

# Evergreen News



August 2014

## EVERGREEN COMMUNITY WIDE



Saturday,  
August 9th  
9 am to  
4 pm

For more info call Jody  
at

780-717-2839

\*TOTS outgrown sale at hall

\*BBQ at Youth Centre(1-3)

\*Sell your stuff your way!

\*Many yard sales throughout the  
community



31 Evergreen Park NW  
Edmonton, AB T5Y 4M2  
Phone: 780-473-6962  
Fax: 780-472-1506  
Email: [eeeca@shaw.ca](mailto:eeeca@shaw.ca)  
Website: [www.eeca.ca](http://www.eeca.ca)  
All Directors can be reached by  
emailing each position [@eeeca.ca](mailto:@eeeca.ca)

## Your Board of Directors:

President - Troy Girard

Vice President - Shirley VanDoorn

Treasurer - Al Innes

Secretary - Jody Draganiuk

Civics Director - Natalie Haywood

Facilities Director - James Paull

Fund Development Director - Vacant

Membership Director - Denise Criss

Program Director - Shawna Ginther

Sports Director - Ryan Haywood

Senior Liaison - Howard Carroll

## Edmonton Evergreen Community Association Memberships

Valid September 1 to August 31 each year.

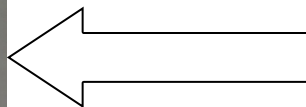
- Family \$20
- Seniors \$10
- Single Family \$15
- Single Adult \$10

Call 780-473-6962 or email  
[memberships@eeeca.ca](mailto:memberships@eeeca.ca)



Our hall is available to  
rent.

Call 780-473-6962 or  
email [facilities@eeeca.ca](mailto:facilities@eeeca.ca)  
for details



We're on the  
web!

[www.eeca.ca](http://www.eeca.ca)

To advertise in Ever-  
green News please  
email secre-  
tary@eeeca.ca by the  
20th of each month .

- Business Card  
Size \$15
- 1/4 page \$25
- 1/2 page \$50
- Full Page \$100

(All sizes approxi-  
mate.)

"Like" us on Facebook at

<http://www.facebook.com/EvergreenCommunity>



Deadline for the ad's for the September issue is August 20th.

# Garden Club News

Summer greetings to you all from the Evergreen Garden Club. Try not to think of summer being half over, instead, think of having at least 40 days left to enjoy late evenings, fragrant blooms, green grass and fresh produce. Make the most of this summer by placing yourself in nature and really allowing the season to soak in. (Don't forget the bug spray!)

Last month the Evergreen Garden Club met with great anticipation to find out the winners of our annual Container Contest and tour the yards of the winners. Our Container Contest Winners for 2014 are as follows:

1st - Mary Avison

2nd - Sherry Mierau  
3rd - Shirley Van Doorn  
Hon. Mention - Josanne

Thiessen

Novice - Lisette Deziel  
Congratulations to our winners for their creative designs and their tireless watering, fertilizing and "deadheading" (removing spent blooms). Winners can't enter for two years following their win in order to give everyone a chance.


The Garden Club also treated its members to a lovely day at the St. Albert Botanical Garden at the end of July. If you think it might be fun to board a bus from right here in Evergreen and go on a free horticultural adventure with a bunch of like-minded people, what are you waiting

for? Join the Club today! Call Mary at 780-406-5710 for more information.

Our next meeting is August 18th at 6:30PM at the Community Hall in the strip mall. If you would like to learn more about this great Club, join us for a guest speaker teaching us how to over-winter our tender perennials, as well as coffee, tea, snacks and fellowship.

**Join the club, meet new friends, share a few laughs...and go home feeling good.**






**Alberta Health Services**

Emergency Medical Services

## Heat Related Illness



With the return of warmer weather, Alberta Health Services EMS would like to remind citizens to stay safe in the heat and sun this summer. While children and the elderly can be more susceptible to the effects of heat, basic prevention measures should be taken by all to avoid a heat related illness during periods of hot and humid weather.

