27 Yoga 4 Kids 3:30-5:30 p.m. Karate 6:30 p.m.	28 EG After School 3:30-6 p.m. Girl Zone 6-8 p.m.	29 Play Rangers Boy Zone 5 p.m.	30 EG After School 3:30-6 p.m. NEW Dvas of EG 6 p.m.	31 Gentlemen of Evergreen 3-10 p.m.



Dojo Arts Evergreen Uechi Ryu Karate Club

The Association for Evergreen Youth and volunteer Sensei Ryan Haywood invites everyone to check out the variety of fitness options offered right here in Evergreen. From Group Qi to standard belt system Karate for ages 4 and up, Dojo Arts has something to offer to everyone at every fitness level.

The Association for Evergreen Youth

Annual General Meeting

Monday, June 2

7 p.m. at the

Youth Centre.

All members please attend.

What are your memories of Evergreen Youth Centre and what difference did we make in your life?

"The youth centre was my home away from home for 10 years. It was the place i could go too get away from everything and feel safe. I was bullied every day of my life but i knew the youth centre was a place to escape and go learn something new. I took my babysitting course at the youth centre and did a play as well. There memories i will never forget."

Please share your thoughts, program ideas and memories on our facebook page at
<https://www.facebook.com/evergreenyouth> or by email to tafey@shaw.ca



Tafey supports a Play Safe/Physical Literacy concept. Physical activity is part of every day during EG After School including Zumba, Yoga, and Karate.



Evergreen Seniors News For May

A "BIG" Thank you to all the ladies and gentlemen who helped make our Bake Sale & Raffle a success! And Thank You to all that came out to buy, unfortunately we sold out very early and those who came later in the morning, we had nothing to sell, "Sorry".

We are glad to know that Joan Friesen and Ray Cressman are home from the hospital. Verna Lamond, we are hoping you get well soon and come home.

We are having a Potluck Supper on May 14th at 6:00 pm before Bingo. You cook up everyone as we enjoy the dishes that you bring. ;0)

Calendar for May:

7th May Meeting & Bingo 7 pm

14th May Potluck at 6 pm and
Bingo 7 pm

23rd May Crib 7 pm

30th May Bingo 7 pm

**COME OUT SENIORS
AND JOIN US FOR
SOME FUN ON
WEDNESDAY
NIGHTS!!!**



Quilters and Crafter's

Due to illness there will be no

Quilters and Crafters til
further notice!
Our apologies!




**We also walk dogs from
12:30pm—2:00pm daily**

Shop Hours

Sunday Closed
Monday 9-5
Tuesday 9-5
Wednesday Closed
Thursday 9-4
Friday 9-5
Saturday 9-4

To book an appointment call
780-406-7797
Or text: 587-710-8071



**Alberta Health
Services**

Emergency
Medical
Services

Window & Balcony Safety

With the return of warmer weather, Alberta Health Services EMS would like to remind parents of an often overlooked hazard in the home – open windows. Every year, paramedics respond to emergencies where a child has fallen from an open window in their house– often from the second floor. Falls such as these are preventable by taking time to assess your home and ensuring windows are safe.

Windows and screens

- Move furniture such as cribs, beds, stools, and change tables away from windows to prevent access to them.
- Keep drapery cords out of childrens' reach. Wrap excess cord around cleats or tie-downs to avoid a choking hazard.
- Remember: screens are designed to keep bugs out, NOT to keep children in!

Further prevention tips

- Children aged one to four are at highest risk of falling from a window or balcony.
- Direct supervision of children is the single most effective way to prevent falls from windows and balconies.
- Consider installing safety devices which limit windows opening to a maximum of 4 inches or 10 centimeters.
- Ensure the safety device can be released quickly so the window can be used for escape in case of fire or other emergency.

Balconies

- Do not underestimate a child's ability to climb. Furniture and other items stored on balconies and decks can be used to climb resulting in falls over the railing.
- Consider installing a balcony guard to eliminate access between the vertical bars of a balcony or deck.

AHS EMS is proud to be a member of the Partners Promoting Window and Balcony Safety. Take time to assess your home for window and balcony hazards and eliminate the risks before a preventable fall occurs.

www.albertahealthservices.ca



**Is Offering a
Free Information Session
On June 7th at 10:00 am**

Learn the basics of your vehicle:

- ⇒ How to change a tire
- ⇒ How to check your oil
- ⇒ Basic car maintenance
- ⇒ Question and answer period



Everyone welcome. Call 780-472-9959 to pre-register for this free information session as limited space available.

Evergreen TOTS

(Time Out To Socialize) program is a FREE* drop-in "playdate" for kids 0-5 and their moms, dads, grandparents,



or guardians. Even dayhomes are welcome! We have many toys and costumes for the preschoolers, exersaucers and bouncers for babies, and moms who are eager to hold newborns. So if you are a new mom, or new to Evergreen, come on down, meet some neighbours and let the kids socialize while you have a coffee and swap stories with others in the same stage of life.

Where? At the Evergreen Community Hall in the strip mall

When? Every Wednesday morning, 10am-noon

What? Coffee for parents, snacks for kids, and a hall full of toys.

Why? Gives parents a break, and kids a chance to burn off steam!

Who? Around 4-8 parents and 10-20 children currently attend.

For up-to-the-minute TOTS information, please "like" our facebook page:
"Edmonton Evergreen Community Assoc TOTS"



*TOTS asks that you purchase a \$20 annual Evergreen Community Association membership

Please call Natalie at 780-249-8071 if you have any questions.

WE NEED YOU!!!



Bingo and Casino events provide the funds to allow Evergreen Community Association non-profits to continue offering programs and events to the residents of Evergreen Community. If you attend programs or events put on by the Community league, EECA needs you!! Call 780-473-6962 to volunteer to help.

