EVERGREEN



4pm till Dusk In the Park! July 1, 2015



LY 2015

Inflatable Waterslide





FIREWORKS AT DUSIN

Barbeque hosted by TAFEY Burger/Hot Dog, Pop and Cake

(While Supplies Last)

JULY 2015



Simply Affordable... Smart Living

Our June Sales Activity



LOOKING TO MOVE?

Let COUNTRY HILLS HOMES Sell Your HOME!!

FACT: Country Hills Homes SOLD over 35% of

all homes sold in the Evergreen

Community in 2014!

FACT: WE are your local expert for new and

pre-owned modular home sales!

FACT: WE operate in the Community by

having a Community Sales Office, with an On-Site Sales Associate in the office

6 days a week!

FACT: WE can list your home on the MLS to

get you maximum exposure on your

listing!

FACT: WE offer FREE Market evaluations!

Call the Country Hills Homes Sales Office or stop by for more information on listing your home with Us!!!

> 780-472-0082 724 Evergreen Park NW

sbanks@parkbridge.com

It's almost Summer!! If you are thinking of selling your home contact the Country Hills Homes Sales Office and set-up an in home market evaluation to determine the value of your home in today's real estate market.

Did You Know...

for referrals?? That's right! When you bring in a friend or family member, and they purchase a home through us, we'll **PAY YOU** up to \$500!!! Come into our office for more details.

Why do People Come to Us? We Know Your Community!



31 Evergreen Park NW Edmonton, AB T5Y 4M2

> Phone: 780-473-6962 Fax: 780-472-1506

Email: info@eeca.ca Website: www.eeca.ca

Thank you to everyone that attended the 2015 EECA Annual General Meeting on June 1, 2015.

Your 2015-2016 EECA Board consists of:

President Vice-President Secretary Treasurer

Fund Development Director

Civics Director **Facilities Director** Membership Director **Programs Director Sports Director** Youth Liaison

Troy Girard Shirley VanDoorn James Paull Al Innes

Vacant Vacant Gord Clark Denise Furlong Natalie Silver-Haywood

Ryan Haywood Alice Hobbins

president@eeca.ca vicepresident@eeca.ca secretary@eeca.ca treasurer@eeca.ca

fundsdevelopment@eeca.ca

civics@eeca.ca facilities@eeca.ca memberships@eeca.ca programs@eeca.ca sports@eeca.ca tafey@shaw.ca



Emergency Medical

Heat Related Illness



With the return of warmer weather, Alberta Health Services EMS would like to remind citizens to stay safe in the heat and sun this summer. While children and the elderly can be more susceptible to the effects of heat, basic prevention measures should be taken by all to avoid a heat related illness during periods of hot and humid weather.

Heat exhaustion

- Heat exhaustion can occur due to excessive fluid loss during periods of prolonged sweating in a hot and / or humid environment (indoors or outdoors).
- Patients may suffer headaches, weakness, fatigue, nausea / vomiting, thirst, chills, and profuse sweating.
- The patient is usually cold and damp to the touch and the skin may appear pale or dusky gray.

Heat stroke

- Heat stroke is a medical emergency that requires prompt treatment. It can be fatal.
- It occurs when the body can't cool itself naturally (e.g. perspiration). The body's temperature will continue to rise to dangerous levels.
- Due to severe dehydration and the inability to sweat the patient may appear flushed and skin may be hot and dry to the touch.

First aid

- First aid for all heat related illness begins with removing or sheltering the patient from the hot environment.
- Remove excess or tight fitting clothing and allow them to rest in a cool environment.
- If the patient is conscious and alert, provide suitable fluids such as water, juice, or a sports drink.
- If you are concerned, seek medical attention or call 9-1-1.

Prevention

- Stay well-hydrated by drinking plenty of water.
- Limit alcohol consumption as alcohol dehydrates you.
- Always wear a broad brimmed hat to keep the sun off your face and neck.
- Apply waterproof sunscreen with an SPF of 50+, especially for children. The sun's UV rays peak between 10am-4pm, even on cloudy days.

Evergreen Seniors News

Hi, how are you all enjoying the lovely weather? But where is the rain?