Heat exhaustion	First aid	Prevention
<ul style="list-style-type: none"> <li>Heat exhaustion can occur due to excessive fluid loss during periods of prolonged sweating in a hot and / or humid environment (indoors or outdoors).</li> <li>Patients may suffer headaches, weakness, fatigue, nausea / vomiting, thirst, chills, and profuse sweating.</li> <li>The patient is usually cold and damp to the touch and the skin may appear pale or dusky gray.</li> </ul>	<ul style="list-style-type: none"> <li>First aid for all heat related illness begins with removing or sheltering the patient from the hot environment.</li> <li>Remove excess or tight fitting clothing and allow them to rest in a cool environment.</li> <li>If the patient is conscious and alert, provide suitable fluids such as water, juice, or a sports drink.</li> <li>If you are concerned, seek medical attention or call 9-1-1.</li> </ul>	<ul style="list-style-type: none"> <li>Stay well-hydrated by drinking plenty of water.</li> <li>Limit alcohol consumption as alcohol dehydrates you.</li> <li>Always wear a broad brimmed hat to keep the sun off your face and neck.</li> <li>Apply waterproof sunscreen with an SPF of 50+, especially for children. The sun's UV rays peak between 10am-4pm, even on cloudy days.</li> </ul>
<h3 style="text-align: center;">Heat stroke</h3> <ul style="list-style-type: none"> <li>Heat stroke is a medical emergency that requires prompt treatment. It can be fatal.</li> <li>It occurs when the body can't cool itself naturally (e.g. perspiration). The body's temperature will continue to rise to dangerous levels.</li> <li>Due to severe dehydration and the inability to sweat the patient may appear flushed and skin may be hot and dry to the touch.</li> </ul>		

www.albertahealthservices.ca

Our children are out of school for the summer.

**Remember:**



Evergreen TOTS (Time Out To Socialize) program is a FREE\* drop-in "playdate" for kids 0-5 and their moms, dads, grandparents, or guardians. Even dayhomes are welcome! We have many toys and costumes for the preschoolers, exersaucers and bouncers for babies, and moms who are eager to hold newborns. So if you are a new mom, or new to Evergreen, come on down, meet some neighbours and let the kids socialize while you have a coffee and swap stories with others in the same stage of life.



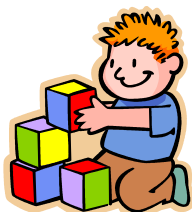
**Where?** At the Evergreen Community Hall in the strip mall

**When?** Every Wednesday 10am-noon

**What?** Coffee for parents, snacks for kids, and a hall full of toys.

**Why?** Gives parents a break, and kids a chance to burn off steam!

**Who?** Around 4-8 parents and 10-20 children currently attend.



For up-to-the-minute TOTS information, please join our facebook group: "Edmonton Evergreen Community Assoc TOTS"

\*To participate in TOTS you MUST purchase an EECA membership  
Please call Natalie at 780-249-8071 if you have any questions.

## Keep your Mobile Home COOL this spring With Central Air Conditioning



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If Pre-Book before May 31,  
2014

Already have Air Conditioning?



# Evergreen Seniors News

Hi. Hope you are all having a great summer. We can't complain about it not being hot, although some rain would be nice (especially for the forest fires...this week the air has been bad!). We said goodbye to Ann and her family. They left for BC. Ann will be missed by the seniors and we also must say goodbye to



Howard (our Seniors Liaison) who is also moving to BC. Do they know something we don't? We want to congratulate Ray and Reta on their 50th wedding anniversary. If you know Ray and/or Reta, give them a call and congratulate them. Supper is a Do It Yourself (surprise). Meetings will start again on September 3rd at 6 pm.

**Coffee & Pool  
every morning  
10 a.m. to Noon**

## Recognition Corner

Thank you for supporting both our Kensington and Fort Road Bingos. Job well done!

