

# Evergreen News

# The Edmonton Evergreen Community Association is having it's 30th Birthday!

# Help us celebrate at the HUGE block party, On Saturday, September 15th, 2012

This event needs to surpass all previous events hosted by the community league. Would you like to see it be successful? Would you like to have input on what you see happening at this party? Then consider becoming a volunteer for the event. Just a few hours of your time and you've made a huge difference in the lives of the people who live here. We have several positions open:



FlapJack and Help with the free Pancake Breakfast, clear tables.

gram of your interest.

History Catcher: Photographer. Document the event for future generations.

*Driving Force:* Trucks needed for hauling.

serving, coffee runner.

Hamburger Helpers: Help with the afternoon BBQ. A fund raiser for our local youth centre.

Bulls: Set up tables, parking barriers, canopies, clean up parking lot.

*Bears:* Teardown tables, canopies, barriers, clean up garbage, parking lot, and events.

Graffiti Artists: Decorating, making signs. (Done days before the actual event)

*Uncles & Aunties:* Supervise rental activities, like the Adventure bus, Bouncy slide and Petting Zoo

*Groupies:* Program promotion. Spend an hour at the membership sign up promoting a pro-

Contact the Community League Office to volunteer. Phone # 780-473-6962 or email eeca@shaw.ca to indicate your interest.



# EVERGREEN news



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# COMING SOON!!

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#### **QUICK TIPS FOR CURB APPEAL!**

#### SPRUCE UP OUTDOOR CONTAINERS.

Container plants add considerable interest to patios and doorways.

#### TOUCH UP THE MULCH.

Apply a fresh layer in all your garden beds. The color enhances the contrast of the surrounding plants and makes everything pop.

#### PLANT SOME INSTANT COLOR.

Seasonal color makes the landscape pop as well. Go for a splash of several colors or a more monochromatic scheme, whatever fits in with the look of your home.

#### GO GREEN

Routine lawn maintenance will keep your lawn lush and green. Watering, fertilzing and keeping it trim are preventative measures to having a healthy lawn.

HGIV, 2012, landscaping Tips

People Come To Us! We Know Your Community. Call us today! 780-472-0082

## Evergreen Garden Club News

Greetings fellow gardeners! It has been close to a perfect summer so far, a lot of beautiful weather and lots of good, soaking rains. The plants are thriving and the lawns are lush. If you're on a tight budget but still looking to spruce up your yard, now is the time to hit the local greenhouses...most of them have everything 50-75% off!



Our July meeting was the annual container contest. Congratulations to our winners who received Kuhlmann's gift certificates:

First Place: Patricia King

Second Place: Josanne Thiessen
Third Place: Gloria Krawchuk
Honourable Mention: Frances Sutherland

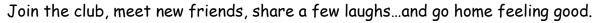
Novice: Denise Criss

The Evergreen Garden Club held it's annual garden trip on July  $21^{st}$ . This year members hopped on a bus to tour the winners of the Spruce Grove and Stony Plain Horticultural Society's "Yards in Bloom" contest. The rain

mostly stayed away and we were able to

stop at 9 places altogether and each one held it's own beauty. We ended the tour at the Stony Plain Pioneer Museum, which was a history lesson as well as a horticultural one. We stopped for lunch in Stony Plain and had a lot of good visiting and laughs along the way. This trip was entirely free for Garden Club members! What a great value a \$10 annual membership is! If you'd like to meet some gardeners in Evergreen, call Mary at 406-5710 and she would be delighted to help you out.

Our next meeting will be August 20<sup>th</sup>. We are hosting a guest speaker who will be educating us on the honeybee and it's role in our gardens. Speakers are always a delight and everyone always learns something new. Come learn, visit and snack at 6:30pm in the Community hall.