We have to let you know that their will be no meeting July - August. Watch your calendar for events.

July 1st will also have no meeting or bingo due to the holiday.

Everything will be back to normal in September.

We wish everyone a save and warm summer!

Seniors Calendar

July 1st No Meeting or Bingo

July 8th Pot Luck BBQ Supper 7 pm

Bingo follows dinner

July 15th Bingo 7 pm

July 22nd Crib 7 pm

July 29th Bingo 7 pm

Seniors Craft & Quilt Thursday's 1 - 4 pm

Coffee & Pool every morning 10 a.m. to Noon





Evergreen Seniors Crafters are having a draw for a queen size quilt on August 8, 2015. You can get your tickets at the Seniors Centre or by calling Reta at 780-472-9565 or Verna at 780-476-4675!

Garden Club News

Greetings fellow gardeners! If you're growing vegetables, you probably have a problem with slugs. Try putting crushed eggshell, copper wire, or coffee grounds around the bottom of your lettuces and cabbages to keep them at bay and reap a harvest of leaves that aren't all chewed up. You can also go out early in the morning and destroy them yourself, errr manually. I think you know what I mean. Some people set out saucers of beer to attract them even more! The slugs like the beer and have a hard time crawling out of the saucer. Check your little slug traps often.

Thank you to everyone who came to the Spring Fling and bought over \$1000 worth of our beautiful annuals and perennials. Thanks to our members who provided such a large selection of perennials from their gardens and the following local greenhouses who donated their plants to make our sale a huge success:



Simon's

The Root Seller Riverbend Gardens **Arrowhead Nurseries** Kuhlmann's Sunstar Nurseries

Alberta Hospital Visser's

Wal-Mart

Brenneis

The winners of our raffle were:

1st - Donna Koesling 2nd - Kurt Krawchuk 3rd - Dahlia Christie

It is with heavy hearts that we say goodbye to a long-standing member of the Garden Club and an integral part of our executive team. Josanne Thiessen has been volunteering her time, plants and expertise for many years and leaves a big hole in the Evergreen Garden Club. We wish her the best in Saskatchewan and hope she stays in touch. Her easy-going nature and fun-loving spirit will never be forgotten. Thanks Josanne! We will miss you!

If you're looking for a way to meet like-minded gardeners in Evergreen, The Garden Club is for you! We have been meeting every month, year-round, for over a decade and your \$10 annual membership will have you going on garden-related trips, listening to interesting speakers, making crafts for your garden, and enjoying the company of some of the friendliest people in the park. Call Mary at 780-406-5710 for more information on joining us!

Our next meeting is on Monday, July 20th at 6:30pm in the Community Hall beside Happy's Pizza. We will be announcing the results of our very exciting container contest! A tour of the winning containers will follow so bring your walking shoes.

Join the club, meet new friends, share a few laughs...and go home feeling good.



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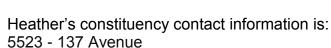


Interested in learning more about the health benefits of Young Living Essential Oils?

Or are looking for a home based business with a terrific product?

Please call or email Pam Toker 587-784-3457 pam.toker@icloud.com

The EECA would like to congratulate and welcome our new Member of Legislative Assembly for Alberta in the Edmonton-Manning riding, Heather Sweet



Edmonton, AB Canada T5A 3L4

Phone: (780) 414-0714 Fax: (780) 414-0716

edmonton.manning@assembly.ab.ca





Evergreen Youth Express

2015 EG Summer in the Park Program



Evan Tran and Kara St Louis bring you all fun all summer long!

Meet at the Youth Centre at 1:30 each and every weekday from July 2nd to August 21st for: crafts, games, activities and outings!

Make sure you sign up NOW. Space for some outings may be limited.

Kindergarten to Grade 12 all welcome all day long! Come and tell us what you want to play, where you want to go and we'll see if it can be arranged.

Most on site activities are completely FREE and operate on a drop in basis. This means that your child will NOT be forced to remain with the program if he/she chooses to leave the area.

We remain on site until 8 p.m.



REMEMBER: The City of Edmonton provides a Green Shack program weekday mornings from 10 a.m. to 1:30 p.m.