We'd also like to thank everyone who helped make the Summer Program Kickoff/Canada Day Celebration such a successful event. All reports from that event are positive.



## Seniors Calendar:

August 6th	Bingo	7 pm
August 13th	Do It Yourself Supper	6 pm
	Bingo	7 pm
August 20th	Bingo	7 pm
August 27th	Crib	7 pm

## Seniors Craft & Quilt



**Tuesday &  
Thursday**

**1 - 4 pm**



## Recognition Corner

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We'd also like to thank everyone who helped make the Summer Program Kickoff/Canada Day Celebration such a successful event. All reports from that event are positive.



**We also walk dogs  
from 12:30pm—  
2:00pm daily**

### Shop Hours

Sunday Closed  
Monday 9-5  
Tuesday 9-5  
Wednesday Closed  
Thursday 9-4  
Friday 9-5  
Saturday 9-4

To book an appointment call  
780-406-7797  
Or text: 587-710-8071



**RR Auto**, your friendly neighborhood service station where the coffee is on and our licensed technicians are available to service your car or truck. Keeping your vehicle tuned up is a good way to save money at the pump and prevent costly repairs down the road.

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Call 780-472-9959 to book your appointment now, before you break down because after would be no fun.

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furnace goes down,**

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Have your bottles ready for EECA's annual Bottle Drive Saturday, September 6th. Have a truck, trailer and/or a couple of hours to give back to your Community League? Contact Troy at [president@eeeca.ca](mailto:president@eeeca.ca)

# DID YOU KNOW???

The EECA Community Hall in the Commercial Centre is in use five days a week for EECA and TAFEY programming!



# Evergreen Youth Express



## *Summer in the Park Program ENDS*

August  
2014

Friday, August 22nd

Join us by the Youth Centre for our traditional wrap up party

2-4 pm

We'll say goodbye to Laura and Evan (although we hope we haven't seen the last of either of these amazing people). Summer would not have been nearly as much fun without them and we need to thank them for embracing Evergreen the way they have.

### Evergreen Community Garage Sale Youth Centre

## Fundraising BBQ



Saturday,  
August  
9th

1—3 pm

### Full Meal Deal

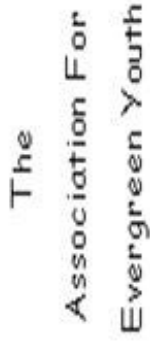
**\$4.00**

Burger or Dog; chips; pop or water  
(While supplies last)

**REMINDER:** Evergreen Youth Centre memberships are due September 1st. At just \$15 for the whole family for a full program year (September to August), a TAFEY membership is the best value in Evergreen! Membership allows your children ages 6—17 access to a number of after school, evening and weekend programs designed just for them! Membership also allows you a voice in the future direction of programming in Evergreen by attending our Annual General meeting and ensuring that your voice is heard.

**Registration for fall programs will begin at the BBQ on August 9th.**

Spaces may be limited. Make sure there is room for YOUR child!



# August 2014

# Evergreen Summer in the Park Program

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><u>Subject to change.</u> Call 780-413-8248 or check our facebook page <a href="https://www.facebook.com/EvergreenSummer2014">https://www.facebook.com/EvergreenSummer2014</a> for updates. In some cases, spaces may be limited. Get forms at the Youth Centre and return them to ensure a space.</p>						
3	4 NO PRO-	5 Summer in the Park	6 Swim ages 8 yrs +	7 Summer in the Park	8 Summer in the Park	9 Summer Karate 11:00 am – noon
10	11 Summer in the Park	12 Summer in the Park	13 Swim ages 8 yrs	14 Summer in the Park	15 Summer in the Park	16 Summer Karate 11:00 am – noon
17 Last Week	18 Summer in the Park	19 Summer in the Park	20 Swim ages 8 yrs	21 Summer in the Park	22 Summer in the Park	23 Summer Karate 11:00 am – noon
24	25	26	27	28	29	30 Summer Karate 11:00 am – noon
<h1>Youth Centre Closed</h1> <h1>Fall Programs Start September 8th</h1>						





## Green Shack Playground Program

Experience a great summer right here at home by dropping by the exciting Green Shack located at the west end of the playground.

