



**January 2015**

# Evergreen News

**NOW OPEN**

## Evergreen Community Skating Rink

- \$2.00 per skate (Community League members skate free every day).
- With a family membership costing only \$20, the value in free skating alone is obvious.
- In only 10 skates you membership has paid itself.
- Some skates and helmets are available to borrow. First come, first served!
- Helmet is required for all skaters under 17 years of age.
- Rink is closed when temperature (with or without windchill) reaches minus 20 degrees.
- Concession open during official rink hours of operation

### Hours of Operation

Sunday 12:00 p.m. - 9:00 p.m.  
Monday 4:30 p.m. - 9:00 p.m.  
Tuesday 4:30 p.m. - 9:00 p.m.  
Wednesday 4:30 p.m. - 9:00 p.m.  
Thursday 4:30 p.m. - 9:00 p.m.  
Friday 4:30 p.m. - 9:00 p.m.  
Saturday 12:00 p.m. - 9:00 p.m.  
Holidays 12:00 p.m. - 9:00 p.m.



**Check on Facebook at**

**<http://www.facebook.com/EvergreenCommunity> for rink updates!**

# PRE-OWNED HOMES!



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**274 Juniper Crescent \$116,900**  
Built in 2001 - 1216 sq ft - 3 Bed/2 Bath - Jacuzzi Tub



**505 Ravine Road \$117,500**  
Built in 2007 - 1056 sq ft - 2 Bed/2 Bath - 6-Man Hot Tub



**297 Juniper Crescent \$120,000**  
Built in 2008 - 1056 sq ft - 2 Bed/2 Bath - Lovey Landscaping

Call the Country Hills Homes on-site Sales Office 780-472-0082 to inquire about listing your home.



# Garden Club News

Greetings fellow gardeners!

December has been merciful and most of us haven't frozen completely solid. If you're a gardener, it is now the season of planning! Get out your drafting pencil and start deciding what to plant in the spring. Seed catalogues can help a lot and are often free. Call to request one from Dominion Seeds (1-800-784-3037) if this is your first time seed shopping. When picking -seeds, watch carefully for the zone of the plant (we are zone 2 or 3 here in Edmonton). Secondly, take a close look at their height. You don't want 4' plants in your containers, or 6" plants in your large flower beds. Third, take a look at the colour of their blooms AND their foliage. Remember, eventually the blooms will fade away, so ensure that the foliage is just as interesting as the bloom. Last, take a good look at your house – do you have space to start plants from seeds, or should you just pick varieties that can be planted directly outside? As you can see, there is a lot to think about and delving into the catalogue can give you a lovely burst of summer in the dreary winter days.



Our next meeting will be January 19<sup>th</sup> at 6:30 pm at the Community Hall. It is our Annual General Meeting so there are some elections to hold. The positions of Vice President and Treasurer are up this year. If you have any interest in helping to direct the Garden Club please speak to our current board about this great opportunity.

Our last meeting was on December 15<sup>th</sup> and was our Christmas party! Over 20 Garden Club members were there to share delicious food, a garden-related gift exchange, and talk about our green thumbs or lack thereof.

2015 will be full of Evergreen Garden Club adventures, speakers, and crafts. If you've been looking for a way to connect this year, please consider the Garden Club. Whether you have a full-yard obsession or a couple well-cared for containers, you will find kindred spirits within the Club. Call Mary at 780-406-5710 and sign up today.

Join the club, meet new friends, share a few laughs...and go home feeling good.



**Alberta Health  
Services**

**Emergency  
Medical  
Services**

## Sledding Safety



Alberta Health Services, EMS would like to remind parents and children of some basic sledding safety tips as the winter season continues. Sledding injuries can result from collisions with stationary objects such as trees and rocks or with other people on the hill. Unprotected falls can result in injury if you lose control at high speeds. Everyone is at risk – especially children. Educate your family how to stay safe by following these simple reminders and have a fun day on the toboggan hill.

