FEBRUARY 2014

Evergreen News



Saturday, February 15th Noon—4 p.m.

(or while supplies last)

Featuring:

- •FREE Skating/Hot Chocolate
- BBQ Burgers/Dog \$2 each
- •Pop/Water \$1
- Hay Rides
- •Family Fun Broomball Tournament

Starts at Evergreen Youth Centre (north end of Rental office building)



In honour of Family Day



The Association for Evergreen Youth

Call 780-413-8248



EECA Board
Of
Directors
2013—2014

Executive Committee:

President - Troy Girard

Vice President - Cori Ramsay

Treasurer - Al Innes

Secretary - Ann Friesen

Board Directors:

Civics Director - Sheri Karpinski

Facilities Director - James Paull

Fund Development Director - Faith Patey

Membership Director - Mary Avison

Program Director - Natalie Haywood

Sports Director - Vacant

Senior Liaison - Vacant

Youth Liaison - Alice Hobbins

On behalf of Evergreen Community Association Board members and their families a

""HAPPY VALENTINES!!"

Edmonton Evergreen Community Association Memberships

•	Family (one household)	\$20
•	Seniors	\$10
•	Single Family	\$15
•	Single Adult	\$10

Call Mary at 780-406-5710

Edmonton Evergreen Community Benefits of Membership:



Your EECA membership allows you to attend the free Community league swim Saturdays 2—4 at Londonderry Pool (when it reopens) and ACT Pool. Show your card!

Other Benefits are:



Evergreen TOTS

Wednesdays @ 10 am



Evergreen Darts Every Wednesday at 7 pm

Seniors Programs at Senior Centre

Wednesday night Bingo's and Crib



Evergreen Garden Club

Every 3rd Monday of the month @ 6:30 pm



Every Thursday night at 7 pm



Coffee mornings get togethers on Weekdays and a friendly game of pool

9 am to noon



31 Evergreen Park NW Edmonton, AB T5Y 4M2

Phone: 780-473-6962

Fax: 780-472-1506

Email: eeca@shaw.ca

To advertise in Evergreen News please email eeca@shaw.ca by the 20th of each month.

- Business Card Size \$15
- 1/4 page \$25
- 1/2 page \$50
- Full Page \$100

(All sizes approximate.)



"Like" us on Facebook at

http://www.facebook.com/EvergreenCommunity

AND

http://www.facebook.com/tafey1996



The
Association For
Evergreen Youth

38 Evergreen Park NW

Edmonton, AB T5Y

4M2

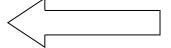
Phone: 780-413-8248

Fax: 780-472-9506

Email: tafey@shaw.ca



Our hall is available to rent.
Call 780-473-6962
for details.



GARDEN CLUB NEWS FOR FEBRUARY

Greetings fellow gardeners! President – Shirley Van January has been such a mild month, a real reprieve from the bitterly cold November and December we all endured. Instead of snow we saw rain!

With Valentine's Day coming up, consider buying your sweetheart something a little different. How about some packets of seeds or a blooming houseplant, or even a gift certificate to a greenhouse? Flowers planted in dirt last a lot longer than those in a vase!

Our January meeting was our Annual General Meeting. Events for the year were decided and a new executive named! Please welcome:

Dorn

Vice President – Mary Avison

Treasurer – Josanne Thiessen

Secretary - Sherry Mierau **Events Coordinator – Mary** DeJong

Pat King will continue to be our "phoner" to remind the members of the meetings coming up, and Cori Ramsay will continue to do this article in the newsletter every month.

For our February meeting, members will meet at the hall on February 17th at 6:30pm for our annual seed exchange.

Have you recently moved

to Evergreen

and are wanting to meet some of your neighbours? The Evergreen Garden Club is a great place to do that! Come on down on the third Monday of the month and meet the gardeners just down the road from you. For more information, please call Mary at 780-406-5710.

JOIN THE CLUB, MEET NEW FRIENDS, SHARE A FEW LAUGHS...AND GO HOME FEELING GOOD.

