EVERGREEN



NEWS

August 2015



Community
Wide
Saturday
August 8th

9 a.m. - 5 p.m.

Sell YOUR stuff, YOUR way!

Maps will be available at the hall on the day of the sales or see the 2nd last page for a copy of those that already registered.

Pre-registered Sites

60, 94, 95, 123, 124, 169, 187, 216, 248, 294, 359, 360, 386, 423, 457, 568, 608, 680 and the Seniors Centre



Youth Centre BBQ 11 a.m. to 3 p.m. Full Meal Deal \$4.00 North end of rental office building

August 2015



Simply Affordable... Smart Living

Our July Sales Activity

LOOKING TO MOVE?



SOLD Lot 446

PICTURE YOUR HOME HERE

If you are thinking of selling your home contact the Country Hills Homes Sales Office and set-up an in home market evaluation to determine the value of your home in today's real estate market.

Did You Know...

for referrals?? That's right! When you bring in a friend or family member, and they purchase a home through us, we'll **PAY YOU** up to **\$500!!!** Come into our office for more details.

Let COUNTRY HILLS HOMES Sell Your HOME!!

FACT: Country Hills Homes SOLD over 35% of

all homes sold in the Evergreen

Community in 2014!

FACT: WE are your local expert for new and

pre-owned modular home sales!

FACT: WE operate in the Community by

having a Community Sales Office, with an On-Site Sales Associate in the office

6 days a week!

FACT: WE can list your home on the MLS to

get you maximum exposure on your

listing!

FACT: WE offer FREE Market evaluations!

Call the Country Hills Homes Sales Office or stop by for more information on listing your home with Us!!!

> 780-472-0082 724 Evergreen Park NW

sbanks@parkbridge.com

Why do People Come to Us? We Know Your Community!

Garden Club News

Greetings to all you gardeners. Mother Nature has not been to kind to us recently, but we've still survived to produce beautiful gardens, as anyone will notice walking around the park.

Our July meeting was to present the winners of this years competitions.

Container Contest 1st Frances Sutherland 2nd Glenis Brocker

3rd Pat King

Garden Exhibit

1st Sherrie Mierau 2nd Norm Henderson 3rd Mary deJong Coulombe



Congratulations to these members on their hard work.

Our members spent the rest of the meeting going around looking at these winning gardens to get ideas for themselves next year.

Our next meeting is Monday, August 17th and we will have a guest speaker from Kuhlman's, so make sure you have lots of questions - write them down and we will try to get all the answers.



See you in August.



Interested in learning more about the health benefits of Young Living Essential Oils?

Or are looking for a home based business with a terrific product?

Please call or email Pam Toker 587-784-3457 pam.toker@icloud.com

Evergreen Seniors News

Hi. It was so nice to see so many of you at the barbeque. We had bad news that our member, Gladys, passed away. Our thoughts are with Joe, her husband.

There is no meeting in August so we will see you at the September meeting. Watch your calendars!

Seniors Calendar

August 5th Bingo 7 pm

August 12th Sub Night Supper 6 pm

Bingo follows supper

August 19th Bingo 7 pm

August 26th Crib 7 pm

Seniors Craft & Quilt Thursday's 1 - 4 pm

Coffee & Pool every morning 10 a.m. to Noon





Evergreen Seniors Crafters are having a draw for a queen size quilt on August 8, 2015. You can get your tickets at the Seniors Centre or by calling Reta at 780-472-9565 or Verna at 780-476-4675!

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FREE SWIM TIMES FOR COMMUNITY ASSOCIATION MEMBERS!

Clareview Recreation Centre Saturdays 4-6 p.m.

Londonderry Pool Sundays 2-4 p.m.

With EECA Membership!



Edmonton Evergreen Community Association Memberships

Valid September 1 to August 31 each year.

•	Family	\$20
•	Seniors	\$10
•	Single Family	\$15
	Single Adult	\$10

Call 780-473-6962 or email



Evergreen Youth Express

2015 EG Summer in the Park Program

Evan and Kara bring you all fun all summer long!

Meet at the Youth Centre at 1:30 each and every weekday until August 21st for: crafts, games, activities and outings!

Make sure you sign up NOW. Space for some outings may be limited.

Kindergarten to Grade 12 all welcome all day long! Come and tell us what you want to play, where you want to go and we'll see if it can be arranged.

Most on site activities are completely FREE and operate on a drop in basis. This means that your child will NOT be forced to remain with the program if he/she chooses to leave the area.

We remain on site until 8 p.m.



REMEMBER: The City of Edmonton provides a Green Shack program weekday mornings from 10 a.m. to 1:30 p.m. The Associatin for Evergreen Youth

August 2015

Special points of interest:

- ⊕Tuesday— Sportball
- Wednesday—Mid
 Week Swim
- © Thursday—FUN! FUN! FUN!
- ©Friday—Wrap up the week with Evan and Kara!

