

March 2018



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WE NEED YOU!!!

Bingo and Casino events provide the funds to allow Evergreen Community Association non-profits to continue offering programs and events to the residents of Evergreen Community.

If you attend programs or events put on by the Community league, EECA needs you!! Contact Troy: president@eeca.ca or 780-935-9611 to help.

Next EECA Bingo Day

Saturday, February 3, 2018 - Afternoon - Kensington Bingo

Next TAFEY Bingo Day

Saturday, February 24, 2018 - Afternoon & Evening - For Road Bingo

*If your children participate in programs or events at the Youth Centre, Al needs YOU!!
Call 780-413-8248 to volunteer to help.*

Consider volunteering to help with this or in any other capacity. No contribution is too small or goes unnoticed!!!



**Our hall is available to rent. Only \$400 for the weekend with bartender
Call GORDON at 780-893-3090, email hallrentals@eeca.ca
or visit www.eeca.ca for more details.**

A Message from Your EECA Board

<u>Position</u>	<u>Name</u>	<u>Phone</u>	<u>Email</u>
President	Troy Girard	780-935-9611	president@eeca.ca
Vice-President	Shirley Van Doorm	780-475-9582	vicepresident@eeca.ca
Secretary	Sharon Banks	780-782-7653	secretary@eeca.ca
Treasurer	Al Innes	780-756-3746	treasurer@eeca.ca
Facilities Director	Gordon Murray	780-893-3090	facilities@eeca.ca
Membership Director	Jody Draganiuk	780-717-2839	memberships@eeca.ca
Programs Director	Denise Criss	587-778-4507	To Be Determined
Civics Chair	Margaret Verhagen	780-473-6962	To Be Determined
Seniors Liaison	Margaret Verhagen	780-473-6962	To Be Determined
Youth Liaison	Laura Scott	780-473-3535	tafey@shaw.ca

Newsletter Advertising Guidelines & Rates AD'S DUE BY 20th for following issue

In an effort to ensure that all ads are placed in the newsletters and that they are distributed in a timely manner **ALL** ad's must be received on or before the **15th of each month** for the following months distribution. All ads **MUST** be emailed to secretary@eeca.ca in **jpeg format**. (If you are **unable to send in Jpeg format please use PDF**). If ads are not received to the above email by the 20th they will not be placed in the newsletter.

Full Page Ad B/W - Ad Size 8 1/2" wide x 11" height \$100

1/2 Page Ad B/W - Ad Size 8 1/2" wide x 5 1/2" height \$50

1/4 Page Ad - Ad Size - 4 1/4" wide x 5 1/2" height \$25

1/2 Page Ad - Inside cover COLOUR Ad- \$62.50

Full Page Ad - Inside cover COLOUR Ad - \$125

Classified Ad's - Rear Inside Business Card Size or smaller Free (see back page for details)

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or

780
999-0873

Are you looking to renew or obtain your EECA Membership?

There are numerous reasons to renew, or purchase, your membership and support Edmonton Evergreen Community Association like....

FREE skating on our community rink, Access to EECA programs and activities for the whole family
Access to sports programs throughout the City, FREE Swimming at Clareview Recreation Centre on Saturdays from 6-8 pm

Having a strong community league helps promote a safe, healthy neighbourhood, while it increases a sense of community spirit and pride.

For more information:
Email: memberships@eeeca.ca
Call: 780-473-6962

Or stop by the office (located at the community hall)
Monday 1 - 4:30pm
Wednesday and Thursday Evenings 7-9pm

Edmonton Evergreen Community Association Membership Fees:

\$10 – Single Person or Senior / \$10 – Couple Senior's
\$15 – Single Parent & Single Child / \$20 – Family



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- Discover benefits, subsidies & grants that you may be eligible for
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Buying? Selling? Call Me TODAY!

With the market heating up (hopefully the weather is soon to follow)

NOW is the time to list your home!