#### To The Person or Persons

I wish to thank you in helping us to spend our hard earned money, to pay for the windshield you so nicely broke on Sunday night (Canada Day). It is obvious you do not have respect for yourself or anyone else. I can only hope that someday we or somebody else can repay you for such a kind act. In the future maybe you should just knock on the door and ask for money and save the trouble for the property owner of fixing what you intend on destroying. You know who you are and I hope that you are proud of yourself. This is only the beginning of the life of crime that you have decided to follow, or is it? You must make your friends and family happy knowing that someday you will end up in jail. This community does not need individuals like you here. If your conscience should bother you (which I doubt) then you can leave \$ 200.00 in the mail

Thank you, Broken Windshield

box to pay for the windshield!





RR Auto your friendly neighborhood service station where the coffee is on and our licensed technicians are available to service your car or truck. Keeping your vehicle tuned up is a good way to save money at the pump and prevent costly repairs down the road. Tire changes and repairs Service to most cars and trucks. New car warranty approved products

Call 780-472-9959 to book your appointment now, before you break down because after would be no fun.

The same small but enthusiastic group attend our Scrabble Tournament on July 19th in the hall.

Let's try it again: Thursday, August 16th at 7 p.m. Bring your board and join us! Cash bar open and



\$5 anti is split between the top 3 players of the evenings. Congrats to June's winners. The rest of us didn't even make a ripple in the pond, but it sure was FUN!

Study your 2-letter words and bring \$5 to the hall for Round Three of the Evergreen Scrabble tournament. There will be three 45-minute games of round robin play. The 4 top high scores after the round robin games will play in a final for the winnings. Cash prizes go to the top 3 players. Cash bar will be open between rounds. Snack bar will be set up so bring something to share or just snack on what's there.

Check out our new website, at www.eeca.ca! Keep checking back to see what's new and exciting in Evergreen!

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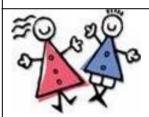
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## **EECA TOTS**

All outdoor activities are subject to change in the case of unsuitable weather

We welcome all preschoolers who care to bring their mommy or daddy to join us at the hall every Wednesday morning for our community wide play date.

# B & L Contracting

Complete Interior Renovations. Tile Installation is our speciality. We have over 35 years experience. References available.

Call Bruce at

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## **Evergreen Recipe Corner**

#### To Die For Blueberry Muffins.

#### **Ingredients**

1 1/2 cups all-purpose flour

3/4 cup white sugar

1/2 teaspoon salt

2 teaspoons baking powder

1/3 cup vegetable oil

1 egg

1/3 cup milk

1 cup fresh blueberries

1/2 cup white sugar

1/3 cup all-purpose flour

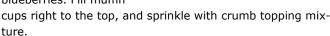
1/4 cup butter, cubed

1 1/2 teaspoons ground cinnamon

#### Directions

 ${f 1.}$  Preheat oven to 400 degrees F (200 degrees C). Grease muffin cups or line with muffin liners.

2. Combine 1 1/2 cups flour, 3/4 cup sugar, salt and baking powder. Place vegetable oil into a 1 cup measuring cup; add the egg and enough milk to fill the cup. Mix this with flour mixture. Fold in blueberries. Fill muffin



3. To Make Crumb Topping: Mix together 1/2 cup sugar, 1/3 cup flour, 1/4 cup butter, and 1 1/2 teaspoons cinnamon. Mix with fork, and sprinkle over muffins before baking. Bake for 20 to 25 minutes in the preheated oven, or until done.

Call Ann @ 780-473-6962 to have your favourite recipe featured here! This will be the last recipe corner if there are no contributions.







#### In-line Skating Safety



In-line skating is a popular recreational activity in the summer. It is excellent physical exercise. Skaters can be found most everywhere that bicyclists, skateboarders and joggers go. As the number of people using in-line skates has increased, so has the number of injuries resulting from this activity. Fortunately, most in-line skating injuries can be prevented by following some basic safety tips.

#### Wear the gear

- Most injuries suffered by in-line skaters are due to a lack of basic safety gear worn by the participant when an incident occurs.
- Protective gear includes a CSA approved helmet, knee and elbow pads, and wrist quards.
- Wearing protective gear every time you skate will reduce your chance of injury.