Children from 6—12 are welcome to join in games, sports, crafts, music, drama and special events. Children under 6 are welcome but must be supervised by a parent or guardian at all times.

The Green Shack Playground Program is free to participants. You'll find a list of upcoming activities and special events posted on the side of the Green Shack each week. If there's a game or activity that you'd like to play, just ask the Program Leader. They are there to make your summer a fun one!

Programs are led by staff who:

- Ensure participants play safely; parents are responsible for their children at all times and must be available in the event of an emergency

- Are easily identifiable by their blue shirts and name tags
- May be assisted by volunteer Leaders in Training
- Have completed a Security Clearance process, are trained in First Aid and are certified specialists in FUN!

Programming is still available on rainy days but will be cancelled during severely inclement weather.

Green Shack Playground Programs are offered during one of the following time slots, Monday to Friday 10 am – 1:30 pm

Children are free to come and go as they please from the Green Shack Programs. Families seeking more formalized supervision are encouraged to register in one of the exciting Day Camp

Programs listed in Community Summer Programs Guide, at [www.edmonton.ca/daycamps](http://www.edmonton.ca/daycamps) or call 311

Enjoy the rest of the summer with Wyatt.

**LAST DAY!**  
**August 22**



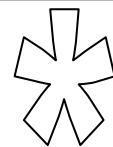
### **Youth Drop-in Hubs**

Starting on July 2, City of Edmonton Hub

Programs have offered a variety of activities to Youth aged 12 – 17. Come and go as you please and, better yet, have a say in what you do! On-site City staff will offer a variety of activities from skateboarding and other sports to Youth crafts. If you just want to stay and chat, we can do that too!

Staff will be on-site at these hubs from 12:30 – 8:00 pm, Monday – Thursday and 3:30 – 8:00 pm on Friday. Call 311 for details and locations.

***NOTE: There is no formal youth drop in program in Evergreen this summer but come by and talk to Laura and Evan. They're here for you, too.***

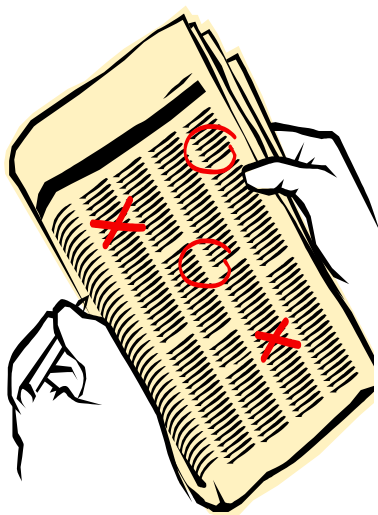


**EG Summer in the Park  
Program is not connect-  
ed to the City of Edmonton  
programs.**

**It is a separate  
program brought to you by  
a partnership between  
EECA and by  
TAFEY.**

## Evergreen Classifieds

To have your ad appear in our newsletter, email to [secretary@eeeca.ca](mailto:secretary@eeeca.ca) before 20th of each month. This space is set aside for residents of Evergreen to advertise items they want to sell or give away Evergreen News is delivered to every home in the Park and is mailed to a number of people outside of Evergreen.



### LEGO for ADHD

Some studies are being done that suggest building with Lego can help focus a child who is diagnosed with ADHD. We're trying to bring a class to

Evergreen this fall. Would you be interested in signing up your child for a Tues, after school program for 8 weeks at the hall? Call the Youth Centre at 780-413-8248



The EECA Board of Directors is struggling with an issue and we need YOUR feedback.