Trust your knowledgeable neighbourhood Manufactured/Mobile home expert!

Call me today for your FREE Comprehensive Market Evaluation!



Sharon Banks

780-782-SOLD (7653)

My Listings

#294 Juniper Cres. - \$69,900 (1986)
3 bed / 2 bath 1130 sq ft

#543 Evergreen St. - \$35,000 (1979)
2 bed/1 bath 1257 sq ft

#570 Evergreen St. - \$44,900 (1982)
2 bed/1 bath 980 sq ft



RECENTLY REDUCED

#309 Juniper Crescent
2007 - 2 Bed/1 Bath
992 Sq Ft
\$89,900

Testimonial Corner:

Thank You

I wanted to thank you for your patience and counsel on the recent purchase of my manufactured home. Having owned a number of traditional homes, I was glad that you were my agent. There are a whole lot of different consideration in this type of home purchase. You answered all my questions, got back to me quickly often within a couple of hours, your contacts saved me time and money for inspection, repairs and other little details. Anyone looking for a home, whether condo, house or manufactured home, would be in good hands with you as their agent. I would and can easily pass on your name to any one preparing to enter the housing market. I wish you continued success in your real estate career.

Margaret V

*Not intended to solicit properties already listed for sale or buyers under contract.

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now!**



Garden Club News

Greetings fellow gardeners!

The sun stays overhead a little longer in the evenings, but the cold lingers on. This has been an unusually cold winter. At the Garden Club, we are all aching for spring. It seems so far away!

A little planning can go a long way towards easing the winter doldrums, and can even save you money. Take the time now to draw out a couple plans for your summer gardens. Make a list of annuals and seeds you want to buy to avoid overbuying when it's finally time to start "blooming up" in the spring.

Our last meeting for Seedy Monday saw a cold wind howling outside while members exchanged seeds over refreshments. We also recognized Mary Avison as an Honourable Member of the Garden Club for her 17 years of service on the Executive Board. Mary has worn many hats in our club, and worn them all well. The Garden Club would not be the same if not for her creativity, organization and can-do attitude. Thank you, Mary. We'll do our best to continue the legacy you helped create.



On Monday, March 19th, you are invited to join us at the Community Hall at 6:30 pm for our monthly Garden Club meeting. We will be painting garden signs. Last year our signs sold out very quickly at the Spring Fling. Thank you all for letting us know you liked them so much! We enjoyed making them, and for our March meeting we will be pulling out the paint and making some more.

Do you like to paint? We have several painters in the Garden Club who love both plants **and** painting. You'll find we have many other interests besides just gardening. We are a lively, diverse group of people who enjoy monthly meetings, trips, speakers and crafts relating to the garden. Whether you're the curator of a Perennial Palace or just interested in where to start, you'll find friends at the Garden Club. Come paint with us in March and see who plants just down the road. For more information call or text Cori at 780-860-3582 or email ee-ca@shaw.ca.

Join the Club, share a few laughs, meet new friends, and go home feeling good.

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- ♦ Install new tub or tub surround
- ♦ Complete bathroom renovations
- ♦ Install new hot water tanks (electric only)
- ♦ Replace old/corroded water lines
- ♦ Replace blown out waterlines or leaky waterlines
- ♦ Replace old toilets with new wax seal
- ♦ Install/replace/relocate outside taps
- ♦ Replace heating tape/frozen waterlines
- ♦ Plugged drain lines
- ♦ Rebuild rotten flooring from water damage

ELECTRICAL

- ♦ Change electrical plugs/light switches/GFI
- ♦ Install selected variety of light fixtures
- ♦ Install outdoor plugs

GENERAL

- ♦ Renovations in home/drywall panels, baseboards etc.
- ♦ Additions
- ♦ Fixing or replacing skirting
- ♦ Fixing/patching belly bags
- ♦ Windows & doors (interior/exterior)
- ♦ Painting
- ♦ Garbage removal
- ♦ Move in/out cleanup
- ♦ Installing laminate flooring/small lino jobs
- ♦ Install and repair decks/fences
- ♦ Install and replace deadbolts/door knobs
- ♦ Replace weather stripping
- ♦ Wheelchair ramps

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away!**

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EECA CRIBBAGE LEAGUE



Every Thursday at 7pm. This is a drop
in event so even if you can't make it
every Thursday, we would still like to
have you come out and play when you
can!