#### Check your equipment

- Choose good quality skates that fit your feet properly. Loose skates will not provide enough ankle support or control.
- As with cycling, ensure your helmet is in good repair. Replace any helmet that has been in a crash even if it appears undamaged.

#### On the path

- Recognize your limitations, especially when you are new at in-line skating. Most in-line skating injuries are caused by loss of control when navigating down hills or negotiating turns.
- Novice skaters are advised to learn skating on a flat, grassy surface until they have the feel of in-line skates. This will allow for the safe practise of standing and balancing on your skates.
- Keep your eyes and ears open for hazards as you skate. Do not wear headphones while you are skating, especially when crossing streets or level train crossings.
- Stay to the right of the path when skating unless you need to pass.
- Always pass on the left. Call out "passing on your left" to alert others you are approaching.



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Chris Knudson

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#### The Association for Evergreen Youth

# Evergreen Youth Express

Programs subject to change. Call 780-413-8248 for updates.

# Evergreen Summer 2012



Green Shack: Monday to Thursday 10 a.m.—5:30 p.m. For ages 6—11 years only. Children are expected to go home for lunch, there is no on site supervision during that time. Time may vary so check with Green Shack staff for exact time of their lunch break. Friday 1:30-5:30 only. Spend some fun time with Doug and Brenden, Leaders of the Green Shack program. Please note that this is a <u>drop in</u> program and is NOT a substitute for child care. Your child must always have a safe place to go in the event of an emergency or if he/she decides not to participate in planned activities.

James and Maria bring you Youth Drop in: Monday to Thursday 12:30—8 p.m. and Friday from 3:30—8 p.m. only for ages 12—17 years.

The Temporary Skateboard Park is provided on a use at your own risk and safety equipment is strongly suggested. The area

may or may not be supervised depending on staff availability.



#### WANT TO HAVE A YOUTH DANCE IN EVERGREEN?

Evergreen Youth Centre is looking for a few teens to work with us in planning a youth dance for our community. We need to: pick a Friday or Saturday night that would work for YOU, an idea of what that dance would be like and what you'd need to make it a success. We could make it a back to school dance or whatever you choose for it to be. It has to be YOUR dance, YOUR plan. You will get out of it what you put into it. See Alice and let's set a date/time to meet and start planning this fun event!

#### Evergreen Youth Drop In Wrap Up



James and Maria invite you to join them for an afternoon of paintball on Tuesday, August 21st. We're going to Grunts! Permission slip

and waiver required. Program fee: \$25 (includes 200 paintballs). Extra paintballs are 100 for \$8



Must have minimum 20 youth registered by Friday, August 17th to proceed with this event.

Join us at the Youth Centre on Thursday, August 23 at 2 p.m. for our Wrap Up the Summer Party!



This is the last day that Doug, Brenden, James and Maria will be on site, so take this opportunity to come over and thank them for an awesome summer! July 6-Aug 17

EVERGREEN CAP

Fax: 780-472-9506 E-mail: tafey@shaw.ca

Phone: 780-413-8248

10:00 a.m.

North end of rental office building.

CITY CLEAN UP CREW

**KIDS** 

Meet at the Youth Centre Every Friday at 10 a.m.

Sign in and get your clean up kit.

Pick up all garbage that you see. If you find something sharp, come and get a team leader to pick it up for you. Team members stay within sight of each other at all times.

YOUTH...Why not come out Return to the Youth Centre when your bag is <u>FULL</u>.

If we get enough volum-

and help with this?

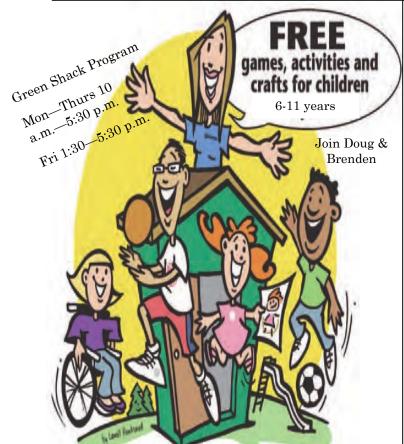
You can be a team leader!

teers we can expand to include a one time clean up of the entire community! Let's make this happen!!!