You may not know, but offering the community swim program for community league members is quite costly to the Community League. It seems impossible to determine through the facilities how many EECA members actually take advantage of this benefit of membership. We are unconvinced that it is worth the amount of the annual payment we have to make to provide it.

Treasurer Al Innes can be reached by email at [treasurer@eeeca.ca](mailto:treasurer@eeeca.ca) and can tell you just how much per year this benefit costs. Please let us know if you have any interest in using this benefit.. If we don't get sufficient response, we will consider not paying this fee when it comes due. Thanks.

## *Dojo Arts Evergreen*



Offering fitness and personal security training for everyone from 4—104 since 2011.

Enrollment fee (\$110) includes

## *Uechi Ryu Karate and Kobudo Club*

membership in The Association for Evergreen Youth; 1st month instruction; ghi and safety gear.

Monthly fee thereafter: \$40 per month per student. Family discount may be available. Fees a problem? Talk to us, we want to help!

### DOJO RULES

⇒ Students MUST arrive

on time for class ready to bow in.

⇒ Ghi must be worn to every class and don't forget your sparring/safety gear.

⇒ Fingernails/toenails must be kept short.

⇒ No makeup or jewelry can be worn.

**Fees a problem?  
Talk to us.**

**780-413-8248**

For 2014-2015 program year, register at Evergreen Youth Centre on Sunday, September 7th from 2—4 pm

### Classes:

Karate: Sunday afternoons and Tuesday evenings

Kobudo: Monday evenings (except 3rd Monday of each month)

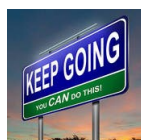


## **starts on Mon Sept 8th**

Evergreen (EG) After School program restarts on Monday, September 8th. Come to the Youth Centre when you get off the bus and meet BGCBigs staff who will

be joining us every Mon/Wed/Fri for some after school FUN!

Tuesdays start off on September 9th with On the Right Track. Here's your chance to learn

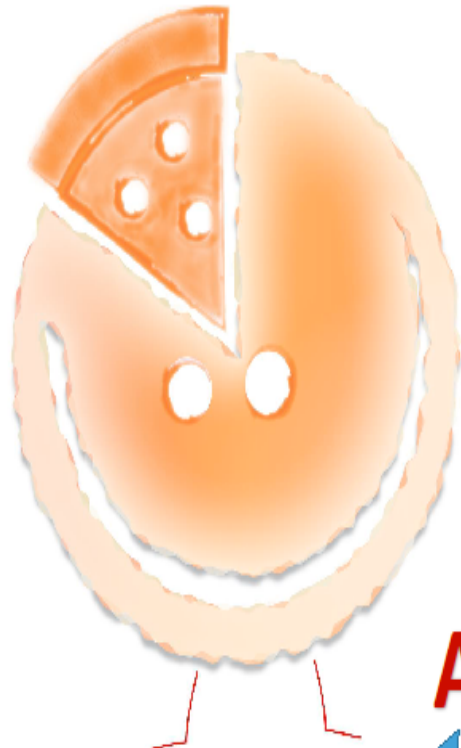


some new things about yourself, meet new friends and gain important life skills! Thursdays bring you Incredible Edibles. Get your Junior Chef on as you learn to make a varie-

ty of simple yet tasty snacks that you get to EAT.



*EG Junior Chefs Incredible Edibles  
Sept 11—Oct 30*



# HAPPY PIZZA

Bar and Grill

Saturday August 16<sup>th</sup>

12:30 pm Start

## Annual Golf Tournament

Includes:

- 18 Holes of Golf
- Power Cart
- Bus Ride to and from
- Roast Beef Dinner
- Terrific Prizes & 50/50 Draw

**Sign Up At**  
**The Bar**

**\$100 per  
Golfer**



### **WE NEED YOU!!!**

Bingo and Casino events provide the funds to allow Evergreen Community Association non-profits to continue offering programs and events to the residents of Evergreen Community. If you attend programs or events put on by the Community league, EECA needs you!! Call 780-473-6962 to volunteer to help.

