



DECEMBER 2013

Evergreen News



Evergreen Family

Christmas Party



Saturday, December 7th
from noon to 4 pm

Craft table, cookie decorating, colouring contest.

Pizza lunch (while supplies last...please help us make sure the kids eat first).

KONRAD THE MAGICIAN
NOON - 2 PM



and visit from
Santa at 2:30

Gifts not claimed at the
party will be donated to Santa's
Anonymous





*EECA Board
Of
Directors
2013—2014*

Executive Committee:

President - Troy Girard

Vice President - Cori Ramsay

Treasurer - Al Innes

Secretary - Ann Friesen

Board Directors:

Civics Director - Sheri Karpinski

Facilities Director - James Paull

Fund Development Director - Faith Patey

Membership Director - Mary Avison

Program Director - Natalie Haywood

Sports Director - Steve Patey

Senior Liaison - Lydia Christie

Youth Liaison - Alice Hobbins



On behalf of Evergreen Community Association
Board members and their families a

“MERRY CHRISTMAS” AND
“HAPPY NEW YEAR!”



**Edmonton Evergreen Community Association
Memberships**

- Family (one household) \$20
- Seniors \$10
- Single Family \$15
- Single Adult \$10

Call Mary at 780-406—5710



ANNUAL EDMONTON EVERGREEN COMMUNITY ASSOCIATION



NEW YEARS EVE PARTY



**Come Ring in
the New Year!**

**At Evergreen Community Hall
(167 Avenue and 10th Street)**

Dinner and Dance

Tuesday, December 31st

7 PM to 1 AM

Tickets: \$25 per person.



**You can get tickets from any Board
member or call the EECA Office
(780-473-6962) to reserve your tickets.**



We would like to like to give a “Big Thanks” to all the Volunteers that came out to help with both the

**“Fall Fair”
and
“Pub Night & Silent Auction”**

Great Job done by everyone that participated to make these events successful. We wouldn't of been able to do them without



31 Evergreen Park NW
Edmonton, AB T5Y 4M2
Phone: 780-473-6962
Fax: 780-472-1506
Email: eeeca@shaw.ca



"Like" us on Facebook at
<http://www.facebook.com/EvergreenCommunity>
AND
<http://www.facebook.com/tafey1996>



The
Association For
Evergreen Youth

38 Evergreen Park NW
Edmonton, AB T5Y
4M2
Phone: 780-413-8248
Fax: 780-472-9506
Email: tafey@shaw.ca

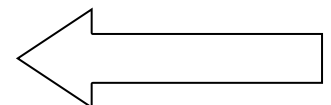
To advertise in Evergreen
News please email
eeeca@shaw.ca by the 19th of
each month .

- Business Card Size \$15
- 1/4 page \$25
- 1/2 page \$50
- Full Page \$100

(All sizes approximate.)



Our hall is available to
rent.
Call 780-473-6962
for details.



GARDEN CLUB NEWS FOR DECEMBER



Greetings fellow gardeners! A lot of snow has fallen in the last few weeks, which indicates a great winter for your perennials! A lot of snow followed by cold temperatures will put them in the perfect hibernating state to perform well next season.

For the November meeting, our members braved the cold weather and blowing snow and gathered at the hall to make various garden-themed Christmas decorations. As usual the members were very creative with the supplies provided and some real works of art emerged. Much visiting and laughter also helped to take the

chill out of the cold evening.

Our next meeting is December 16th at 5:30pm in the Community Hall in the strip mall. This meeting will be our annual Christmas potluck with our always-a-riot garden gift exchange. Members are to bring any food item they like, along with an anonymously wrapped gift that must be garden related and be worth approximately \$20.

You can join the Garden Club at Christmas-time too! If you are new to the park and wanting to meet some like-minded neighbours, we'd love to

have you join us for this special night. If you're not new to the park

what are you waiting for? The Garden Club welcomes all ages and gardening abilities, and we'd love to meet YOU.

Call Mary at 780-406-5710 for more details.

JOIN THE CLUB, MEET NEW FRIENDS, SHARE A FEW LAUGHS...AND GO HOME FEELING GOOD.