### Equipment

- Ensure your sled is in good condition. Do not use sleds with broken parts, sharp edges, or splits in the material.
- Currently, there are no helmets designed specifically for sledding. However children should wear a properly fitted helmet designed for high impact collisions, such as hockey, cycling, or climbing helmets.

### Hazards

- Avoid hills that are too steep, or too icy – you can lose control very quickly.
- Choose hills free of obstacles such as trees, rocks, utility poles, or fences.
- Be mindful of clothing that contains drawstrings, or loose clothing, such as scarves, which can present a choking hazard if they become caught or snagged.

### Plan ahead

- Dress warmly in layers and anticipate weather changes.
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones.
- Take breaks to warm up out of the cold.
- Ensure frostbite hasn't affected any exposed skin.
- Even when properly protected from the elements, the finger tips, toes, ears, the tip of the nose, and other high points on the face such as the forehead and cheek bones can be affected by frostbite.
- If frost bite has occurred, treat it by first removing the individual out of the cold environment. Gently warm the affected skin by placing a warm hand over it or by placing the affected part in warm water (not hot; ~41°C max.) until re-warmed.



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 1

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## Evergreen Classifieds

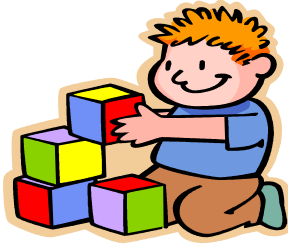
To advertise in the  
 Evergreen News please  
 email [secretary@eeeca.ca](mailto:secretary@eeeca.ca)  
 by the 20th of each month.

- Business Card Size \$15
- 1/4 page \$25
- 1/2 page \$50
- 3/4 page \$75
- Full Page \$100

- Prices subject to change -  
 - Prices listed are for B&W  
 ad's Only -

### T.O.T.S.

Needs a new Team  
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 interested in  
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 the hall, creating  
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 responsible like you! Contact Troy @  
[president@eeeca.ca](mailto:president@eeeca.ca) to if interested!



To have your ad appear  
 in our newsletter, email  
 to [secretary@eeeca.ca](mailto:secretary@eeeca.ca)  
 before 20th of each  
 month. This space is set  
 aside for residents of  
 Evergreen to advertise  
 items they want to sell or  
 give away. Evergreen  
 News is delivered to  
 every home in the park  
 and is mailed to a  
 number of people  
 outside of Evergreen.

The Edmonton Manning Returning Officer's Office is slowly taking shape! They are still looking for qualified candidates to fill the following positions for the 2015 Federal Elections.

1. Revision Supervisor (evenings and weekends shift)
2. Training Officers
3. Community Relations Officer - Accessibility
4. Community Relations Officer - Youth

Please forward your résumé or summary of related experience to [benedicta.pui@elections.ca](mailto:benedicta.pui@elections.ca) as soon as possible for consideration.

**We're on the web!**  
**[www.eeca.ca](http://www.eeca.ca)**

# *Evergreen Seniors News*

**Happy New Year! We wish you all good health, happiness and prosperity!**

**We ended the year off with a lovely Christmas dinner at the hall with gifts and prizes at Bingo and the plus was the weather was nice.**

**We hope you all had a lovely Christmas with your families.**

**Looking forward to seeing everyone in 2015!**

## **Evergreen Seniors Crafters and Quilters**

The Evergreen Seniors Crafters and Quilters would like to thank everyone who came to our Christmas in November sale on November 29, 2014. We also want to thank anyone who helped or made items for the sale.

The winners of the draws are:

1st Prize - Quilt - Terry Gile

2nd Prize - Sleigh Ornament - Flo Jorgensen

3rd Prize - Christmas Serving Set - Sharron Hart

Door Prize - Glass Bowl - Amoljo Bolic

Jelly Bean Count - Gloria Bilodeau

Please note: Effective January 2015, the Evergreen Seniors Crafters and Quilters will be meeting on Thursday afternoons only from 1-4 p.m.