Saturday, August 9, 2014    Kensington Aft

Sunday, August 24, 2014    Kensington Aft

Sunday August 31, 2014    Fort Road Aft

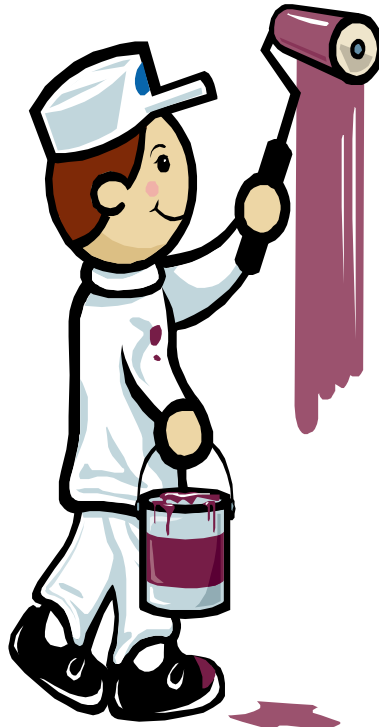
**Consider volunteering to help with this or in any other capacity.**

**No contribution is too small or goes unnoticed!!!**

TAFEY has a bingo Friday, August 22nd afternoon only call 780-413-8248 to volunteer. Thanks.

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### 358 EVERGREEN

In Evergreen Community

- 1978
- 980 SQ FT
- 2 BEDROOMS/ 1 BATHROOM
- WOOD BURNING STOVE
- HUGE 10X40 DECK
- RENOVATED

### LOOKING TO MOVE? WANT TO SELL?

Country Hills Homes Sales Staff are your local experts for new and pre-owned home sales. Operating from within the Evergreen Community, we have a tremendous advantage as your home sales representatives. We work closely with the community Management to make the sales process as smooth as possible. Many of our staff live within the community and are modular homeowners as well. We know the extra care and attention it takes to market your modular home. Let us help you with your home sales process. Come by our office today for a **FREE** market evaluation of your home.

**CHHS NOW OFFERING MLS SERVICES WHEN LISTING YOUR HOME!**







### Did You Know...

that Country Hills Homes pays **YOU** for referrals?? That's right! When you bring in a friend or family member, and they purchase a home through us, we'll **PAY YOU** up to **\$500!!!** Come into our office for more details.



**People Come To Us! We Know Your Community. Call Us Today! 780-278-6476**

# August 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Every weekday, from 10am to noon the Senior's Centre has a pot of coffee on. Drop in for a visit, stay for a game of pool, and to meet other Seniors in the Community!</b>					1 	2
3	4	5 Seniors Quilters & Crafters 1pm	6 TOTS 10 am Seniors Bingo 7 pm	7 Seniors Quilters & Crafters 1pm Coupon Program	8 	9 EECA Community Garage Sale
10 EECA Board Meeting 7:00pm	11	12 Seniors Quilters & Crafters 1pm	13 TOTS 10am Seniors DIY Dinner 6pm Bingo 7pm	14 Seniors Quilters & Crafters 1pm	15 	16
17 	18 Garden Club 6:30pm	19 Seniors Quilters & Crafters 1pm	20 TOTS 10am Seniors Bingo 7pm	21 Seniors Quilters & Crafters 1pm	22 	23
24 Coupon Program 6:30pm	25	26 Seniors Quilters & Crafters 1pm	27 TOTS 10am Seniors Crib 7pm	28 Seniors Quilters & Crafters 1pm	29 	30
31	Subject to change. For updates "like" our page: <a href="https://www.facebook.com/pages/Edmonton-Evergreen-Community-Association">https://www.facebook.com/pages/Edmonton-Evergreen-Community-Association</a>					