The Associatin for Evergreen Youth

> July 2015

Special points of interest:

- @ Monday-EPL2GO
- Tuesday—Sportball
- Wednesday—Mid Week Swim
- Thursday—FUN! FUN!FUN!
- Friday—Wrap up the week with Evan and Kara!

Evergreen Youth's Summer Program Kickoff BBQ



Full Meal Deal
Hot Dog or Hamburger
Cold Drink
Cake
\$4.00

Serving 4-6 p.m. (or while supplies last)
Help Support the Summer in the Park Program



EG Summer in the Park

July 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Programs listed (Epl2go; Sportball, Swim) are part of the Summer in the Park Program which runs Monday to Friday 1:30—8 p.m. near the Youth Centre/Skateboard Park/Playground.		1 Canada Day 4 p.m. to Dusk	Summer in the Park 1:30-8:00 p.m.	Summer in the Park 1:30-8:00 p.m.	4	
5	6 Epl2go 3—5 p.m.	7 Sportball 1:30—3:30 p.m.	8 Swim 1:30—4:30 p.m.	Summer in the Park 1:30-8:00 p.m.	Summer in the Park 1:30-8:00 p.m.	11
12	13 Epl2go 3—5 p.m.	14 Movie Trip to new Cineplex	15 Swim 1:30—4:30 p.m.	Summer in the Park 1:30-8:00 p.m.	Summer in the Park 1:30-8:00 p.m.	18
19	20 Epl2go 3—5 p.m.	21 Sportball 1:30—3:30 p.m.	22 Swim 1:30—4:30 p.m.	23 Summer in the Park 1:30-8:00 p.m.	24 Summer in the Park 1:30-8:00 p.m.	25
26	27 Epl2go 3—5 p.m.	28 Sportball 1:30—3:30 p.m.	29 Swim 1:30—4:30 p.m.	30 Summer in the Park 1:30-8:00 p.m.	31 Summer in the Park 1:30-8:00 p.m.	

Summer in the Park Mid Week Swim!

After a number of years of swimming at Londonderry Pool, for which we gratefully thank the City of Edmonton, we are moving our mid-week swim to the new Clareview Rec Centre!

Every Wednesday we'll meet at the Youth Centre at 1:30. Swim will be from 2-4 p.m. Transportation provided by Cunningham Transport and paid for by TAFEY. Cost: \$2 each. AGES 8 AND UP ONLY-spaces may be limited!

Swimmers under 8 welcome with a parent or guardian. Pool rules (set by the City of Edmonton) help keep everyone safe. The following guidelines apply at all City of Edmonton pools, and each pool might have addiSupporting our new community pool!

Please read all signs before swimming.

tional rules.

- Leam to swim
- Swim with a buddy
- Know the water depth before entering a pool
- Alert a lifeguard if you or someone else needs assistance
- Keep children (under 8) within arms reach at all times
- All children (under 8) must be accompanied by a responsible caregiver
- The caregiver to bather ratio is 1

caregiver to every 3 bathers under the age of 8 years

- The minimum age of a caregiver allowed in a facility to supervise the under 8 bathers is 15.
- Obey all pool rules When visiting City pools, you'll see new signs and hear pool safety announcements. Pay close attention because lifeguards will hold Pool Clear safety drills to help them prepare for real emergencies.

Gentlemen of Evergreen Hello, hello everyone!

What a wicked month for the Gentlemen of Evergreen:

On June 12th we successfully defended our turf against Highlands youth group in a friendly NERF Battle. All in all it was a good time, it's not all about winning... But it sure helps.

On June 27th we took an incredible trip to the Garrison where sergeant Mcmurty took us on a tour, demonstrated the fitness test and allowed the boys to try on some of the tactical gear and explained to the boys about some of his experiences in the Canadian Armed Forces. A big thank you to Sqt. Mcmurty for his time! We finished the day off by having a year-end activity at Launchpad trampoline! What a wicked time.

Some of you may not know that our program runs for 10 months, from September to June as there is a full-time program offered at Youth Centre.

