

Evergreen News



Evergreen Seniors Annual Bake Sale & Raffle

Saturday, March 28th





at the

Come win a Gift Basket! **Evergreen Community Hall**

Raffle Tickets 3

Doors Open At 10 AM



(Come while supplies last)

MARCH 2015



Simply Affordable... Smart Living

Our February Sales Activity

LOOKING TO MOVE?





Let COUNTRY HILLS HOMES Sell Your HOME!!

FACT: Country Hills Homes SOLD over 35% of

all homes sold in the Evergreen

Community in 2014!

FACT: WE are your local expert for new and

pre-owned modular home sales!

FACT: WE operate in the Community by

having a Community Sales Office, with an On-Site Sales Associate in the office

6 days a week!

FACT: WE can list your home on the MLS to

get you maximum exposure on your

listing!

FACT: WE offer FREE Market evaluations!

Call the Country Hills Homes Sales Office or stop by for more information on listing your home with Us!!!

> 780-472-0082 724 Evergreen Park NW

sbanks@parkbridge.com

Spring is just around the corner, if you are thinking of selling your home contact the Country Hills Homes Sales Office and set-up an in home market evaluation to determine the value of your home in today's real estate market.

Did You Know...

for referrals?? That's right! When you bring in a friend or family member, and they purchase a home through us, we'll **PAY YOU** up to **\$500!!!** Come into our office for more details.

Why do People Come to Us? We Know Your Community!

Garden Club News

Greetings fellow gardeners! This winter has been much more pleasant than the last three. It's been nice to be able to enjoy our winter a little more and not stay cooped up inside the entire season. A lot of people start growing things in March. Of course, it is on east-facing windowsills and in heated greenhouses, but there are those among us already nurturing our first petunia seedlings.

If the green bug has bit you too, why not join the Garden Club?

Our next meeting will be March 16th at 6:30 pm at the Community Hall. We are having a speaker in to enlighten us regarding succulent plants. Many of us have succulents inside, and a few of us have experimented outside as well. Our speaker will introduce us to some interesting varieties and show us how to care for succulents properly in our climate.

Our last meeting was our Seedy Monday exchange. Houseplants and seeds were swapped amongst all the members and nobody went home empty handed.

This year the Garden Club will continue to encourage the love of gardening with speakers, crafts and trips. If you love growing things and live in Evergreen, this is a great way to get out of the house, meet neighbours, and do what you love. Whether you have a full-yard obsession or a couple containers from the greenhouse, you will find kindred spirits within the Club. Call Mary at 780-406-5710 and sign up today.

Join the club, meet new friends, share a few laughs...and go home feeling good.



Alberta Health
Services

Emergen
Medical
Services

Burns and Scalds





Alberta Health Services EMS responds to a number of emergencies where a young child has sustained severe burns, or scalds. These incidents often occur inside the child's own home. Common causes include: a child accidentally tipping hot liquids onto themselves, touching a hot surface, or making contact with an electrical outlet. Fortunately, incidents such as these can be avoided by taking simple preventative measures.

Degrees of burn

- 1°: Affects only the top layers of the skin; appears red like a sun burn; discomfort is generally tolerable;
- 2°: Deeper and much more painful than 1°burns; broken skin or blisters commonly develop;
- 3°: Severe: the deepest layers of skin and tissue are injured; may appear charred or leathery.

First Aid for burns

- Skin may continue to burn if not aggressively cooled.
 Immediately douse burns with large amounts of cold water.
- Cover the burn with a sterile dressing, or any clean material to protect from infection;
- Over the counter medications may be used for pain. Adhere to directions given on the label;
- Seek further medical attention from your doctor, as required.

Prevention of burns

- Check the temperature of your hot water tank. Many homes keep hot water temperatures as high as 60°C / 140°F. This temperature will scald a child in just seconds;
- Use placemats instead of tablecloths. Tablecloths can be yanked downward causing hot drinks, or food to spill on a child;
- Turn pot handles to the back of the stove and ensure cords from kettles, slow cookers, and other electrical appliances cannot be reached;
- Avoid picking up a child while holding any hot liquids;
- Ensure electrical outlets are made secure by installing commercially available safety devices that prohibit access.

If you require immediate medical attention for serious burns, call 9-1-1.

To advertise in the Evergreen News please email secretary@eeca.ca by the 20th of each month.