The bar will be open for your thirst
requirements.

Please note that this league
is for Adults only!

Burns and Scalds



Each year, Alberta Health Services, EMS, continues to respond to emergencies involving young children who have sustained severe burns or scalds. These incidents often occur inside the child's own home. Common causes include a child accidentally tipping hot liquids onto themselves, touching hot surfaces such as stoves, or making contact with electrical outlets. Fortunately, incidents such as these can be avoided by taking preventative measures.

Degrees of burn

- **1°:** Affects only the top layers of the skin; appears red like a sun burn; discomfort is generally tolerable;
- **2°:** Deeper and much more painful than 1° burns; broken skin or blisters commonly develop;
- **3°:** Severe: the deepest layers of skin and tissue are injured; may appear charred or leathery.

First Aid for burns

- Skin may continue to burn if not aggressively cooled. Immediately douse burns with large amounts of cold water.
- Cover the burn with a sterile dressing, or at least clean material to protect infection;
- Over the counter medications may be used for pain. Adhere to directions given on the label;
- Seek further medical attention, as required.

Prevention of burns

- Check the temperature of your hot water tank. Temperatures as high as 60°C / 140°F will scald a child in just seconds;
- Use placemats instead of tablecloths. Tablecloths can be yanked downward causing hot drinks or food to spill on a child;
- Turn pot handles to the back of the stove and ensure cords from kettles, slow cookers, and other electrical appliances cannot be reached;
- Avoid picking up a child while holding any hot liquids;
- Ensure electrical outlets are made secure by installing commercially available safety devices which prohibit access;
- Keep children away from areas where appliances are in use (kettles, irons, hot stoves).

If you require immediate medical attention, **call 9-1-1**

Evergreen Seniors News

Celebrate this Easter with a heart filled with peace, joy and cheer.
Have A Happy Easter Everyone.

All seniors members, please join us Monday to Friday from 10:00 until noon; the coffee is always hot, enjoy the company, and a game of Pool.

The seniors club also gets together every Wednesday night from 7:00 PM to 9:00 PM. Please check calendar for schedule.

This month, members only, we are having A night out 6:00 PM on March 13/2018. Please sign-up before March 09/2018 to gives us time to notify restaurant.

Location and address will be on sign up sheet.

Next meeting is Wednesday March 07 at 7:00 PM.

Tickets are now on sale for our annual Easter Hamper draw.

Draw will be made March 30/2018

See your favourite senior for tickets.

Seniors Calendar

Mar 7	Monthly Meeting Bingo to follow	7:00 PM
Mar 13	Seniors Night Out Bingo to follow	6:00 PM
Mar 14	Bingo	7:00 PM
Mar 21	Bingo	7:00 PM
Mar 28	Seniors Crib Night	7:00 PM



Seniors Craft & Quilt Thursdays 1-4 pm

Come and bring your ideas for crafts as we get ready for our first sale of the year held during spring fling. We are going to raffle off a queen sized quilt this year. Tickets available from the crafters at the senior centre

Coffee & Pool every morning 10 a.m. to Noon (Mon-Fri)
Drop in for a visit!