Our program just completed its fifth year and we are very happy with the results: consistent numbers (although we'd like them to be a little higher) and a ton of new, younger participants. My coworker, Adam, and I have had a an absolutely wicked experience at EG and have loved the time we spent here. As far as the program for next year is concerned, things are uncertain. Adam and I have both finished our respective studies at the University and will both be working full time.

Our primary concern is that we want the program to be absolute best that it can be and that we are offering the youth of Evergreen an exceptional and diverse experience. So, for now things are up in the air as we are still in discussion with the Board of directors as to what the program may look like for 2015-2016. We will have a more defined answer by July, after which we will be announcing the decision in the newsletter. Wish us luck and have a great summer!

EPL2GO



NEW THIS SUMMER AT

EVERGREEN YOUTH CENTRE

SUMMER IN THE PARK PROGRAM **EPL2GO EVERY** MONDAY JULY 6TH TO AUGUST 17

3-5 P.M.

Sportball...encouraging kids to "play with passion, play for fun" since 1995

NEW THIS SUMMER AT EVERGREEN YOUTH m CENTRE SUMMER IN THE PARK

SPORTBALL EVERY TUESDAY

PROGRAM

JULY 7TH TO AUGUST 18 1:30-3:30 P.M.



ALL SUMMER IN THE PARK PROGRAMS START AT THE YOUTH CENTRE

It is important that the community residents be aware of the vast changes that are coming to the Evergreen Youth Centre as early as September of this year. The continuing drop in the numbers of children in the park as well as those attending programs and staying to participate in the complete program session has led to a crises situation when it comes to thinking about funders and the value of the dollars that they put into this community. As an organization, we are forced to rethink the way we offer services to Evergreen. It is imperative that we get a sense of what it is the community wants for us to be providing for the children and youth and we need this information NOW. Please watch for a representative to approach you during the Canada Day Celebration and take a moment to speak with him or her about what YOU envision the Youth Centre's role to be in this community and what you would like to see it be going into the future. Our survey will also be posted on our facebook page at https://www.facebook.com/evergreenyouth Take a few minutes to let us know what you think. Please help us to help you!

The Association for Evergreen Youth (TAFEY) Proposed Plan Overview

Program Model

Sept – Dec 2015	Jan – June 2016	Sept 2016 – June 2017		
BGCBIGS – snack, physical activity, arts & culture, healthy activity, other. 2 days – 1 staff	BGCBIGS – snack, physical activity, arts & culture, academic, healthy activity 2 days – 1 staff	No BGC/Bigs programming		
To develop an afterschool program similar to BGCBIGS physical literacy, life skills (cooking), arts & culture, academic support 2 days - 1 staff	After school programing physical literacy, life skills (cooking), arts & culture, academic support 2 days - 1 staff	After school programming – physical literacy, life skills (cooking) arts & culture, academic support 3 days - 1 staff		
Saturday Youth program 1 day/week - 2 staff	12 youth outings Expose youth to opportunities beyond Evergreen 2 outings/month – 2 staff	20 youth outings Expose youth to opportunities be- yond Evergreen 2 outings/month – 2 staff		
No boys/girls zone	Family engagement activities: Connection, attempt to address parent apathy, increase parent involvement 1 – month – 1 staff plus kids	Family engagement activities: Connection, attempt to address parent apathy, increase parent involvement 1 – month – 1 staff plus kids		
Karate	Karate	Karate		
Supplementary programs to en- hance existing program (i.e.Yoga) 12 hrs/month	Supplementary programs to en- hance existing program (i.e.Yoga) 12 hrs./month	Supplementary programs to en- hance existing program (i.e.Yoga) 12 hrs./month		

Proposed Program Highlights:

- To move programming from 6 days/week to 5 days for Sept.- Dec. 2015
- To move programming from 5 days to 4 days with 2 youth outings per month Jan-June 2016
- To move programming from 4 days/week to 3 days/week September 2016 June 2017

EECA Community Wide



Saturday, August 8th 9 a.m. - 5 p.m.

Youth Centre BBQ 11 a.m. to 3 p.m. Full Meal Deal \$4.00 North end of rental office building

Sell YOUR stuff, YOUR way!

