



WWW.EECA.CA

2020

Volunteers Needed



Volunteers are greatly needed for Edmonton Evergreen Community upcoming events :

Spring Fling, Garage Sale, Block Party, Playground Committees, and more!!

We need people who can flip a pancake, sauté a hamburger, experience fundraising, etc!!

Volunteers must be a minimum of 16 years of age.



EECA 2019-2020
BOARD CONTACT
LIST
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WHERE DO I FIND....?

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Storage Available

16304 - 6 Street

780-920-6533

Securely fenced and gated

Boats

Tent Trailers

RV's



EECA EVENT DATES

EECA Meeting 3rd February at 6:30 pm

Darts every Wednesday 7 pm

Crib every Thursday 7 pm

Ceramics Every Sunday night at 7 pm





CONTACTS

Contact list of

Community League Members
and other important listings

| Position | Name | Email | Phone |
|----------------------|-------------------|---------------------------------|----------------|
| President | Sharon Banks | president@eeca.ca | 780-782-7653 |
| Vice President | Shirley Van Doorn | vicepresident@eeca.ca | 780-475-9582 |
| Secretary | Ann Friesen | secretary@eeca.ca | 780-250-9870 |
| Treasurer | Al Innes | treasurer@eeca.ca | 587-372-8110 |
| Memberships | Jen Semple | memberships@eeca.ca | 780-803-9822 |
| Facilities Director | Tony Friesen | facilities@eeca.ca | 780-250-9870 |
| Fund Development | Troy Girard | troy_girard@yahoo.ca | 780-935-9611 |
| Civics Director | Margaret Verhagen | civics@eeca.ca | 204-212-3282 |
| Programs Director | Marin Wilson | programs@eeca.ca | 780-263-9725 |
| Seniors Liaison | Al Innes | treasurer@eeca.ca | 587-372-8110 |
| Youth Centre Liaison | Alice Hobbins | tafey@shaw.ca | (780) 413-8248 |
| Newsletter Editor | Ann Friesen | secretary@eeca.a | 780-250-9870 |
| Resources | | | 211 |
| City of Edmonton | | | 311 |
| Health Link | | | 811 |
| Emergency | | | 911 |
| Parkbridge | Office Enquiries | | 780-472-9777 |
| Parkbridge | Emergencies | | 780-472-9777 |
| Edmonton Police | Non-emergencies | | 780-423-4567 |
| Manning MLA | Heather Sweet | Edmonton.Manning@assembly.ab.ca | 780-414-0714 |
| Conservative Rep | Zaid Aboultaif | Zaid.Aboultaif@parl.gc.ca | 780-822-1540 |
| City Rep | Aaron Paquette | aaron.paquette@edmonton.ca | 780-496-8138 |

Your
Health
Link



Health Link is your trusted source of health information. If you have a health related question, please dial 811 for real time answers and support.

Who do you call ?

Police Services - report break-ins, vandalism, suspicious behaviour

Dial 780-423-4567 or #377 (mobile devices within city limits) for EPS Complaint Line

- If you require the attendance of a police officer at your location, but there is **NOT** a crime in progress or report online.

<https://www.edmontonpolice.ca/ContactEPS/OnlineCrimeReporting>

City of Edmonton dial 311 for services or information such as:

Animal Control - report concerns such as, dogs at large, unlicensed cat or dog, dog biting or attacks, dog barking excessively, excessive defecation, dogs out of control. The maximum number of pets allowed per residence is 6 cats and 3 dogs over the age of 8 weeks. You must be 18 or older to license a pet. NOTE: Your landlord may have different rules.

Nuisance Conditions - untidy, unsightly, offensive, and dangerous conditions on private property. Report concerns such as , excessive accumulations of garbage, loose litter, tires and vehicle parts, long grass or weeds higher than 10cm (4 inches), used building material and boxes Buildings in disrepair showing signs of serious damage, disregard for general maintenance, such as broken or missing windows, doors, infiltration of air, moisture or water into the building.

Burned out street lights call 311

Resolving issues with your Landlord

- Make your complaint, request for service, or concern in writing.
- Ask for their response in writing (or email).
- Keep a copy of all correspondence so that if your issue is not resolved you can take it further.

If you are unable to resolve your issue, or you need assistance, call or email with the community association they will help either by directing you to who can, or bringing your concern to those who can.