Evergreen TOTS

(Time Out To Socialize) program is a FREE* drop-in "playdate" for kids 0-5 and their moms, dads, grandparents, or guardians. Even dayhomes are welcome! We have many toys and costumes for the preschoolers, exersaucers and bouncers for babies, and moms who are eager to hold newborns. So if you are a new mom, or new to Evergreen, come on down, meet some neighbours and let the kids socialize while you have a coffee and swap stories with others in the same stage of life.

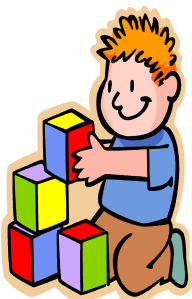
Where? At the Evergreen Community Hall in the strip mall

When? Every Wednesday morning, 10am-noon

What? Coffee for parents, snacks for kids, and a hall full of toys.

Why? Gives parents a break, and kids a chance to burn off steam!

Who? Around 4-8 parents and 10-20 children currently attend.



For up-to-the-minute TOTS information, please "like" our facebook page: "Edmonton Evergreen Community Assoc TOTS"

*TOTS asks that you purchase a \$20 annual Evergreen Community Association membership to thank them for donating their space and their money to our program. Exceptions can be made for those in financial difficulty. Please do not stay away from this great program because you can't afford the \$20.

Please call Natalie at 780-249-8071 if you have any questions.



Evergreen Seniors News For December

Here we are getting ready to start a New Year. 2013 was a Happy and Sad year. We did well at our Spring Fling - then said goodbye to two of our friend's and members - of course the whole summer was taken up with redecorating our hall and bringing everything up to date. It looks "Great" now. Then came Halloween, its was a great night, we had 114 happy children and our Happy Seniors were handing out lots of candy to all.

We are having our Christmas Dinner on 11th December at the Seniors Centre. Please check your calendar, so you don't miss this, good food and Christmas gifts with Bingo to follow. Hope to see you all there!

We will be doing our Annual Christmas Hampers. So if you know of anyone who really needs help, please call Denis @ 780-472-9985 to give their name in for a hamper.

Donations for our "Annual Food Bank Drive", can be dropped off at the Senior Centre from 10 am til noon or Wednesday evenings 7—9 pm.



There will be "No Bingo or Crib" after the 18th December til 8th January 2014. The Senior Centre will be open in the mornings for coffee and playing pool. Please check

Calendar.

MERRY CHRISTMAS & HAPPY NEW YEAR



Calendar for December:

4th December Meeting & Bingo 7 pm

11th December Christmas Dinner 6 pm
Bingo 7 pm

18th December Bingo 7 pm

25th December Closed

26th December Closed

1st January 2014 Closed

Quilters and Crafter's

Anyone interested in crafting on Thursdays please join us at the Seniors Centre

If possible let them know you will be coming,. Supplies are free.

Contact:

Verna 780-476-4675

Reta 780-472-9565

You can leave messages.



**TUESDAY & THURSDAY
AFTERNOON AT 1 PM**

**Need your walk or
driveway shoveled?**

Call Larry

780-472-9683

Reasonable Rates



**COME OUT SENIORS AND JOIN US
FOR SOME FUN ON WEDNESDAY
NIGHTS!!!**



The
Association For
Evergreen Youth



December 2013

Evergreen Youth Express



EG FREE Family Fun Skate
Hot dogs, hot chocolate (while
supplies last),
FREE Skating (weather permit-
ting)



All ages welcome.
Under 6 with parent
only please



Friday, December 27th
Noon—4 p.m.

Meet a Evergreen Youth Centre
Temp less that -20? Come anyway...We have a Plan
"B"



**TAFEY -
Warming
Evergreen One
Coat at a Time!**

TAFEY reports that a generous resident went to WalMart and purchased a winter wear set for a lucky little girl. We want to send a big shout out all residents who added to our pile of gently used items. Thanks to your generosity, several kids will be a little bit warmer this season.

Need something to help warm your family this season? Come and see what we have and drop off your donations of gently used winter gear accepted at the Youth Centre weekdays from 3—5 p.m. until December 20th.