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Evergreen Seniors News For February

We wish you all a very Happy and Healthy New Year.

Now we can look forward to a spring and working in the garden, if we can get rid of all the snow! Well we know it will go.

We are already making plans for our Annual Bake Sale on April 12th 2014, so watch in future newsletters for advertisement. It will be as great as always.

We would like the thank Chef Denis again for a wonderful omelette breakfast. **Job well** done to Denis and his helpers! We all enjoyed them tremendously!



On the 12th February we will be having a Chili supper and hope to see all the seniors there.



Calendar for February:

5th February Meeting & Bingo 7 pm

12 February Chili Supper & Bingo

19th February Bingo 7 pm

26th February Crib 7 pm



COME OUT SENIORS AND JOIN US FOR SOME FUN ON WEDNESDAY NIGHTS!!!

Quilters and Crafter's

Anyone interested in crafting on Thursdays please join us at the Seniors Centre

If possible let them know you will be coming, Supplies are free.





Verna 780-476-4675 780-472-9565 Reta

You can leave messages.

TUESDAY & THURSDAY AFTERNOON AT 1 PM

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780-999-7962 http://www.beverlybye.scentsy.ca (Please note that you must type the whole address in order to get to my website including the http://www.)



Evergreen Community Skating Rink

(These hours are subject to change due to weather conditions)

Monday, Wednesday, and Friday 3 pm—6 pm Public Skating

6 pm to 9 pm Shinny

Tuesday 5:30 pm to 9:00 pm Public Skating

Saturday and Sunday 12 noon to 4 pm Public Skating

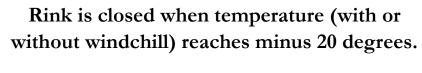
4 pm to 8 pm Shinny

Check Youth Centre for Learn To Skate program timings! *

\$2.00 per skate (Community League members skate free every day). With a family membership costing only \$20, the value in free skating alone is obvious. In only 10 skates you membership has paid itself!! See Skate Shack staff for your Community Membership TODAY!!!

Some skates and helmets are available to borrow. First come, first served! Helmet is required for all skaters under

16 years of age!



Check on Facebook at http://www.facebook/Evergreen Community for updates!





Evergreen Youth Express

Drama Team

(a component of E6 After school) 8 Thursdays 2·30 - 5·15 p.m.

> At the EECA hall by the store (where Karate is held) right off the bus for exciting activities with Mandi & Samantha, City of Edmonton staff!

Ages 5-11 welcome

FREE EG AFTER SCHOOL "TAKE A
BOW" DRAMA TEAM!
THURSDAYS, JANUARY 16TH TO MARCH 6

Contact Alice; 780-413-8248

ate/ Learn to Skate!!!

8 Tuesdays After school to 5:30 p.m. Another component of EG After School

Call Alice: 780-413-8248

Come to the Youth Centre off the bus for a hot dog and to get ready for skating with Elizabeth, City of Edmonton staff!

After skating, come back to the Youth Centre for a hot chocolate before you head home at 5:30 p.m.

Ages 5-11 welcome

FREE FUN SKATE (LEARN TO SKATE) PROGRAM
TUESDAYS, JANUARY 14TH TO MARCH 4

The Association for Evergreen Youth

February 2014

Our Programs This Month

- © E6 After School Monday/ Wednesday/Friday
- Weekly Fun Skate/Learn to Skate Tuesday (outdoor rink)
- 6 Girl Zone Wednesday
- E6 Take a Bow Drama Team Thursday (at the EECA Hall in the strip mall)
- © Boy Zone Thursday
- Gentlemen of EG Saturday
- Karate Tuesday/Sunday (at the EECA hall in the strip mall)

TAFEY thanks EECA for generously sharing it's space to allow Evergreen Youth programs to prosper and to serve the largest number of children/youth possible.