**WITH SPRING AROUND THE CORNER
OUR PHONE LINES ARE RINGING!
HOMES ARE STARTING TO SELL AGAIN! NOW IS
THE PERFECT TIME TO LIST! DON'T WAIT!**



PENDING SALE #404 Evergreen



JUST SOLD #91 Evergreen



*New Home – Just Reduced
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-----**CALL NOW!!**-----

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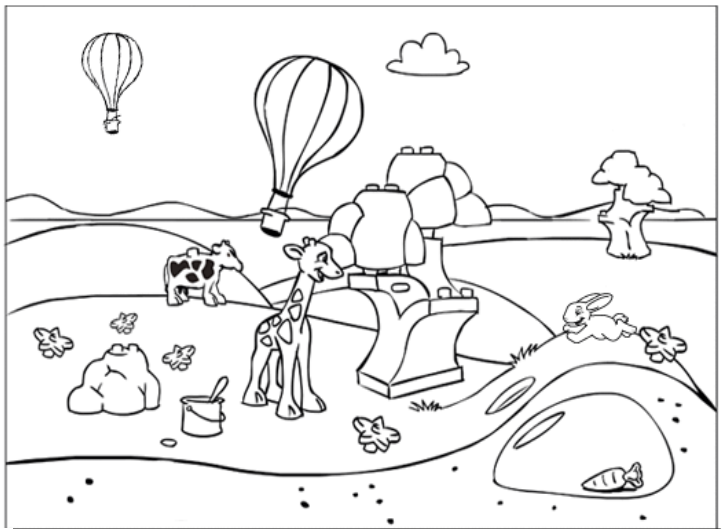
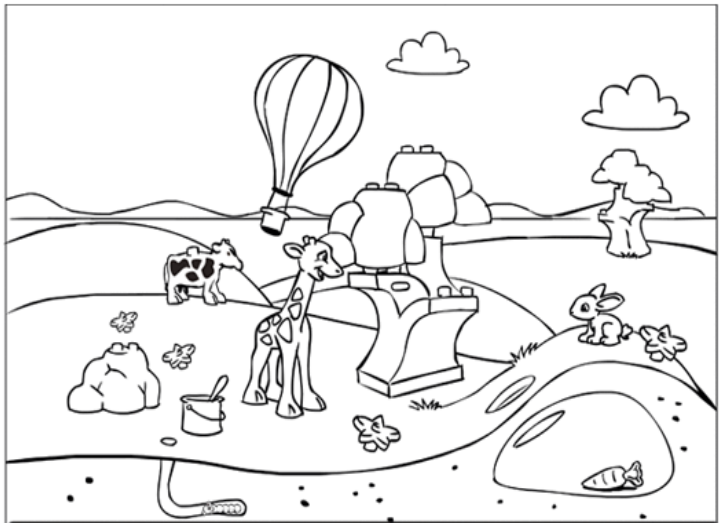
COLOUR ME

SPOT 5 DIFFERENCES!



St. Patrick's Day Word Search

J	S	M	A	C	Z	S	L	Y	M	I	U	T	U	Q
L	U	C	K	F	R	E	H	P	Y	U	R	Q	H	X
Z	T	H	B	P	A	N	L	A	J	E	S	I	B	U
Y	D	D	A	P	I	D	R	R	M	Q	X	I	S	S
Q	O	J	S	T	O	N	E	T	P	R	Z	I	C	H
Q	A	F	R	Z	L	N	M	Y	N	S	O	T	K	R
E	R	O	L	K	L	O	F	U	Q	A	N	C	J	I
D	T	S	N	I	P	D	O	O	F	Z	L	E	K	Y
P	G	S	E	O	C	U	W	J	V	U	B	C	Y	E
P	I	C	E	L	E	B	R	A	T	I	O	N	S	N
L	A	M	R	S	D	R	A	C	B	T	I	A	G	R
W	S	R	G	R	T	F	D	L	C	M	P	D	Q	A
Q	Z	C	A	S	N	U	A	H	C	E	R	P	E	L
P	E	C	T	D	R	T	M	K	I	I	R	J	A	B
D	T	C	C	I	E	I	U	W	S	B	D	T	L	G



IRISH
GREEN
DANCE
LUCK
LEPRECHAUNS
BLARNEY
STONE
MUSIC
PARTY
PADDY
SHAMROCK
PARADE
FOOD
POEMS
CARDS

CELEBRATIONS
FOLKLORE





 epl.ca

epl.ca/epl2go

THAT'S HOW WE ROLL!