REMEMBER Document everything, this will help if you need assistance from other authorities. Phone 780-473-6962 email; civics@eeca.ca

EVERGREEN COMMUNITY HALL RENTAL



Become A
Volunteer

For more information:

Email: eeeca@shaw.ca

Call: 780-473-6962

**And leave a message
and a Council member
will returned.**

**PURCHASE A
MEMBERSHIP**

**Our Hall is available to rent for
any occasion.**

Rates:

- ♦ **\$400 for Friday, Saturday or
Sunday with bartender**
- ♦ **\$350 Damage deposit is
required**

**Contact SHARON for full pricing
and more information. She will be
happy to give you more details
and any updated pricing!!**

**You can text or call 780-782-7653
Email: President@eeeca.ca**

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glbhtg@gmail.com
www.globalheating.ca



Playground 2020—Development and Fundraising

LET’S UPGRADE THE EVERGREEN PLAYGROUND

The Evergreen Community Association is in the process of looking at redeveloping the Evergreen Playground and have been working hard trying to get this project off the ground but we are in need of a “Playground Committee” !

Are you interested in helping out on the Playground Committee? This is for your children.

Are you wanting to provide your thoughts and expertise on the redevelopment?

We want to hear from you!

If you are interested in joining the Playground Committee please contact Margaret at civics@eeca.ca





Considering Less Screen Time for Your

Child: Care Instructions

Many families enjoy watching a favorite show or playing a video game together. And both parents and kids like texting or using social media and other apps. But too much time in front of a screen-TV, computer, tablet, smartphone, or video game-can be unhealthy.

It can affect reading, doing schoolwork, and talking with family and friends. It disrupts good sleep. The more screen time kids have, the more likely they are to eat unhealthy foods. It also cuts down on time for physical activity, such as sports or other outside play.

You may be thinking about limiting screen time, but you are not sure how to begin. You also may not be sure if your family is ready for this change. Cutting back on screen time does not mean no screens at all. It means being careful about what and how much time your child spends looking at a screen. Making this kind of change can be hard, and it takes time. You do not have to make this change all at once. Even cutting back on some screen time can help.

Your doctor can offer information and support as you think about making this change. You can find a family media plan tool at www.healthychildren.org/MediaUsePlan to help you create a plan for screen time.

Follow-up care is a key part of your child's treatment and safety. Be sure to make and go to all appointments, and call your doctor or nurse call line if your child is having problems. It's also a good idea to know your child's test results and keep a list of the medicines your child takes.

How could you start to think about less screen time?

- Think about what it would mean for your child and your family if your child has less time in front of a screen. What are the pros and cons?
- Ask yourself what your child would do with that free time.
- If you were to change your child's viewing habits tomorrow, how would you begin?
- You can make one or two changes and see how it works. For example, for 1 week cut back by 1 hour a day the amount of time your child spends in front of a screen.

Snow Removal Help for Seniors and Persons with Low Mobility

- Is it difficult for you to maintain sidewalks due to age or restraints on your mobility
- Do the winter months make it unsafe and difficult to leave your home
- **Seniors Home Supports Program** gives seniors referrals to vetted service providers (businesses, community groups and individuals) offering these types of services. Seniors are not charged for referrals but they will pay a fee to the service providers by Boyle Street Community Services
- **Hiregood** is a social enterprise owned and operated by Boyle Street Community Services. They Offer on-demand snow removal on sidewalks and driveways. Snow will be cleared within 24 hours after the snowfall ends.

Earn Money by Helping Seniors

- Is your community group looking for ways to raise funds or participate in a service project where you can make an impact in the community
- The Seniors Home Supports Program offers community groups in Edmonton an opportunity to raise funds by providing snow removal and/or yard services to seniors living in the community. By helping seniors with these tasks you'll be giving them peace of mind and helping them stay alive.
- **Services Needed:**
 - ⇒ Snow removal: remove snow and put down anti-slip material to cover icy spots
 - ⇒ Yard Help: mow lawn and do spring/fall clean-up.