38 Evergreen Park NW Edmonton, AB T5Y 4M2

Phone: 780-413-8248 Fax: 780-472-9506 Email: tafey@shaw.ca

February 2014

...at Evergreen Youth Centre

Sat	1 Gentlemen of Evergreen 3–10 p.m.	8 Gentlemen of Evergreen 3–10 p.m.	15 Noon-4 p.m. Gentlemen of Evergreen 3-10 p.m.	22 Gentlemen of Evergreen 3–10 p.m.	
Fri	Bow require rn them to en-	7 EG After School 3:30—6 p.m.	14 EG After School 3:30—6 p.m.	21 EG After School 3:30—6 p.m.	28 EG After School 3:30—6 p.m.
Thu	Subject to change. Call 780-413-8248 or check our facebook page https://www.facebook.com/evergreenyouth for updates. Fun Skate and Take a Bow require registration and spaces may be limited. Get forms at the Youth Centre and return them to ensure a space.	6 Take a Bow 2:30–5:30 p.m. Boy Zone 5:30 –7:30 p.m.	13 Take a Bow 2:30–5:30 p.m. Boy Zone 5:30 –7:30 p.m.	20 Take a Bow 2:30–5:30 p.m. Boy Zone 5:30 –7:30 p.m.	27 Take a Bow 2:30–5:30 p.m. Boy Zone 5:30 –7:30 p.m.
Wed	0-413-8248 or check or outh for updates. Fun set forms at the Youth sure a space.	5 EG After School 3:30–6 p.m. Girl Zone 6—8 p.m.	12 EG After School 3:30–6 p.m. Girl Zone 6–8 p.m.	19 EG After School 3:30–6 p.m. Girl Zone 6–8 p.m.	26 EG After School 3:30–6 p.m. Girl Zone 6–8 p.m.
Tue	le. Call 780-413- vergreenyouth fo limited. Get for sure a	Fun Skate/Leam to Skate 3:30–5:30 p.m. Karate 6:30 p.m.	11 Fun Skate/Leam to Skate 3:30–5:30 p.m. Karate 6:30 p.m.	18 Fun Skate/Leam to Skate 3:30–5:30 p.m. Karate 6:30 p.m.	25 Fun Skate/Learn to Skate 3:30—5:30 p.m. Karate 6:30 p.m.
Mon	Subject to change. Call 780-413-8248 or check our facebook page. <u>facebook.com/evergreenyouth</u> for updates. Fun Skate and Take a nd spaces may be limited. Get forms at the Youth Centre and retur sure a space.	3:30—6 p.m.	10 EG After School 3:30—6 p.m.	Family Day	24 EG After School 3:30—6 p.m.
Sun	https://www registration a	2 Karate 3 p.m. Cranes/Tigers 4 p.m. Dragons	9 Karate 3 p.m. Cranes/Tigers 4 p.m. Dragons	No Program	23 Karate 3 p.m. Cranes/Tigers 4 p.m. Dragons

LIVE BAND NIGHT!!

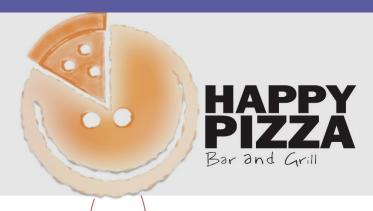
"Blue Plate Special"

Playing the best of Classic Rock and Blues

HAPPY PIZZA BAR AND GRILL

February 7th, 2014 No cover charge 9PM Start. Come early to get a seat

Happy Pizza Bar and Grill





Horse Hill Community League

Serving Brintnell, Cy Becker, McConachie, Gorman, Quarry Ridge and the Rural North East

This Issue: Family Dance, AGM, Outdoor Soccer, Lil Buckaroos

3rd Annual Family Dance—Feb. 1 5:00 Kingsway Legion, 14339—50 St Photo Booth, Tattoos & Balloon Art, Dance, Cash Bar; Raffles & Silent Auction

Tickets: Ages 11 and Up: \$20: Ages 3 to 10: \$10: Under 3 Free

Purchase at www.Horsehillcommunity.ca or contact

vice.president@horsehillcommunity.ca

WE NEED YOU!!!