What do YOU get?

- Hot Dog Lunch
- Your name entered into a draw for prizes!
- The thanks of all the

kids in the Green Shack program for keeping their area safe and clean



## Mid Week Swim:

Every Wednesday 1:30— 4:30

Program fee: \$3.00 per week

m Ages~8~and~up~only~(\*)Quoted from the City of Edmonton website: "Children

under 8 years must be accompanied into the pool and supervised by a responsible person 13 years and older, preferably a parent or sibling. Keep children within arms reach at all times. Unsupervised children will be asked to leave the pool area.").

This year space is quite limited (1 senior leader required for every 7 children under 12). Get your registration forms in early and check with Alice at the Youth Centre to make sure your child can attend.





FREE Outdoor Leadership Program for Youth Aged 13-19
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Ages 13-15: July 9th-20th

Fax: 780-425-9380

Ages 16-19: August 7th -22nd (includes 2 night camping trip)

#### Email, Fax or Mail completed application forms by June 8th 2012

Email: jlam@edmonton.ymca.ca ; nkellman@edmonton.ymca.ca amcnamara@edmonton.ymca.ca

Bill Rees YMCA 10211-105 Street, Edmonton, AB T5J 1E3

, ,







Call: 780-429-9622



Looking for a job? Come to our Job Fair! Bring a Friend!

#### Thursday August 23, 2012 at 2:00 - 4:00 pm

#400, 10109 - 106 Street (Energy Square, NE corner of Jasper and 106 St. one block east of Corona LRT station)

Introduce yourself to employers
Discover available job opportunities
Give employers a copy of your resume
Dress for an interview
Prepare for potential interviews

For more information contact Jane at 780-421-1170 x229 or jane.sch@telus.net

# **Special Needs Assistance for Seniors**

The Special Needs Assistance for Seniors program is available to help seniors with the cost of appliances, minor home repairs and some medical costs. Only one-time extraordinary expenses are funded. The program provides a lump-sum payment to eligible low-income seniors. The maximum assistance available is \$5,000 in a benefit year(July 1 to June 30).

to obtain a request form for Special Needs Assistance visit:

http://www.seniors.alberta.ca/financial\_assist ance/special\_needs/apply/

To be eligible for this assistance, you must have submitted an application to the Alberta Seniors Benefit program and have income within the income thresholds.

If you receive a Special Needs Assistance for Seniors benefit, you may be asked to provide receipts (an accounting) for the goods and/or services funded by the program.

If your request for benefits is denied or if you disagree with the amount of benefits you receive, you can appeal the decision.

If you have questions or require additional information, please call the Alberta Supports Contact Centre at 1-877-644-9992, or 780-644-9992 in Edmonton.

# Another Benefit of Membership:

Remember: Your EECA membership allows you to attend the free community swim Saturdays from

2 - 4 at Londonderry OR ACT



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# We Need YOU!

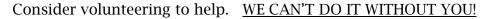
Bingo and Casino events provide the funds needed to allow Evergreen non-profits to continue offering programs and events to residents. If you attend programs or events put on by the community league, Denis needs you! Call

780-473-6962 to volunteer to help with the following EECA events:

Sun, Aug 12 - Kensington afternoon

Thurs, Aug 23 - Fort Road

If your children participate in programs or events at the Youth Centre, Al needs YOU! Call 780-413-8248 to volunteer to help. We have an event at Fort Road Bingo on Fri, Aug 31st.





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# Family Nature Nights in Edmonton FREE and Open to the Public

You are invited to participate in the Family Nature Night (FNN) Summer 2012 Series. The Young Naturalist Club (YNC), Edmonton Science Outreach Network (ESON) and the City of Edmonton are hosting 9 FNN each Wednesday in July and August from 6:30 - 8:00 pm in various natural areas through out Edmonton. At each FNN, families will engage in discovery learning, teachings from local naturalists and organized activities based on the evenings theme. All FNN are FREE and OPEN TO THE PUBLIC. For more information please contact Kelsie Sharun, YNC Project Coordinator at 780 - 427-8124

or kelsies@naturealberta.ca.Visit our facebook page

at http://www.facebook.com/FNNED. The facebook page has site profiles which include

meeting location information and images of the site.