- ♦ Free Swimming Access @ Clareview Rec Centre,
Saturdays from 6—8 pm
- ♦ Free access to Outdoor Skating Rink, hours posted
- ♦ Canada Day/Fireworks
- ♦ Youth Christmas Party
- ♦ Community Garage Sale
- ♦ Annual Block Party/Spring Fling
- ♦ Family Programs
- ♦ Garden Club
- ♦ Evergreen Seniors
- ♦ Adult Games (Crib & Darts)
- ♦ Ceramics

***some programs charge a small fee, this is to help with costs*

Contact:

Sharon @ 780-782-7653 or president@eeeca.ca

and

Ann @ 780-250-9870 or secretary@eeeca.ca



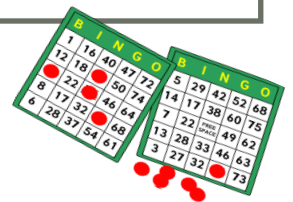


VOLUNTEERS NEEDED! WE NEED YOU!!!

Bingo and Casino events provide the funds to allow Evergreen Community Association non-profits to continue offering programs and events to the residents of Evergreen Community.

EECA needs you!! Contact Troy: troy_girard@yahoo.ca or 780-935- 9611 to help.

The EECA provides the Evergreen Community with a variety of events throughout the year, if you would like to volunteer for an event or sit on a committee we would love to hear from you. Contact Sharon @ 780-782-7653 or email president@eeca.ca.



EECA 2019 Bingo Dates

Sunday, 9th February 2020, AFT—Kensington Bingo
Monday, 2nd March 2020, AFT & EVE— Fort Road
Saturday, 7th March 2020, AFT—Kensington Bingo
Sunday, 5th April 2020, AFT—Kensington Bingo
Saturday, 11th April, Eve—Fort Road
Saturday, 2nd May, AFT—Kensington Bingo
Tuesday, 19th May, AFT & EVE— Fort Road

TAFEY 2019 Bingo Dates

Thursday, 27th February, 2020— AFT— Fort Road
Tuesday, 10th March, 2020 — AFT & EVE— Fort Road

As we get more

Bingo dates

**throughout the year we will add
them here on this page.**





DARTS

On Wednesday evenings from 7:00 pm,
come check us out and have some fun!!



CRIB

On Thursday evenings weekly at 7 pm at the Evergreen Hall.

Everyone is welcome to drop in and have
some great fun!!

We have snacks and bar is opened!



Ceramics

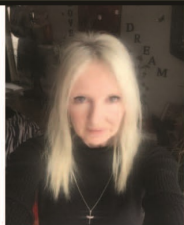


*Sunday evenings at 7:00 pm - 9:00 pm and runs every
Sunday evening at the Evergreen Senior Centre.*

*Everyone is welcome to drop in and have some great
fun!!*

⇒ *Paints and some supplies are supplied.*

⇒ *We do charge 1/2 price for (this is half of what PJ Ceramics charges us) if you stay and paint but if you are purchasing to take home to paint you are charged full price for ceramics.*



Sharon Banks

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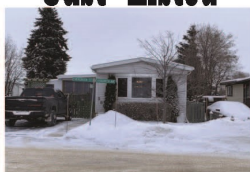
780-782-SOLD (7653)



SharonBanksRealtor

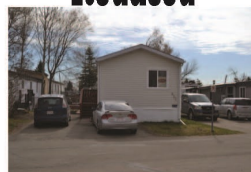
LISTINGS

Just Listed



#580 Evergreen Street
\$138,900 (Reno effective
year 2018)
4 bed /2 bath 1500+ sq ft

Reduced



#655 Larch Drive
\$69,900 (2002)
3 bed /2 bath 1216 sq ft



#194 Cedar Drive
\$68,000 (2002)
3 bed/2 bath 1216 sq ft

JUST SOLD

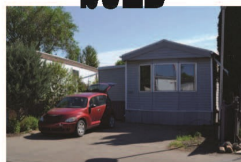


#646 Spruce Drive
\$71,900 (2004)
3 bed /2 bath 1216 sq ft



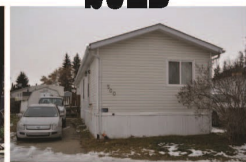
WHERE
REAL ESTATE
HAPPENS™

SOLD



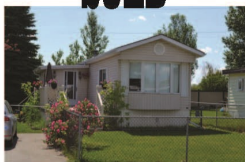
#539 Evergreen Street
\$45,900 (1987)
3 bed/1 bath 1081 sq ft

SOLD



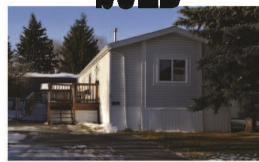
#500 Ravine Road
\$49,900 (2002)
3 bed /2 bath 1216 sf

SOLD



#4 Evergreen Avenue
\$55,500 (1973)
2 bed /1 bath 934 sq ft

SOLD



#385 Juniper Street
\$59,900 (1998)
3 bed/2 bath 1216 sq ft

SOLD



#485 Cedar Drive
\$59,900 (1987)
3 bed /1 bath 1120 sq ft

*Not intended to solicit properties already listed for sale or buyers under contract.