Sing, Sign, Laugh and Learn

Join the Edmonton Public Library for singing, rhyming and signing. This is an inclusive program for children from birth to age three accompanied by a grown-up. Siblings are welcome. Parents will learn strategies to engage their child and enhance their child's communication and development through repetition, visuals and movement. Offered in collaboration with the Edmonton Early Intervention Program.

Evergreen Community Centre

Starts Tuesday February 20th

Tuesdays 10:15 – 11:00am (doors open at 10am)

MARCH

EVERGREEN YOUTH EXPRESS

March 2018

We have a new Facebook Page

Please like and follow the link below
for updates, news and events!

[https://
www.facebook.com/
TAFEY2018](https://www.facebook.com/TAFEY2018)



Upcoming Events!

Teacher's Convention-March 1st & 2nd **Activities planned are skating and mini** **golf!!!**

Stay tuned on the Facebook Page!

Ages 6-17

\$5 per person/field trip.

12-4pm



Spring Break Programing March 26th- **29th**

Activities planned are Laser tag, Gymnastics,
Movie, Swimming and the EPL 2 Go Van!

Stay tuned on the Facebook Page!

Ages 6-17

\$5 per person/field trip.

12-4pm



Programs

Drop-In After School Program

M W F 3:30p.m.-6p.m.

TH 2:30p.m.-5:30p.m.

Join Laura at the Youth Centre for a snack and after school fun!

Crafts, games and sports are just some of the activities we do. Follow our Facebook Page to keep updated with, cancellations, changes, times, updates and events.

<https://www.facebook.com/evergreenyouth>

Every Monday the EPL is here from 5pm-7pm @ the Youth Centre.



Dojo Arts Evergreen Martial Arts Club

Please check the Facebook page or call Ryan at 587-938-1262 <https://www.facebook.com/Dojo-Arts-Martial-Training-254153244620594/>



Way Cool Cooking School

This program is designed for Ages 6-12. We deliver a well-rounded approach to teaching children the skills necessary to develop their love of cooking and culinary techniques for exciting results!

Winter session From January-March

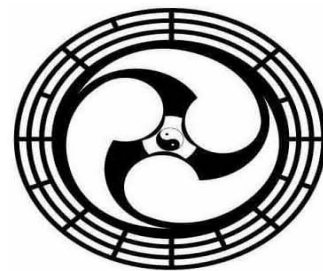
Tuesdays 4pm-5:30pm at the Youth Centre. Program is full.

Gentlemen Of Evergreen

One Saturday a month, like the Facebook page for updates

Boys Junior High and High School





Dojo Martial Arts-Offered Classes

KARATE

Traditional Okinawan Uechi Ryu
Karate

Our Karate classes are delivered in
a traditional format.

Our system is comprised from the
fighting styles of the crane, the tiger,
and the the dragon.

- Traditional exercises &
warm ups
- Form/kata work
- Practical application
(how it works)
- Iron body conditioning

9 years & up Maximum 20 students
Thursday evenings at the Youth
Centre

Participants supply own uniform
(gi), mouth guard, groin protection
(boys)

QI GONG

In this class we practice cultivating qi through the
use of standing meditations and flowing move-
ments. We spend time learning to relax and align
our breath. Somewhere between yoga and tai
chi

Thus activity can be modified for all ages howev-
er it is reserved for mature students. No youth

No equipment required

This class is strongly recommended for adults
attending karate, but who don't kickbox.