- Business Card Size \$15
- 1/4 page \$25
- 1/2 page \$50
- 3/4 page \$75
- Full Page \$100
- Prices subject to change -
- Prices listed are for B&W ad's Only -



To have your ad appear in our newsletter, email to secretary@eeca.ca before 20th of each month. This space is set aside for residents of Evergreen to advertise items they want to sell or give away. Evergreen News is delivered to every home in the park and is mailed to a number of people outside of Evergreen.

Tax Time Is Here! Deadline For Tax Returns To B

Deadline For Tax Returns To Be Completed & Mailed



Is the 30th April 2015!

Need Help With Your Individual Or Small Business Taxes To Be Prepared (No Corporations)? Reasonable Rates!

Call Linda at 780-474-8211 Please Leave a Message



We're on the web!

T.O.T.S.

Needs a new Team Leader! Are you interested in opening and closing the hall, creating programming and event plans and working with other parents for a fun time for children 6 months to 5 years of age? The EECA Board needs someone responsible like you! Contact Troy @ president@eeca.ca to if interested!

Interested in learning more about the health benefits of Young Living Essential Oils?

Or are looking for a home based business with a terrific product?

Please call or email Pam Toker 587-784-3457 pam.toker@icloud.com



Evergreen Seniors News

Thank you to all the members who cooked for our potluck supper. We had quite a variety of food and it was delicious.

News for this month is our spring bake sale is March 28th. We are raffling off three big wicker baskets full of food!

The Seniors are selling raffle tickets 3/\$1.00.

We are asking our Senior Members for lots of baking for the sale.

We are going to Boston Pizza on March 11th. 167 Avenue and Manning Freeway next to Cineplex Cinema.

Happy St. Patricks Day



Coffee & Pool every morning 10 a.m. to Noon

Seniors Craft & Quilt Thursday's 1 - 4 pm

Seniors Calendar

Mar 4	Meeting 7 pm Bingo follows the meeting		
Mar 11	Boston Pizza Bingo after we return	6 pm	
Mar 18	Bingo	7 pm	
Mar 25	Seniors Crib	7 pm	
Mar 28	Bake Sale	10am	



We also

walk dogs

from

Shop Hours

Sunday Closed

Monday 9-5

Tuesday 9-5

Wednesday Closed

Thursday 9-4

12:30pm- Friday 9-5

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2:00pm

daily

Saturday 9-4

To book an appointment call 780-406-7797

Or text: 587-710-8071

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Evergreen Youth Express

Hello, Hello

On behalf of the Gentlemen of Evergreen program!

What a crazy past month we've had: tons of NERF, sports, the winter carnival, our 3rd annual NERF tournament for kids under 12 (which was a huge success), we also attended a basketball tournament at

Eastglen high school to watch Adam- one of the Youth centre staff- coach his team to third place. After which we stuffed

ourselves with donuts and hot chocolate. I really wanted to share something cool with you guys that I feel quite proud about that really exemplifies the mandate of our

program. Tyler Atkinson, who began attending the program when he was 15 has been volunteering and helping out every Saturday since he turned 18. He's a big help and the boys enjoy his company, sense of humour and leadership. This is exactly what we hope our program is teaching the boys, to be thankful for the incredible Youth Centre and resources that Evergreen offers to its residents and once they have 'graduated' from the program, to give back in whatever way they can!

Just a little encouraging of all the great things happening at the youth centre!

Don't forget to check out our website at facebook.com/gentlemenofevergreen.

Spring is just around the corner, I'm looking forward to seeing everyone outside and around the neighbourhood again!

The Association for Evergreen Youth

> March 2015



Isaac

Dojo Arts Evergreen Karate & Kobudo Club

Visit our website at

http://
www.dojoartskarate.com
and our facebook page at
Dojo Arts Evergreen
Karate and Kobudo Club.
Program: Sunday, Monday
and Tuesday each week.
NO program on Stat

holidays.

hosted a successful and fun sparring tournament on Feb 22nd. Several Dojo Arts students came away with mendals.

EG After School

Monday, Wednesday & Friday meet Shreya and Larissa from Boys & Girls Clubs Big Brothers Big Sisters (BGCBigs) right after school until 6 p.m. for crafts, games, and activities. Tuesday & Thursday will have drop in at the Centre or a variety of 8 week programs.

"Like" our Facebook Page to keep up to date with changes and special activities.

https://www.facebook.com/pages/EG-After-School



The Association for Evergreen Youth



While everyone is welcome, you should note that the program is primarily designed for children of elementary school age. Younger children welcome with a parent.

Youth welcome to join in, have some fun, and help out. Spaces limited.



Call 780-413-8248

Program

Please make sure you mark each day that your child will be attending.