Evergreen Youth's Garage Sale BBQ

Full Meal Deal

Hot Dog or Hamburger Cold Drink & Chips \$4.00

Serving 11 a.m. —3 p.m. (or while supplies last)

Help Support the Summer in the Park Program



EG 2015 Summer in the Park

August

Evergreen Youth Express

Sun	Mon	Tue	Wed	Thu	Fri	Sat
the Si	ns listed (E ummer in th ay 1:30—8 ateboard P	ne Park Pi p.m. near	rogram w the Yout	hich runs	1.7.5.5 E. C.	1
2	3 CIVIC HOLIDAY No program	5portball 1:30—3:30 p.m.	5 Swim 1:30-4:30 p.m.	John Janzen Nature Centre 1:30-5:30 p.m.	7Summer in the Park 1:30-8:00 p.m. Weenie Roast 4:30 p.m.	8
9	10 Epl2go 3—4 p.m.	5portball 1:30—3:30 p.m.	Swim 1:30-4:30 p.m.	13 Summer in the Park 1:30-8:00 p.m.	14 Summer in the Park 1:30-8:00 p.m. Weenie Roast 4:30 p.m.	15
16	17 Epl2go 3—4 p.m.	18 Sportball 1:30—3:30 p.m.	5wim 1:30—4:30 p.m.	20 It's ALL Bigger in Evergreen! 1:30-8:00 p.m.	21 Summer in the Park Wrap Up 1:30-8:00 p.m. Zumba with Cheryl	22
23	Youth Centre Closed Thanks Evan and Kara for					29
30	an amazing summer pro- gram!					

Summer in the Park Mid Week Swim!

After a number of years of swimming at Londonderry Pool, for which we gratefully thank the City of Edmonton, we are moving our mid-week swim to the new Clareview Rec Centre!

Every Wednesday we'll meet at the Youth Centre at 1:30. Swim will be from 2-4 p.m. Transportation provided by Cunningham Transport and paid for by TAFEY. Cost: \$2 each. AGES 8 AND UP ONLY—spaces may be limited!

Swimmers under 8 welcome with a parent or guardian. Pool rules (set by the City of Edmonton) help keep everyone safe. The following guidelines apply at all City of Edmonton pools, and each pool might have additional rules. Please read all signs be-

Supporting our new com fore swimming. munity pool!

- Learn to swim
- Swim with a buddy
- Know the water depth before entering a pool
- Alert a lifeguard if you or someone else needs assistance
- Keep children (under 8) within arms reach at all times
- All children (under 8) must be accompanied by a responsible caregiver
- The caregiver to bather ratio is 1 caregiver to every 3 bathers under the age of 8 years
- The minimum age of a caregiver allowed in a facility to supervise the



under 8 bathers is 15.

Obey all pool rules When visiting City pools, you'll see new signs and hear pool safety announcements. Pay close attention because lifeguards will hold Pool Clear safety drills to help them prepare for real emergencies.

Every swim so far has been close to our 40 person maximum. Thanks, Evergreen for supporting this tradition!

EPL2GO



NEW THIS SUMMER

EVERGREEN YOUTH CENTRE

SUMMER IN THE PARK PROGRAM FPI 2GO EVERY MONDAY JULY 6TH TO AUGUST 17 3-5 P.M.

Coming oon.

Sept - Dec 2015

Youth Centre Programs

EG After School (BGCBIGS) snack, physical activity, arts & culture, healthy activity, other. Mon & Wed 3:30-6 p.m.

> Junior Chefs Tuesday 3:30-5:30 p.m.

> Saturday Youth program 3-8 p.m.

Karate Sunday and Tuesday times TBA

Supplementary programs to enhance existing program Thurs 3—4 p.m. (subject to change)

Sportball...encouraging kids to "play with passion, play for fun" since 1995

NEW THIS SUMMER AT

EVERGREEN YOUTH m CENTRE

SUMMER IN THE PARK PROGRAM

SPORTBALL EVERY TUESDAY JULY 7TH TO AU-GUST 18

1:30-3:30 P.M.



ALL SUMMER IN THE PARK PROGRAMS START AT THE YOUTH CENTRE

Spaces may be limited. Sign up forms will be available starting at the Garage Sale BBQ on August 8th.



Emergency Medical Services



Accidental Poisoning



Alberta Health Services EMS would like to remind parents about precautions they can take to prevent childhood poisonings. Ingesting medications, prescription, or over-the-counter products, is the leading cause of accidental poisoning in children. Even small amounts of adult medications can be seriously harmful, or even fatal to your child if swallowed. Other causes of poisoning are household products, such as dishwasher tablets and personal care items (mouthwash, nail polish etc).

Medication storage

- Store all medications in a locked container and place in an area inaccessible to children
- Keep medications in their original child-resistant packaging.
- Do not mix multiple medications inside one bottle
- Install child locks on all cabinets, or drawers where medications are stored

Safety tips

- Ensure visitors to your home keep their personal belongings out of children's reach, as they may contain unsafe items
- Take extra precautions with medicines that appeal to children such as chewable vitamins, or flavored cough and cold syrups
- Properly dispose of any medications or toxic household products no longer in use.