**Happy
Holidays**

December 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Karate Belt Test 2 Crane/Tiger 3 Dragon 4	2 EG After School 3:30— 6	3 EG After School 3:30— 5:30 Karate Crane/ Tiger 6:30 Dragon 7:30	4 EG After School 3:30— 6 Girl Zone 6— 8	5 EG After School 2:30— 5 Boy Zone 5— 7	6 EG After School 3:30— 6	7 Family Xmas Noon—4 Gentlemen of Evergreen noon—7
8 Karate Crane 2 Tiger 3 Dragon 4	9 EG After School 3:30— 6	10 EG After School 3:30— 5:30 Karate Crane/ Tiger 6:30 Dragon 7:30	11 EG After School 3:30— 6 Girl Zone 6— 8	12 EG After School 2:30— 5 Boy Zone 5— 7	13 EG After School 3:30— 6	14 Gentlemen of Evergreen 3— 10
15 Karate Crane 2 Tiger 3 Dragon 4	16 EG After School 3:30— 6	17 EG After School 3:30— 5:30 Karate Crane/ Tiger 6:30 Dragon 7:30	18 EG After School 3:30— 6 Girl Zone 6— 8	19 EG After School 2:30— 5 Boy Zone 5— 7	20 EG After School 3:30— 6	21 Gentlemen of Evergreen 3— 10
22 No Program	23 Snow Shack 2–6 p.m.	24 No Program	25 No Program	26 No Program	27 Family Fun Skate FREE Noon–4	28 Gentlemen of Evergreen 3— 10
29 No Program	30 Snow Shack 2–6 p.m.	31 No Program	All programs subject to change. Call 780-413-8248 for updates or "like" our facebook page: https://www.facebook.com/tafe1996			

2 Classes per week
Call the Youth Centre for
details
780-413-8248
Children and adults wel-
come. Age 4 and up.



Parents: Please be reminded that there is NO supervision in the playground area except for a short time during EG After School on Mon, Wed & Fri. Access to the Youth Centre water, bathrooms or phone may be limited.



Hello hello, I hope everyone has survived all the wild snow we received, I know that my shovelling muscles have developed considerably. November was a great month for the Gentlemen of Evergreen, some highlights included a special guest coming out to teach how to cook a cheese sauce with rice and steamed vegetables- we're still trying to convince

the guys that girls like dudes that can cook. Also, on **November 16th** we hosted our second annual U12 Nerf Challenge, although we had quite a smaller turnout than last year due to all the snow, everyone had a blast.

December looks to be a great month, we'll be taking a short intermission over the Christmas break. Also, we will be volunteering at the kids Christmas party on **December 7th** at the Community Centre from 12-4, this is a great opportunity

to engage in fellowship with the community, meet some of the staff at the Youth Centre and get into the **Christmas** Spirit, it's always a great time.

I sincerely hope that you enjoy the holiday season, that Christmases are worry-free and that you get a chance to visit with family and friends. Merry **Christmas** from the Gentlemen of Evergreen!

-Isaac

The Gentlemen of Evergreen

2nd Annual U12 Nerf Challenge Declared a Success!

A small but enthusiastic group of under 12s joined Isaac, Adam and a cast of many at the Youth Centre Saturday, November 16th for an afternoon of fun and frolics Gentlemen of Evergreen style!



EG Snow Shack Program

December 23/30;

January 2/3

2-6 p.m. Ages 6- 11
years



The
Association For
Evergreen Youth

Evergreen Youth Centre

38 Evergreen Park NW
Edmonton, AB T5Y 4M2

Phone: 780-413-8248

Fax: 780-472-9506

E-mail: tafey@shaw.ca



Current Programs:

From the Evergreen Youth family to YOURS!

We're on Facebook: To keep up to date with programs, cancellations, changes, times and what is being offered at Evergreen Youth Centre! Like our page @

<https://www.facebook.com/tafey1996>

We're located at the north end of the Rental Office Building and offer after school and out of school programming to the children and youth of Evergreen and the surrounding area. Have an idea for a program? Or a need not being addressed by current programming? Give Alice a call. One of our goals is to address the needs of our community. We're always looking for new ways to do that.



Gentlemen of Evergreen with Isaac & Adam every Sat 3—10 p.m. Boys ages 12 and up.



EG After School
Mon/Wed/Fri with
Antonella & Nichole
and Tues/Thurs with
Alice. Watch for ex-
citing new activities on
Tues coming soon!