**Coffee & Pool every morning  
10 a.m. to Noon**

**Seniors Craft & Quilt  
Thursday's 1 - 4 pm**

## **Seniors Calendar**

Jan 7	Meeting	7 pm
	Bingo follows the meeting	
Jan 14	Bingo	7 pm
Jan 17	Omelet Breakfast Saturday!	
Jan 21	Bingo	7 pm
Jan 28	Senior's Crib	7 pm





**We also  
walk dogs  
from  
12:30pm-  
2:00pm  
daily**

To book an appointment call  
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Or text: 587-710-8071

### Shop Hours

Sunday Closed  
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Tuesday 9-5  
Wednesday Closed  
Thursday 9-4  
Friday 9-5  
Saturday 9-4

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# Evergreen Youth Express

The Association for  
Evergreen Youth

## EG Snow Shack Program

Monday, December 21  
we checked out the new  
Clareview Rec Centre  
pool. It was a blast!



January  
2015

Tuesday, December 22 we went to North  
Edmonton Gymnastics Club facility.



# January 2015

...at Evergreen Youth Centre

Sun	Mon	Tue	Wed	Thu	Fri	Sat
SUBJECT TO CHANGE. KEEP UP TO DATE BY CALLING 780-413-8248 OR BY LIKING THE FOLLOWING FACEBOOK PAGES...  <a href="https://www.facebook.com/GentlemenOfEvergreen">https://www.facebook.com/GentlemenOfEvergreen</a> Divas... <a href="https://www.facebook.com/groups/231288803732058/">https://www.facebook.com/groups/231288803732058/</a> <a href="https://www.facebook.com/tafey1996">https://www.facebook.com/tafey1996</a>				<b>1</b>	<b>2</b> EG After School 3:30—6 pm	<b>3</b> Gentlemen of Evergreen: 3 pm
<b>4</b> Karate 2 pm	<b>5</b> EG After School 3:30—6 pm Kobudo 7:30	<b>6</b> EG After School-Yoga 3:30 —5:30 pm Karate • All 6:30 pm • Yellow belt + 7:30pm	<b>7</b> EG After School 3:30—6 pm	<b>8</b> EG After School- TBA 3:30 —5:30 pm	<b>9</b> EG After School 3:30—6 pm	<b>10</b> Gentlemen of Evergreen: 3 pm
<b>11</b> Karate 2 pm	<b>12</b> EG After School 3:30—6 pm Kobudo 7:30	<b>13</b> EG After School-Yoga 3:30 —5:30 pm Karate • All 6:30 pm • Yellow belt + 7:30pm	<b>14</b> EG After School 3:30—6 pm	<b>15</b> EG After School- Drop In Learn to Skate 3:30 —5:30 pm	<b>16</b> EG After School 3:30—6 pm	<b>17</b> Gentlemen of Evergreen: 3 pm
<b>18</b> Karate 2 pm	<b>19</b> EG After School 3:30—6 pm Kobudo 7:30	<b>20</b> EG After School-Yoga 3:30 —5:30 pm Karate • All 6:30 pm • Yellow belt + 7:30pm	<b>21</b> EG After School 3:30—6 pm	<b>22</b> EG After School- Drop In Learn to Skate 3:30 —5:30 pm	<b>23</b> EG After School 3:30—6 pm	<b>24</b> Gentlemen of Evergreen: 3 pm
<b>25</b> Karate 2 pm	<b>26</b> EG After School 3:30—6 pm Kobudo 7:30	<b>27</b> EG After School-Yoga 3:30 —5:30 pm Karate • All 6:30 pm • Yellow belt + 7:30pm	<b>28</b> EG After School 3:30—6 pm	<b>29</b> EG After School- Drop In Learn to Skate 3:30 —5:30 pm	<b>30</b> EG After School 3:30—6 pm	<b>31</b> Gentlemen of Evergreen: 3 pm



## Free Drop-In Learn to Skate Program

Evergreen Skating Rink  
724 Evergreen

**For participants of all ages! Children 5 and under require a parent or guardian to attend.**

Fun and basic skill are the focus of this **free drop-in** skating program. Participants will be exposed to various skating skills while participating in stations and games. Children will learn basic skating skills at their own pace. The program will be adapted to the age and skill level of the participants dropping into the program.