Prevention

- Store household products, car supplies, and cosmetics in locked cupboards, or drawers.
- Apply child safety latches to drawers and cabinets, if they are within a child's reach.
- Know and label all plants in and around your home and garden.
- Antifreeze, windshield washer fluid, and pesticides are extremely poisonous. Even small amounts of these can cause serious illness when ingested.
- Poisoning information can be obtained by calling the Poison and Drug Information Service (PADIS) at: 1-800-332-1414.
- In case of a poisoning emergency, call 9-1-1.
- Provide the name of the product ingested or, if it is safe to do so, a sample of the substance for EMS to inspect on their arrival.



Shop Hours

Sunday Closed

Monday 9-5

Tuesday 9-5

Wednesday Closed

Thursday 9-4

Friday 9-5

Saturday 9-4

We also walk dogs from 12:30pm-2:00pm

> daily To book an appointment call

Or text: 587-710-8071

780-406-7797

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Frogmore Stew

(From Southern Living)

Frogmore stew, otherwise known as a Low Country boil, is a simple and easy one-pot seafood dinner. Serve with cocktail sauce and plenty of napkins!

Yield: Makes 12 servings

- 5 quarts water
- 1/4 cup Old Bay seasoning
- 4 pounds small red potatoes
- 2 pounds kielbasa or hot smoked link sausage, cut into 1 1/2-inch pieces
- 6 ears fresh corn, halved
- 4 pounds unpeeled, large fresh shrimp
- Old Bay seasoning
- Cocktail sauce

Bring 5 quarts water and 1/4 cup Old Bay seasoning to a rolling boil in a large covered stockpot.

Add potatoes; return to a boil, and cook, uncovered. 10 minutes.

Add sausage and corn, and return to a boil.

Cook 10 minutes or until potatoes are tender.

Add shrimp to stockpot; cook 3 to 4 minutes or until shrimp turn pink. Drain.

Serve with Old Bay seasoning and cocktail sauce.





Minor time changes coming to Routes 302 and 184 as of September 4, 2015.

Visit www.takeets.com for more details





September 19th Watch the newsletter for details!!



RR Auto, your friendly neighbourhood service station where the coffee is on and our licensed technicians are available to service your car or truck. Keeping your vehicle tuned up is a good way to save money at the pump and prevent costly repairs down the road.

Tire changes and repairs

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New car warranty approved products

Call 780-472-9959 to book your appointment now, before you break down!

To advertise in the Evergreen News please email secretary@eeca.ca by the 20th of each month.

- Business Card Size \$15
- 1/4 page \$25
- 1/2 page \$50
- 3/4 page \$75
- Full Page \$100
- Prices subject to change -
- Prices listed are for B&W ad's Only -



Evergreen Classifieds

To have your ad appear in our newsletter, email to secretary@eeca.ca before 20th of each month. This space is set aside for residents of Evergreen to advertise items they want to sell or give away. Evergreen News is delivered to every home in the park and is mailed to a number of people outside of Evergreen.

Will do interior cleaning of your mobile home. Reasonable Rates! Call Gloria at 780-756-3746 and leave message.

Deadline for ad's for the September issue of the EECA News is August 20th.

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31 Evergreen Park NW Edmonton, AB T5Y 4M2

Phone: 780-473-6962 Fax: 780-472-1506 Email: info@eeca.ca

Website: www.eeca.ca



WE NEED YOU!!!

Bingo and Casino events provide the funds to allow Evergreen Community Association non-profits to continue offering programs and events to the residents of Evergreen Community. If you attend programs or events put on by the Community league, EECA needs you!! Contact Troy: president@eeca.ca or 780-935-9611 to help.

Next EECA Bingo Day Sunday August 9, 2015 - Kensington, Aft Saturday August 29, 2015 - Kensington, Aft

If your children participate in programs or events at the Youth Centre, Al needs YOU!! Call 780-413-8248 to volunteer to help.

Consider volunteering to help with this or in any other capacity. No contribution is to small or goes unnoticed!!!





Our hall is available to rent. Call 780-473-6962 or visit www.eeca.ca for details.



"Like" us on Facebook at http://www.facebook.com/EvergreenCommunity



August 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	the Senio op in for a	r's Centr a visit, st	y, from 10an e has a pot o ay for a gam niors in the 0	of coffee one of pool,	and	1 Member Free Swim Clareview Rec Ctr. 4-6
Member Free Swim Londonderry Pool 2-4	3	4	5 Seniors Bingo 7pm	6 Seniors Quilters 1pm	7	8 Member Free Swim Clareview Rec Ctr. 4-6 Garage Sale 9am-5am
9 Member Free Swim Londonderry Pool 2-4 Board Meeting 7pm	10	11	12 Seniors Sub Night 6pm Bingo 7pm	13 Seniors Quilters 1pm	14	15 Member Free Swim Clareview Rec Ctr. 4-6
Member Free Swim Londonderry Pool 2-4	17 Garden Club 6:30pm	18	19 Seniors Bingo 7pm	20 Seniors Quilters 1pm	21	Member Free Swim Clareview Rec Ctr. 4-6
23 Member Free Swim Londonderry Pool 2-4	24	25	26 Seniors Crib 7pm	27 Seniors Quilters 1pm	28	29 Member Free Swim Clareview Rec Ctr. 4-6
30	31		1	e're on the web! w.eeca.c		