No maximum class size

Tuesday evenings at the EECA Hall

Kobudo

Traditional Okinawan Weaponry

This martial art is primarily kata
based. This is a traditional class.
We work our way through our curric-
ulum toward black belt certification.
Some of the weapons we learn are
sai, bo (staff), num-chuks

We certify our belts and hold to the
standard of Okinawa by the authority
of Ryu Kyu Kobudo Hozonkai.

12 years & up Kobudo 10 students
maximum

7—12 years Jr Kobudo 10 students
maximum

Introductory All ages, under 8 with
parent Thursday Nights at Youth
Centre. Dowels will be supplied.

Tuesday Evenings at the EECA Hall

Participants are respon-
sible for supplying their
own uniforms and weap-
ons.



Kickboxing

MMA style Training Class

Pad work & impact training

This is a contact class where we
learn real techniques for real life
fighting also for competitive con-
trol. Optional sparring & competi-
tion available

Lots of cardio & core training

Burns fat & raises metabolism

Mandatory for all youth in /karate
program

Boxing gloves and wraps re-
quired

Sparring: headgear/mouth
guard/skin, instep heel pads re-
quired.

16 students maximum

Sunday afternoons at the EECA
Hall



Evergreen Classifieds

To have your ad appear in our newsletter, email to secretary@eeca.ca before 15th of each month. Space is set aside (at no charge) for residents of Evergreen to advertise items they want to sell or give away. Evergreen News is delivered to every home in the park and is mailed to a number of people outside of Evergreen.

My name is Jaquelle Cooper, I am twelve-years-old, and it is my first year joining my school ski club. I am very excited about it and to help with the cost, I am offering to shovel driveways for 10\$. Please help me in achieving my goal. If you are interested please call Shaun/Crystal Cooper at 780-377-0096.



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THAT'S HOW WE ROLL!

Tech Help Drop In

You are invited to join us bi-weekly as we bring the library to you. Stop by to get help with your computer, phone and tablet or feel free to use ours!

Evergreen Seniors Centre

MONDAYS

2:00 - 3:00pm

MARCH 12th & 19th

EECA SKATING RINK

- ◆ \$2 per skate (Community League Members skate free every day).
- ◆ Some skates and helmets are available to borrow. First come, first served.
- ◆ Helmet is required for all skaters under 17 years of age.
- ◆ Rink is closed when temperature (with or without wind chill) reaches -20 or when it is warmer than 0. The facility operator may also close the rink as deemed necessary by weather or rink conditions.
- ◆ Concession open during official rink hours of operation.

Hours of Operation
MONDAY to FRIDAY
4pm - 8pm
SATURDAY/SUNDAY
12pm - 9pm


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or



Email: jodydraganiuk@gmail.com

Our names are Andrew and Elizabeth we are 14 years old and looking to do odd jobs around the park for residents.

We are able to take out garbage, walk dogs, babysit, shovel driveways in the winter.








Contact us at 780-717-2839 (moms cell)





March 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 Member Free Swim Clareview Rec Ctr. 6-8 
4	5 EECA Board Meeting 7:00pm	6	7 Seniors Meeting Bingo Follow 7pm	8 Seniors Crafts & Quilts 1-4pm	9 	10 Member Free Swim Clareview Rec Ctr. 6-8
11	12	13 Seniors Night Out 6pm	14 Seniors Bingo 7pm	15 Seniors Crafts & Quilts 1-4pm	16 	17  Member Free Swim Clareview Rec Ctr. 6-8
18	19 Garden Club AGM 6:30pm 	20	21 Seniors Bingo 7pm	22 Seniors Crafts & Quilts 1-4pm	23 	24 Member Free Swim Clareview Rec Ctr. 6-8
25	26	27	28 Seniors Crib 7pm	29 Seniors Crafts & Quilts 1-4pm	30 	31 Member Free Swim Clareview Rec Ctr. 6-8

Every weekday, from 10am to noon
the Senior's Centre has a pot of coffee on.
Drop in for a visit, stay for a game of pool, and
to meet other Seniors in the Community!