**Thursdays January 15 – February 19**

**Time: 2:45 pm – 5:30 pm**

**Families and all ages**

**Participants can stay for the full time or drop in for a short while!**

**\*The program will cancel at -20 degrees Celsius with the wind-chill**

\*Kindergarten to Grade 12 please sign up through the Youth Centre. **ALL AGES WELCOME.** Not in Kindergarten yet? Still welcome with a parent.

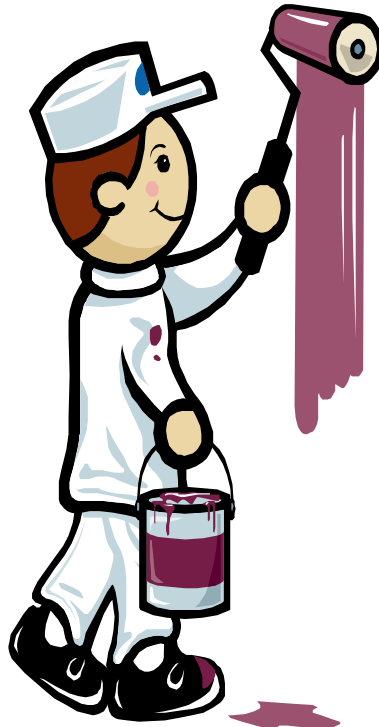
**\*Participants must have their own skates. A CSA approved helmet is mandatory for participation\***

Some skates and helmets available to borrow. First come, first served.



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Website: [www.eeca.ca](http://www.eeca.ca)



## **WE NEED YOU!!!**

Bingo and Casino events provide the funds to allow Evergreen Community Association to continue offering programs and events to the residents of Evergreen Community. If you attend programs or events put on by the Community league, EECA needs you!!

### **BINGO HELP NEEDED**

Sunday January 11, 2015 - PM - KENSINGTON  
Thursday January 29, 2015 - PM/EVE - FORT RD  
Saturday January 31, 2015 - PM - KENSINGTON

**Contact Troy: [president@eeca.ca](mailto:president@eeca.ca)  
or 780-935-9611 to help**

## **Edmonton Evergreen Community Association Memberships**

Valid September 1 to August 31 each year.

- Family \$20
- Seniors \$10
- Single Family \$15
- Single Adult \$10

Call 780-473-6962 or email  
[memberships@eeca.ca](mailto:memberships@eeca.ca)



Our hall is available to rent. Call 780-473-6962 or visit [www.eeca.ca](http://www.eeca.ca) for details.




**"Like" us on Facebook at  
<http://www.facebook.com/EvergreenCommunity>**



**Deadline for the ad's for the February issue is January 20th.**



# January 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Happy New Years!!	2 	3
4 EECA Board Meeting 7:00pm	5	6	7 Darts 7 pm  Seniors Bingo 7pm	8 Seniors Quilters & Crafters 1pm  EECA Crib 7 pm	9 	10
11	12	13	14 Darts 7 pm  Seniors Bingo 7pm	15 Seniors Quilters & Crafters 1pm  EECA Crib 7 pm	16 	17 Seniors Omelet Breakfast
18	19 Garden Club 6:30pm 	20	21 Darts 7 pm  Seniors Bingo 7pm	22 Seniors Quilters & Crafters 1pm  EECA Crib 7 pm	23 	24
25	26	27	28 Darts 7 pm  Seniors Crib 7pm	29 Seniors Quilters & Crafters 1pm  EECA Crib 7 pm	30 	31

**Every weekday, from 10am to noon**  
the Senior's Centre has a pot of coffee on.  
Drop in for a visit, stay for a game of pool, and  
to meet other Seniors in the Community!