The Zone every Wed
from 6—8 pm. Join
Laura for dinner and
activities planned just
for you. Have an
idea? Let's talk about
it! Girls K to Gr 6.



The Zone every
Thurs from 5—7
pm. Join Dustin for
dinner and activi-
ties planned just
for you. Have an
idea? Let's talk
about it! Boys K to
Gr 6.



...in a safe and super-
vised environment.
Enjoy daily snacks,
make friends, be crea-
tive and have FUN!



Emergency
Medical
Services



Cold Weather Safety

Alberta Health Services EMS responds to many cold weather related emergencies every winter. Simple actions, such as: dressing appropriately and anticipating sudden weather changes, may help keep you warm and safe this season.

Frostnip

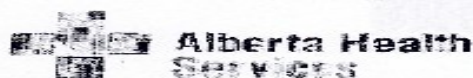
- Frostnip occurs when skin is extremely cold, but not frozen. It commonly affects the ears, nose, cheeks, fingers and toes;
- Skin appears red, but also turns white when pressed. It may also feel numb to the touch;
- When treated promptly, frost-nipped skin will heal without complication;
- Gently re-warming the affected area in a warm environment, is advised.

Frostbite

- Frostbite occurs when skin becomes so cold, that the skin and underlying tissue freeze, completely;
- It may look white and waxy and will feel hard to the touch;
- Treatment begins with removal from the cold environment and placing the affected area in warm, *not hot*, water (about 41°C), until re-warmed;
- Seek further medical attention as required.

Hypothermia

- Hypothermia is an abnormally low body temperature - less than 34°C (as compared to normal body temperature of about 37°C);
- People suffering hypothermia may act inappropriately with uncharacteristic stumbling, mumbling, and fumbling, as their body temperature continues to lower;
- Early recognition and prompt medical attention is crucial. Left untreated, hypothermia may progress to coma and death;
- Call 9-1-1. Don't forget to protect yourself from the factors that originally lead to the patient's situation;
- Gentle re-warming should start as quickly as possible, including: removal of wet or constrictive clothing, covering with blankets or sleeping bags, and protecting the patient from further heat loss (wind, moisture and contact with cold surfaces).



November 6, 2013

Dear Parents, Guardians and Staff:

Re: Measles in Alberta

Cases of measles have been confirmed in Southern Alberta, where an outbreak has been ongoing since October 18, 2013. Measles is an extremely contagious illness, spread easily through the air. It tends to be more severe in infants and young children, and can be life-threatening. Individuals who have NOT already received two doses of measles vaccine, or who have NOT had lab-confirmed measles in the past, may be at risk. To protect you and your children from illness, and help prevent further spread of this disease, Alberta Health Services would like to make you aware of the following:

PREVENTION:

1. Immunization: Immunization is the only means of protecting yourself, and your children, from measles disease.

- Children in Alberta are routinely offered their first dose of measles-containing vaccine (called Measles, Mumps, Rubella (MMR) vaccine) at 12 months of age, and their second dose between the ages of four and six years.
- Both doses are required to be fully protected.
- Vaccine is offered free of charge, through Alberta's Routine Childhood Immunization Program.
- Albertans uncertain about their immunization history can call their local public health office or Health Link Alberta (1.866.408.5485) to discuss immunization needs.

2. If exposed to measles: Individuals who have not been vaccinated, or who have not previously had measles, can develop measles disease within 7 to 21 days of exposure to a contagious case. If your child is not vaccinated, and has been exposed to a known case of measles, please keep your child home for 21 days following this exposure, isolating your child from all activities, including school attendance. This helps to prevent the further spread of this extremely contagious illness.

MEASLES ILLNESS:

If you or your children develop any of the symptoms listed below, think you might be sick with measles, or, think you might have been exposed to measles, please do NOT visit any clinic, hospital, doctor or Emergency Department. Instead, stay home, avoid all contact with others, and call Health Link Alberta at 1.866.408.5485, before you visit any clinic, doctor or hospital. This will help reduce the potential risk of spreading the disease to others.

Symptoms of Measles:

- Fever (38.3 C or higher)
- Cough, runny nose or red eyes.
- Red blotchy rash appearing 3 to 7 days after the fever starts, beginning on the face and spreading down to the body.