Evergreen Seniors News



The Seniors Program of Evergreen extends a "Welcome to all Seniors", to come join us anytime during the week days from 9:00 AM (no exceptions) until noon for coffee and treat, some companionship, shuffleboard and a game of pool!! We invite Seniors to come out on Wednesday evenings from 7:00 PM to 9:00 PM for a game of Bingo or Crib and have an enjoyable evening of fun !!



Check calendar for these scheduled evenings!

Our Annual Monthly meeting on Wednesday, 5th February 2020.

The Dinner scheduled for members only, will be held where stated:

- On Wednesday, 12th February we will be having a Valentine Potluck at 6 pm before Bingo
- March's dinner—TBA, looking for something to go with St Paddies Day!!



Please check the bulletin board to sign up for each of these Events. For February's meal please RSVP by 8th February and let us know what you are bringing!

The Ceramics program is on Sunday evenings from 7:00 pm to 9:00 pm . All are welcomed!!

Seniors Calendar:

5th February

Bingo 7:00 PM

12th February

Potluck Dinner 6:00 pm

Bingo 7:00 PM

14th February - **Happy Valentines Day!**



19th February

Bingo 7:00 PM

26th February

Crib 7:00 PM

Seniors next General meeting will be on Wednesday, 4th March @ 7:00 PM.

All Seniors members welcome!

Seniors Financial Assistance

Eligible seniors can access a variety of financial and health support programs.

SHARP Grant

Seniors Home Adaptation and Repair Program (SHARP) grants may be available to eligible senior homeowners with low income who do not qualify for a SHARP loan to help with certain home repairs. You must submit a completed SHARP to be considered for a grant.

Address:

Seniors Home Adaptation and Repair Program (SHARP)

PO Box 1050 STN Main, Edmonton AB T5J 2M1

Special Needs Assistance for Seniors

Seniors with low-income can get financial assistance to help afford the cost of appliances and specific health and personal supports.

In general, a single senior with a total annual income of \$28,150 or less, or a senior couple with a total combined annual income of \$45,720 or less, may be eligible to receive assistance.

Address:

Special Needs Assistance for Seniors
PO Box 3100
Edmonton AB T5J 4W3

Alberta Seniors Benefit

Seniors with low-income can get financial assistance to help with monthly living expenses. In general, a single senior with an annual income of \$28,150 or less, and senior couples with a combined income of \$45,720 or less, may be eligible for a benefit. These income levels are guidelines only, and are for seniors whose incomes includes full Old Age Security pension.

Address:

Alberta Seniors and Housing
Seniors Financial Assistance
PO Box 3100
Edmonton, AB T5J 4W3

Dental and Optical Assistance for Seniors

Eligible seniors can get help covering the cost of basic dental and optical services. Eligible seniors are covered for select dental services up to a maximum of \$5,000 every 5 years. Eligible seniors are covered for select optical services up to \$230 every 3 years.

To connect with the Alberta Supports Centre:

Hours: 7:30 pm to 8:00 pm (open Monday to Friday, closed on Statutory holidays)

Toll Free #: 1-877-644-9992

Fax: 780-422-5954

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We want to hear from you!

As many of you are aware we hold various events throughout the year in the Community. We want to hear from the residents any ideas for events what do you want to see at these events? What can we do to create more participation from you our residents?

You can email, text or call:

Sharon 780-782-7653

Marin 780-263-9725

Email: eeeca@shaw.ca

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Newsletter Advertising Guidelines & Rates



In an effort to ensure that all ads are placed in the newsletters and that they are distributed in a timely manner **ALL** ad's must be received on or before the 15th of each month for the following months distribution. All ads **MUST** be emailed to secretary@eeca.ca in **jpeg format** . (If you are **unable to send in Jpeg format please use PDF**). If ads are not received to the above email by the 15th they *will not* be placed in the newsletter.