Youth Centre policy dictates that no child will be denied a place in one of our programs due to the family's inability to pay a program fee. Space may be limited so sign up NOW. Need the fee waived? Talk to us.

Monday March 3D (Swimming) Mon—Thurs Tuesday March 31 (Movie) Wednesday April 1 (Swimming) Thursday April 2 (Gym)

resents:

10 a.m. to

5 p.m.

North end of Rental Office building...

A portion of each day will be spent outside. Please ensure your child is dressed appropriately for the weather conditions.

Email: tafey@shaw.ca

EG Spring Break Sign Up Form

Child's Name/A	ige	Emergency Contact	Sign up for:	Time	Attended
Address		Emergency Phone	Monday, March 30 (Swim Day)	10 am—5 pm	
Phone			Tuesday, March 31 (Movie Day)	10 am—5 pm	
Hone			Wednesday, April 1 (Swim Day)	10 am—5 pm	
38 Evergreen Park NW	lunch (provided) an	ogram fee helps offset the cost of d field trips. Please sign up NOW ansportation can be arranged for	Thursday, April 2 (Gym Day)	10 am—5 pm	
Edmonton, AB TSY 4M2	outings, and enoug	h food is on hand for lunches and ocks for everyone!	Subject to Change.	, ,	
Phone: 780-413-8248 Fax: 780-472-9506	Your signature below	w allows the above named child to pects of the Snow Shack Program	"Like" https://www.facebook.com/ evergreenyouth		

Evergreen Youth Centre's Annual General Meeting

If your children attend programs at the Youth Centre, then you <u>ARE</u> a member and your presence is requested at our Annual General Meeting called for Monday, March 30th, 7 p.m. at the Youth Centre.

Girl Zone

Alternating
Wednesdays from
6—8 p.m.
elementary school
aged girls are invited
to join Laura at the
Youth Centre for
dinner and girl talk.

Gentlemen of Evergreen

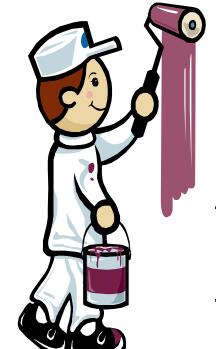
Join Adam and Isaac at the Youth Centre every Saturday at 3 for a hilarious line up of fun and frivolity. Boys ages 12—17 welcome.

Boy Zone

Dustin is at the
Youth Centre every
Thursday 5:30—
7:30 p.m. for dinner
and boy stuff. All
elementary school
boys welcome.

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31 Evergreen Park NW Edmonton, AB T5Y 4M2

Phone: 780-473-6962 Fax: 780-472-1506

Email: info@eeca.ca Website: www.eeca.ca



WE NEED YOU!!!

Bingo and Casino events provide the funds to allow Evergreen Community Association to continue offering programs and events to the residents of Evergreen Community. If you attend programs or events put on by the Community league, EECA needs you!!

BINGO HELP NEEDED

Sunday March 22, 2015 - PM - KENSINGTON Thursday March 31, 2015 - PM/EVE - FORT RD

Contact Troy: president@eeca.ca or 780-935-9611 to help

Edmonton Evergreen Community Association Memberships

Valid September 1 to August 31 each year.

Family \$20

Seniors \$10

Single Family \$15

Single Adult \$10

Call 780-473-6962 or email memberships@eeca.ca



Our hall is available to rent. Call 780-473-6962 or visit www.eeca.ca for details.



"Like" us on Facebook at http://www.facebook.com/EvergreenCommunity



Deadline for the ad's for the April issue is March 20th.

March 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 EECA Board Meeting 7:00pm	2	3	4 Darts 7 pm Seniors Bingo 7pm	5 Seniors Quilters & Crafters 1pm EECA Crib 7 pm	6	7
8	9	10	11 Darts 7 pm Seniors Bingo 7pm	Seniors Quilters & Crafters 1pm EECA Crib 7 pm	13	14
15	16 Garden Club 6:30pm	17	18 Darts 7 pm Seniors Bingo 7pm	Seniors Quilters & Crafters 1pm EECA Crib 7 pm	20	21
22	23	24	25 Darts 7 pm Seniors Crib 7pm	26 Seniors Quilters & Crafters 1pm EECA Crib 7 pm	27	SENIORS BAKE SALE! 10AM
29	30	31				

Every weekday, from 10am to noon

the Senior's Centre has a pot of coffee on.

Drop in for a visit, stay for a game of pool, and
to meet other Seniors in the Community!