For more information on measles, please call Health Link Alberta, 24/7, at 1.866.408.5485, or visit the Alberta Health Services Website at www.albertahealthservices.ca and click on "Measles Outbreak" under Quick Links.

Sincerely,

Christopher Sikora, MD MPH MSc CCPR FRCPC(C)
Lead Medical Officer of Health - Edmonton Zone



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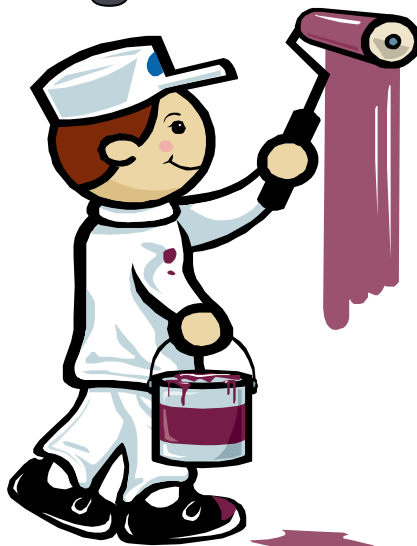


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Or
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Evergreen Dart and Crib Leagues:



DARTS LEAGUE

Wednesday, 7 pm

*****No Darts from December 19th, 2013 to January 2nd, 2014**

CRIB League

Thursday, 7 pm



****There is no Crib on December 26th**

Both are held at EECA Hall (in the strip mall)

EECA membership is required.



Newsletter deadline for January Edition will be December 17th, so the it may be out before the 1st January 2014. This is due to the Christmas



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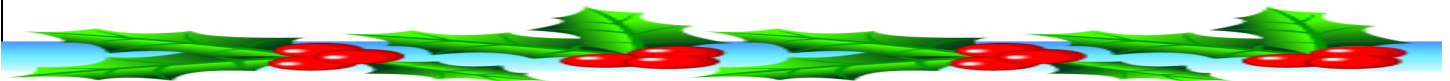
www.diamondheating.com
info@diamondheating.com



Call 780-929-2422



***Seniors will be doing their Annual Christmas Hampers!
So if you know of anyone that is in need of a Christmas
help, please call Denis @ 780-472-9985 to give their
name in for a hamper no later than December 15th.***



WE NEED YOU!!!

Bingo and Casino events provide the funds to allow Evergreen Community Association non-profits to continue offering programs and events to the residents of Evergreen Community. If you attend programs or events put on by the Community league, Faith needs you!! Call 780-700-5229 to volunteer to help.

Kensington Bingo - December 7th

Fort Road—December 17th

If your children participate in programs or events at the Youth Centre,
Al needs YOU!! Call 780-413-8248 to volunteer to help.



**Consider volunteering to help with this or in any other
capacity. No contribution is too small or goes unnoticed!!!**



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Chris Knudson



Shop Hours

Sunday Closed

Monday 9-5

Tuesday 9-5

Wednesday Closed

Thursday 9-4

Friday 9-5

Saturday 9-4

We also walk dogs from 12:30pm—2:00pm daily

To book an appointment call

780-406-7797

Or text:

587-710-8071



RR Auto, your friendly neighborhood service station where the coffee is on and our licensed technicians are available to service your car or truck. Keeping your vehicle tuned up is a good way to save money at the pump and prevent costly repairs down the road.

- Tire changes and repairs
- Service to most cars and trucks.
- New car warranty approved products

Call 780-472-9959 to book your appointment now, before you break down because after would be no fun.

Now Hiring

Parkbridge Lifestyle Communities is seeking a full-time Maintenance person right here in Maple Oak Ridge!



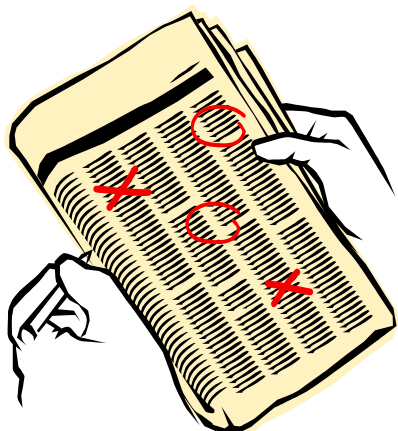
The Job: The Maintenance person is responsible for the daily repair and upkeep of the property including but not limited to:

landscape construction and maintenance; weeding; trimming trees and plants; laying sod or grass seed; planting of flowers, shrubs and trees; removal of garbage; snow clearance both manually and using mechanized equipment; road maintenance and repair

What we offer: Competitive Salary. Ability to be at home every night. Health and Dental Benefits after 3 months
Are you: physically fit? Have a clean driver's abstract? Have experience with skid steer, dump trailer and plow truck?