Association non-profits to continue offering programs and events to the residents of Evergreen Community. If you attend programs or events put on by the Community league, Faith needs you!! Call 780-700-5229 to volunteer to help.

Fort Road Bingo—February 13th Kensington Bingo - February 15th

If your children participate in programs or events at the Youth Centre, Al needs YOU!! Call 780-413-8248 to volunteer to help.

Consider volunteering to help with this or in any other capacity. No contribution is to small or goes unnoticed!!!



Evergreen TOTS

(Time Out To Socialize) program is a FREE* drop-in "playdate" for kids 0-5 and their moms, dads, grandparents, or welcome! We have many toys and cos-

guardians. Even dayhomes are welcome! We have many toys and costumes for the preschoolers, exersaucers and bouncers for babies, and moms who are eager to hold newborns. So if you are a new mom, or new to Evergreen, come on down, meet some neighbours and let the kids socialize while you have a coffee and swap stories with others in the same stage of life.

Where? At the Evergreen Community Hall in the strip mall

When? Every Wednesday morning, 10am-noon

What? Coffee for parents, snacks for kids, and a hall full of toys.

Why? Gives parents a break, and kids a chance to burn off steam!

Who? Around 4-8 parents and 10-20 children currently attend.

For up-to-the-minute TOTS information, please "like" our facebook page:

"Edmonton Evergreen Community Assoc TOTS"

*TOTS asks that you purchase a \$20 annual Evergreen Community
Association membership to thank them for donating their space and their money to our program. Exceptions can be made for those in financial difficulty.
Please do not stay away from this great program because you can't afford the



On behalf of Evergreen Community
Association Board members we would like to
give a "big thank you" to both Steve Patey and
Lydia Christie for all their hard work and
contribution to both the Board and
Community Events!



RR Auto, your friendly neighborhood service station where the coffee is on and our licensed technicians are available to service your car or truck. Keeping your vehicle tuned up is a good way to save money at the pump and prevent costly repairs down the road.

- Tire changes and repairs
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Call 780-472-9959 to book your appointment now, before you break down because after would be no fun.



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You can help the performance of your furnace by having a Furnace Service Check.

This can help find those signs of problems and correct them before they cause a breakdown on the coldest days when we need our furnace the most.

Our Furnace Service Check we will inspect the operation and conditions of the following:

Furnace ignition system (IP,DI and HSI)

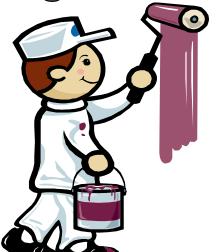
- Thermocouple/Thermopile systems
- Main and pilot burners
- Vent connector and chimney system
- System gas pressures
- Safety controls
- Air delivery components (Motor, belts, mounting and capacitor)
- Inspect your heat exchanger for cracks or holes
- Thermostat
- Mechanical make up and Combustion air ventilation



If you would like to book in a *Furnace Service Check* please reply back to this email or give us a call with your preferred date and time. We are now booking into December, but have some November dates still open.

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For Free **Estimate Call:** 780-475-0096 Or

780-910-0546

Evergreen Dart and Crib Leagues:



CRIB League

Thursday, 7 pm



Both are held at EECA Hall (in the strip mall)

FFCA membership is required.



Newsletter deadline for March Edition will be February 20th , so the it may be out before the 1st March 2014.





Alberta Health February Is **Heart Month**





Do you know the signs and symptoms of a heart attack and what to do if someone experiences these? Knowing can make the difference between life and death

Recognizing and responding immediately to the warning signs of a potential heart attack can significantly improve survival and recovery. February is Heart Month take the time to be heart safe and learn how you can reduce your risk.

Know the signs of a heart attack (Any or all of these signs & symptoms may occur)

- Chest pain described as crushing, squeezing, pressure or chest heaviness:
- Pain that moves beyond the chest such as shoulder, arm, neck or jaw pain;
- Shortness of breath, sweating or nausea and vomiting.