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## **Evergreen Classifieds**

To have your ad appear here, call Alice 780-473-3535 before Aug 20th or email tafey@shaw.ca This space set aside for residents of Evergreen to advertise their items FREE of charge. This newsletter is hand deliv-

ered to every home in the Park and is mailed to a number of people outside of Evergreen too.



#### **HELP WANTED:**

• Evergreen resident is seeking a handyman also a bookkeeper and someone who is understanding, down to earth and open minded to act as a personal assistant. Call Bonnie @ 780 729-7978



Hello Evergreen Seniors group members. Come down to the Seniors Centre for coffee, a chitty chat, play pool. We meet every

play pool. We meet every morning 10 a.m. to noon. Every Wednesday we get together for bingo and crib.

The events for August are:

• Aug 1 Bingo

- Aug 8 Supper at JBs (118 Ave) 6 p.m., Bingo to follow
- Aug 15 Bingo
- Aug 22 Crib
- Aug 29 Bingo

Remember, all community league members aged 55 and over are welcome to join the Evergreen Seniors Group.





Located in the strip mall beside Country Hills Homes Like us on face book to win a free groom! We offer a Seniors' discount.

**NEW:** Doggy daycare AND dog walking services.

Get in on our in-store draw!

From August 2nd until Sept 15th when you

come in for a groom we'll enter you into a draw to win a gift basket (\$200.00 value) To book an appointment e-mail:

itsadogslifegroomingsalon@gmail.com or call 780-249-8071.



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AND

http://www.facebook.com/tafey1996



The Association For Evergreen Youth

38 Evergreen Park NW Edmonton, AB T5Y 4M2 Phone: 780-413-8248 Fax: 780-472-9506 Email: tafey@shaw.ca

To advertise in this publication contact the editor at tafey@shaw.ca (or call 473-3535) by the 20th of the month preceding when you want your ad published.

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- Full Page \$100

(All sizes approximate.)



Our hall is available to rent. Call 780-473-6962 for details.

## ZUMBA



Come join the

# SHAKE IT SO WOMEN MAKE IT!

Tuesday, August 21, 2012 7:00 - 8:30 PM Shumka Studios (Sherbrooke School) 12245 - 131 Street NW Edmonton, AB

Minimum \$10 Donation Income tax receipts for donations of \$15 or more

Please bring indoor running shoes/exercise sneakers.

FOR MORE INFO CONTACT TANYA @ 780-504-5709 OR TANYA.EFRY@GMAIL.COM

# **Evergreen Youth Centre August Field Trips:**

In addition to swimming every Wednesday, Evergreen Youth Centre has arranged the following:



Thurs Aug 9 Laser Quest Program fee: \$10 Minimum age 6 years Minimum 20 kids by Aug 6th to ensure group rate. Bus leaves at 1:30, will return around 4:30.



Tues Aug 21 Grunts Paintball Program fee: \$25 Minimum age 11 years (field rules) Minimum 20 kids by Aug 17th to ensure group rate. Bus leaves just after noon and will return by 5:30.

Call 780-413-8248 for updates on these and any other programs



# ergreen August 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Subject to change.  Call Program Director, Natalie @ 780-249-8071 for program updates.  Call: 780-473-6962 for summer office hours			Seniors Bingo Youth Centre Swim	2	3	4
5	6 Civic Holiday	7	8 Seniors Supper at JBS/Bingo Youth Centre Swim	9 Youth Centre Laser Quest	10	11
12	13 Youth Centre Zoo	14	Seniors Bingo Youth Centre Swim	16 SCRIBBLE	17	18
19	20	2   Youth Centre Paintball	Seniors Crib Youth Centre Swim	23 Summer Program Wrap Up @ Youth Centre	24	25
26	27	28	29 Seniors Bingo	30	31	NOTE: Office closed from Aug 10 to Aug 19