You asked for it! Maps will be available at the hall on the day of the sales. Make sure you register your sale by July 31st (early bird registrations will be listed in August's newsletter...register by July 26th) by calling Mona at 780-371-3181 OR 780-918-6894

Registrations made AFTER July 31st may NOT be included on the map so get your sale recognized NOW.

- Call Mona to have your location added to the map
- ◆ Help EECA spread the word
- ◆ Host your sale, collect your money

It's that simple! Going to have a garage sale anyway? Why not join in and make it a whole day of community fun? Don't forget to direct your customers to the Youth Centre's BBQ!



WE NEED YOU!!!

Bingo and Casino events provide the funds to allow Evergreen Community Association non-profits to continue offering programs and events to the residents of Evergreen Community. If you attend programs or events put on by the Community league, EECA needs you!! Contact Troy: president@eeca.ca or 780-935-9611 to help.

Next EECA Bingo Day Saturday, July 18, 2015 - Kensington, A.M.

If your children participate in programs or events at the Youth Centre, Al needs YOU!! Call 780-413-8248 to volunteer to help.

Consider volunteering to help with this or in any other capacity. No contribution is to small or goes unnoticed!!!





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Monday 9-5

Tuesday 9-5

Wednesday Closed

Thursday 9-4

Friday 9-5

12:30pm-2:00pm daily

Saturday 9-4

To book an appointment call 780-406-7797

Or text: 587-710-8071

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Call 780-472-9959 to book your appointment now, before you break down!

To advertise in the Evergreen News please email secretary@eeca.ca by the 20th of each month.

- Business Card Size \$15
- 1/4 page \$25
- 1/2 page \$50
- 3/4 page \$75
- Full Page \$100
- Prices subject to change -
- Prices listed are for B&W ad's Only -



Evergreen Classifieds

To have your ad appear in our newsletter, email to secretary@eeca.ca before 20th of each month. This space is set aside for residents of Evergreen to advertise items they want to sell or give away. Evergreen News is delivered to every home in the park and is mailed to a number of people outside of Evergreen.

Will do interior cleaning of your mobile home. Reasonable Rates! Call Gloria at 780-756-3746 and leave message.

Looking for a babysitter Wednesday evenings as well as on needed basis.

Call Jody at 780-717-2839 and leave message

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24 Hour Emergency Service





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Email: info@eeca.ca Website: www.eeca.ca

FREE SWIM TIMES FOR COMMUNITY ASSOCIATION MEMBERS!

Clareview Recreation Centre Saturdays 4-6 p.m. Londonderry Pool Sundays 2-4 p.m. With EECA Membership



Edmonton Evergreen Community Association Memberships

Valid September 1 to August 31 each year.

Family \$20

Seniors \$10

Single Family \$15

Single Adult \$10

Call 780-473-6962 or email memberships@eeca.ca



Our hall is available to rent. Call 780-473-6962 or visit www.eeca.ca for details.

REMEMBER:

Our kids are out of school and are all over the park.
Please take your time and drive slowly!



Deadline for the ad's for the August issue is July 20th.

July 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
•	e're on t web! ww.eeca.		1 Canada Day Festival	2 Seniors Quilters 1pm	3	4 Member Free Swim Clareview Rec Ctr. 4-6
5 Member Free Swim Londonderry Pool 2-4	6	7	8 Seniors BBQ 6pm Bingo 7pm	9 Seniors Quilters 1pm	10	Member Free Swim Clareview Rec Ctr. 4-6
Member Free Swim Londonderry Pool 2-4	13	14	15 Seniors Bingo 7pm	16 Seniors Quilters 1pm	17	18 Member Free Swim Clareview Rec Ctr. 4-6
Member Free Swim Londonderry Pool 2-4	20 Garden Club 6:30pm	21	22 Seniors Crib 7pm	23 Seniors Quilters 1pm	24	25 Member Free Swim Clareview Rec Ctr. 4-6
26 Member Free Swim Londonderry Pool 2-4	27	28	29 Seniors Bingo 7pm	30 Seniors Quilters 1pm	31	

Every weekday, from 10am to noon

the Senior's Centre has a pot of coffee on.

Drop in for a visit, stay for a game of pool, and
to meet other Seniors in the Community!