Reduce your risk

Heart attack risk factors include:

- Obesity
- Sedentary lifestyle
- Smokina
- High cholesterol
- Age / Gender
- Family history

Speak with your doctor about how to treat your modifiable risk factors and learn to be heart safe.

What to do when seconds count

- Call 9-1-1 immediately. Early treatment can greatly reduce heart damage and make the difference of life and death.
- Treatment starts the moment EMS arrives. Paramedics can provide oxygen, start an intravenous and perform an electrocardiogram (ECG).
- Paramedics can also administer important medications in the early minutes of a heart attack to lessen heart damage.
- During transport, EMS will also share information with the hospital so definitive treatment can begin immediately on arrival.
- Take a CPR/AED (automated external defibrillator) course. Training is widely available from many reputable organizations. It's easy, inexpensive, and only takes a few hours.



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Evergreen Classifieds

To have your ad appear here, call Ann 780-756-7694 or email to ann.friesen55@gmail.com before 20th of each month. This space is set aside for residents of Evergreen to advertise their items they want to sell or give away FREE of charge. This newsletter is delivered to every home in the Park and is mailed to a number of people outside of Evergreen.



We also walk dogs from 12:30pm—2:00pm daily

Shop Hours

MasterCa

Sunday Closed

Monday 9-5

Tuesday 9-5

Wednesday Closed

Thursday 9-4

Friday 9-5

Saturday 9-4

To book an appointment call 780-406-7797

Or text: 587-710-8071





Look for these up coming events in the near future!

Event	Date		
Seniors Bake Sale	12th April 2014		
Volunteer Appreciation	21st April 2014		
Spring Fling	24 May 2014		
AGM	26 May 2014		
Fiesta Night	14 June 2014		
Canada Day	1st July 2014		
Garage Sale	9 August 2014		
Bottle Drive	6 September 2014		
Block Party	20 September 2014		
Fall Fair	25 October 2014		
Silent Auction	TBA		
Family Christmas Party	6 December 2014		
New Years Eve	31 December 2014		





FEBRUARY 2014

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that Country Hills Homes pays YOU for referrals?? That's right! When you bring in a friend or family member, and they purchase a home through us, we'll PAY YOU up to \$500!!! Come into our office for more details.

96 Evergreen Crescent

In Evergreen Community

- 1999
- 1216 SQ FT
- 3 BEDROOMS
- 2 BATHROOMS
- OPEN CONCEPT LIVING
- BUILT-IN EATING BAR
- CLOSE TO ALL AMENITIES & PUBLIC TRANSPORTATION

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Country Hills Homes Sales Staff are your local experts for new and pre-owned home sales. Operating from within the Community of Parkland Village, we have a tremendous advantage as your home sales representatives. We work closely with the community Management to make the sales process as smooth as possible. Many of our staff live within the community and are modular homeowners as well. We know the extra care and attention it takes to market your modular home. Let us help you with your home sales process. Come by our office today for a **FREE** market evaluation of your home.

People Come To Us! We Know Your Community. Call Us Today! 780-278-6476



FEBRUARY 2014.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 ACT Swim 2 - 4 pm
2 EECA Board Mtg	3	4 Quilters & Crafters 1-4 pm	5 TOTS Snrs Meeting & Bingo DARTS	6 Quilters & Crafters 1-4 pm CRIB	7	8 ACT Swim 2 - 4 pm
9	10	11 Quilters & Crafters 1-4 pm	12 Tots Seniors Chili dinner & Bingo -7pm DARTS	13 Quilters & Crafters 1-4 pm CRIB	14	15 ACT Swim 2 - 4 pm
16	17 Garden Club Family Day	18 Quilters & Crafters 1-4 pm	19 Tots Seniors Bingo 7pm DARTS	20Quilters & Crafters 1-4 pm	21	22 ACT Swim 2 - 4 pm
23	24	25 Quilters & Crafters 1-4 pm	26 Tots Seniors Crib— 7pm DARTS	27 Quilters & Crafters 1-4 pm Crib	28	