Visit www.parkbridge.com for more information

Please email your resume to careers@parkbridge.com or drop off a resume at the Community Office at #1 Maple Ridge Drive.



Evergreen Classifieds

To have your ad appear here, call Ann 780-756-7694 or email to ann.friesen55@gmail.com before 17th of December. This space is set aside for residents of Evergreen to advertise their items FREE of charge. This newsletter is delivered to every home in the Park and is mailed to a number of people outside of Evergreen.

.....The Woman Next Door

Hello my name is Bonnie Jean. I also live in the Evergreen Community. I really enjoy the fact that we are situated in a rural like setting. With the farms and vegetable farms around us. I would like to get to know more people in the Community and I would also like to be there for those people in our Community.

I would like to be helpful in these areas:

- ⇒ House cleaning
- ⇒ Home Support
- ⇒ Teen mentorship
- ⇒ Yard Upkeep
- ⇒ Childcare

.....Free consultation.....

Fees depending on your financial situation. Expect a happy cheerful reliable person.

If you need my help you can call Bonnie Jean at 780-729-7978

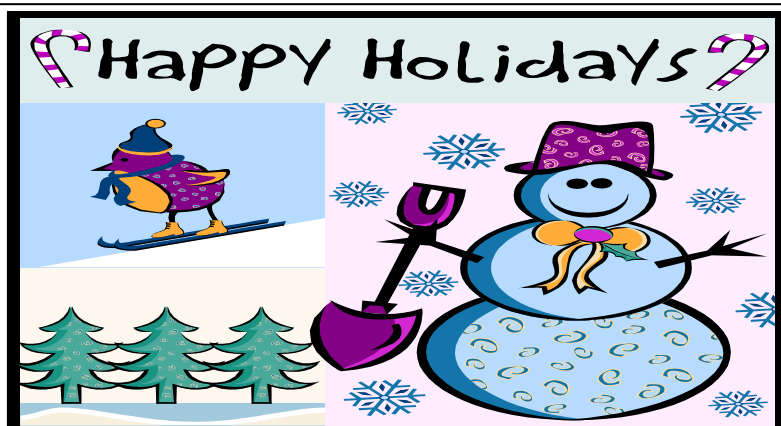









Hello, I am an Epicure Consultant in Evergreen. If you would like more information on our products and Specials or a catalogue, please call Ann @780-756-7694 or email ann.friesen55@gmail.com.



This is to inform you that we have had to close the Evergreen TOPS Chapter.

We thank you for all the support you have given us!



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 EECA Board Mtg Londonderry Swim 2-4 pm	2	3	4 TOTS Seniors Meeting & Bingo - 7pm DARTS	5 Quilters & Crafters 1-4 pm CRIB	6 	7 Family Christmas Party Noon til 4 pm ACT Swim 2 - 4 pm
8 Londonderry Swim 2-4	9	10 Quilters & Crafters 1-4 pm	11 TOTS Snrs Christmas Dinner & Bingo - 6 pm DARTS	12 Quilters & Crafters 1-4 pm CRIB	13 	14 ACT Swim 2 - 4 pm
15 Londonderry Swim 2-4 pm	16  Garden Club	17 Quilters & Crafters 1-4 pm	18 TOTS Seniors Bingo - 7pm DARTS	19 Quilters & Crafters 1-4 pm CRIB	20 	21 ACT Swim 2 - 4 pm
22 Londonderry Swim 2-4 pm	23	24 Christmas Eve 	25  Christmas Day	26 Boxing Day	27 	28 ACT Swim 2 - 4 pm
29 Londonderry Swim 2-4	30	31 New Years Eve Party				

Join us Saturday, 7th December 2013
for our Community Family Christmas
Party noon to 4 pm



Join us Saturday, 31st December 2013
for our Community New Year's Eve Party
7pm to 1 am