Full Page Ad B/W - Ad Size 8 1/2" wide x 11" height \$50

1/2 Page Ad B/W - Ad Size 8 1/2" wide x 5 1/2" height \$25

1/4 Page Ad - Ad Size - 4 1/4" wide x 5 1/2" height \$15

Classified Ad's - Rear Inside Business Card Size or smaller Free for Residents

You can find your newsletter in the Senior Centre, Store, RR Automotive and Park Office! We are now delivering door to door!!

R.R. AUTOMOTIVE

UNIT #33 Evergreen Park NW

780-472-9959

- QUALITY AUTO REPAIRS
- TIRE REPAIRS & SALES
- OIL CHANGES

Celebrating
30
Years!
In Business



LICENCED TECHNICIANS





**Spring is not that far away so please keep us in mind
if you are considering selling!**



Recently Sold
64 Evergreen



NEW 3 bed 2 bath
#287 Evergreen

\$109,900



Fixer Upper
53 Evergreen
\$8,000



New Listing
300 Evergreen
\$39,900

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www.albertahomes.ab.ca

————CALL NOW!!————
We Offer a No Charge Evaluation and
Consultation. We get Results! Don't Wait!
MLS Access Available!

————CALL NOW!!————

ALBERTA MOBILE HOME SALES



Evergreen Classifieds

To have your ad appear in our newsletter, email to secretary@eeca.ca before 15th of each month. Space is set aside (at no charge) for residents of Evergreen to advertise items they want to sell or give away or to advertise their services. Space is limited and is based on first come first served.

LOCAL HANDYMAN/CARPENTER LOCATED in EVERGREEN

Deck Building

Mobile Home Leveling



Laminate Floor Installation

Full Renovations

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CALL TERRY AT 780-802-0274



SERVICES FOR SENIORS & PERSONS WITH DISABILITIES

Services offered:

- ◆ Driving/Accompanying to Appointments
- ◆ Grocery shopping or Pick-up of Groceries and/or other Goods
- ◆ Light cleaning duties
- ◆ Meal Preparation/Cooking
- ◆ Co-ordinate Outings and Activities (upon request)
- ◆ Tax and Bookkeeping Services
- ◆ Planting and Maintaining Flower Beds (upon request)
- ◆ House-sitting
- ◆ Laundry Services

I have previously worked in Home Care for a number of years.

Contact Linda Z. at 780-474-8211 or

Cell 780-719-5793

Are you in
need of your
Sidewalks,
Driveway or
Deck being
cleared of
snow?



Call Larry -
780-472-9683

Evergreen Classifieds Cont'd

Dayhome Services

My name is Myranda, I am a stay at home mom and wife. I have been babysitting for 14 years

I provide:

- ◆ Fun safe caring environment
- ◆ Provide lunches and snacks
- ◆ Provide receipts
- ◆ Have lots of toys, activities and crafts
- ◆ *Take children to play outside and to parks, etc*
- ◆ Open Monday to Friday, 6 am to 6 pm

I am looking for spots to fill

Contact Myranda Draganiuk

Cell 825-993-4205

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FOR MORE INFORMATION CALL FRIESENS: 780-486-2787 OR EMAIL: info@friesens.ca



February

2020

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|-----|--|-----------------|---|---|
| | | | | | | 1 Member Free Swim Clareview Rec Ctr. 6-8  |
| 2 Ceramics at 7 pm  | 3 EECA Board Meeting 6:30 pm | 4 | 5 Senior Meeting & Bingo 7 pm Darts 7 pm | 6 Crib—7 pm | 7  | 8 Member Free Swim Clareview Rec Ctr. 6-8 |
| 9 Ceramics at 7 pm | 10 | 11 | 12 Seniors Potluck & Bingo 7 pm Darts 7 pm | 13 Crib—7 pm | 14   | 15 Member Free Swim Clareview Rec Ctr. 6-8 |
| 16 Ceramics 7 pm | 17 Garden Club 6:30pm  | 18 | 19 Seniors Bingo 7 pm Darts 7 pm | 20 Crib—7 pm | 21  | 22 Member Free Swim Clareview Rec Ctr. 6-8 |
| 23 Ceramics 7 pm | 24 | 25 | 26 Seniors Crib 7 pm Darts 7 pm | 27 Crib—7 pm | 28  | 29 Member Free Swim Clareview Rec Ctr. 6-8 |

Every weekday morning from 9 am to noon the Seniors has a pot of fresh coffee on. Drop in for a visit, stay for a game of pool and meet other Seniors in the Community.