Kensington Bingo - May 18th

Fort Road— May 23rd

If your children participate in programs or events at the Youth Centre, Al needs YOU!! Call 780-413-8248 to volunteer to help.

**Consider volunteering to help with this or in any other capacity.
No contribution is too small or goes unnoticed!!!**





RR Auto, your friendly neighborhood service station where the coffee is on and our licensed technicians are available to service your car or truck. Keeping your vehicle tuned up is a good way to save money at the pump and prevent costly repairs down the road.

- Tire changes and repairs
- Service to most cars and trucks.
- New car warranty approved products

Call 780-472-9959 to book your appointment now, before you break down because after would be no fun.



Courtesy Furnace Service Check Reminder.



Winter is here and we expect our furnaces to be reliable and keep us warm 24/7, but like all equipment it can have those unexpected breakdowns.

You can help the performance of your furnace by having a *Furnace Service Check*.

This can help find those signs of problems and correct them before they cause a breakdown on the coldest days when we need our furnace the most.

Our *Furnace Service Check* we will inspect the operation and conditions of the following:

Furnace ignition system (IP,DI and HSI)

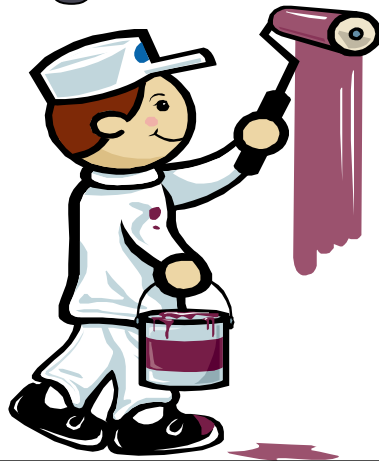
- Thermocouple/Thermopile systems
- Main and pilot burners
- Vent connector and chimney system
- System gas pressures
- Safety controls
- Air delivery components (Motor, belts, mounting and capacitor)
- Inspect your heat exchanger for cracks or holes
- Thermostat
- Mechanical make up and Combustion air ventilation
-

If you would like to book in a *Furnace Service Check* please reply back to this email or give us a call with your preferred date and time. We are now booking into December, but have some November dates still open.



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Evergreen Classifieds

To have your ad appear here, email to ann.friesen55@gmail.com before 20th of each month. This space is set aside for residents of Evergreen to advertise their items they want to sell or give away FREE of charge. This newsletter is delivered to every home in the Park and is mailed to a number of people outside of Evergreen.



Mobile Home Furnace Experts

Furnace Replacement Experts

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80% & 95% efficient models
Free Estimates

Furnace Repair Experts

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We warranty all our parts and labour

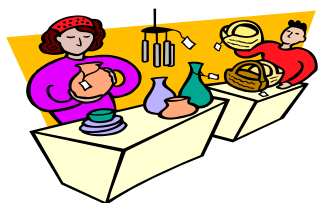
We repair all furnace brands including:

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24 Hour Emergency Service





Evergreen Community Association Upcoming Events For 2014

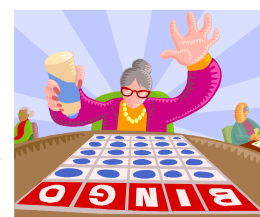


Look for these up coming events in the near future!

Event		Date
Volunteer Appreciation	Sunday	27th April 2014
Spring Fling	Saturday	24 May 2014
AGM	Monday	26 May 2014
Fiesta Fundraiser Night	Saturday	14 June 2014
Canada Day	Tuesday	1st July 2014
Garage Sale	Saturday	9 August 2014
Bottle Drive	Saturday	6 September 2014
Block Party	Saturday	20 September 2014
Fall Fair	Saturday	25 October 2014
Silent Auction		TBA
Family Christmas Party	Saturday	6 December 2014
New Years Eve	Wednesday	31 December 2014
Seniors Bake Sale	Saturday	TBA 2015
Garden Club Open House	Saturday	TBA 2015

RECORD NO 4-29000R

Bingo Volunteers—Thank you for supporting our both Kensington and Fort Road Bingo for the month of April. We really appreciated those that came out and volunteered to help us! Job well done to all.



Bingo Coordinator—We would like to give a “**BIG THANK YOU**” to Faith Patey for all her hard work in coordinating volunteers for Bingos. Job well done!!

Senior Bake Sale—We would like to “**THANK**” those Seniors for the goodies they donated! They were tasted!



“**BIG THANK YOU**” to those that put together the Volunteer Appreciation this year. Job Well Done!!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 <i>ACT Swim</i> 2 - 4 pm 
4 <i>EECA Board Mtg</i> <i>Londonderry Swim</i> 2-4 pm	5	6	7 TOTS <i>Snrs Mtg &</i> <i>Bingo—7 pm</i>	8	9 	10 <i>ACT Swim</i> 2 - 4 pm
11 <i>Londonderry Swim</i> 2-4 pm	12	13	14 TOTS <i>Seniors Potluck</i> <i>at 6 pm and</i> <i>Bingo —7pm</i>	15	16 	17 <i>ACT Swim</i> 2 - 4 pm
18 <i>Londonderry Swim</i> 2-4 pm	19 Garden <i>Club</i>  6:30 pm <i>Victoria</i> <i>Day</i>	20	21 TOTS <i>Seniors Crib</i> 7pm	22	23 	24 Spring <i>Fling 10—3</i> <i>ACT Swim</i> 2 - 4 pm
25 <i>Londonderry Swim</i> 2-4 pm	26 AGM <i>At Hall</i> 7 pm	27	28 TOTS <i>Seniors Bingo</i> —7pm	29	30	31 <i>ACT Swim</i> 2 - 4 pm