EVERGREEN Edmonton Server Ser

March 2016



Evergreen Seniors Annual Bake Sale

Saturday, March 19th at the Evergreen Community Hall Doors Open At 10 AM

(Come while supplies last)

& Raffle



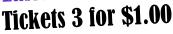
















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Sheds 8' x 10'	\$3000.00	Winterizing Package	\$100.00		
Stene & Landing	\$1000.00	Siding & Poofing Available & Morel			

Steps & Landing \$1000.00 Siding & Rooting Available & More!

Decks 16' x 10' \$3600.00 •ALL PRICING ABOVE ARE ESTIMATES AND SUBJECT TO CHANGE.

Contact us for a quote on any of your construction needs, interior or exterior.

NEW to your **AREA!**

contact sharon banks sharon@homescanada.net 780.782.7653

A Message from Your EECA Board

Well Mother Nature has won. Unfortunately due to the extreme warm whether causing the ice to be in such poor condition, the skating rink closed for the season on February 26th. With the warm temperatures in the forecast, there is just not enough steady cold to save the rink.

Thank you to everyone who supported us this year. We are thrilled to say that since opening on December 27th, we have been open 70% of the time which is awesome. Way more days than last year. Our goal is to try and open late November next year so we have a longer season. Weather dependent!

Thank you to all the staff this year. Roxy, Nicole, Gloria, Dustin, Colton, MacKenzie, Victoria, Tyrus and Brant. Thank you to James who volunteered to maintain the rink and oversee the shack operations as well to Al, who volunteered as well and helped start the build and helped with maintenance through the season.

On other notes, our swim times at Clareview are still on hold till the pool opens back up from its warranty work. Visit our facebook site for details.

All of our volunteers have been very busy with keeping the community league operational. Our AGM comes up at the end of the spring and think about joining the board. In the meantime, we can always use volunteers for bingo's! Email Troy at president@eeca.ca.

Have a Happy Easter everyone!





Small pet babysitting. Going away for a week or weekend and need your small animals well-cared for? Call Amy at 780-860-3582 and I will care for them in my home for \$5/day per animal.



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Ed Gibbons 780-496-8138

ed.gibbons@edmonton.ca



EECA MEMBERSHIPS

There are numerous reasons to renew, or purchase, your membership and support Edmonton Evergreen Community Association like...

- FREE skating on our community rink
- Access to EECA programs and activities for the whole family
- Access to sports programs through out the City
- Input on community issues, challenges and opportunities
- Having a strong community league helps promote a safe, healthy neighbourhood, while it increases a sense of community spirit and pride.
- FREE Swimming at Clareview Recreation Centre on Saturdays from 6-8 p.m.

Edmonton Evergreen Community Association Membership Fees:

\$10 - Single

\$10 - Senior's

\$10 - Couple Senior's

\$15 - Single Parent & Single Child

\$20 - Family

Contact memberships@eeca.ca or call 473-6962 to obtain your EECA membership!



Evergreen Seniors News

Hi. Hope you are enjoying the good weather we are having. I know we are all thinking of gardening and all the jobs we have to do in the spring.

This is St. Patrick's month. Supper is at J.Bees, 118 avenue and 36 Street. Make sure you put your name down.

Seniors Calendar

March 2nd Meeting 7 pm

Bingo follows meeting

March 9th Supper at J.Bees 6 pm

Bingo 7 pm

March 16th Bingo 7 pm

March 23rd Seniors crib 7 pm

March 30th Bingo 7 pm

Seniors Craft & Quilt Thursday's 1-4 p.m.



Coffee & Pool every morning 10 a.m. to Noon

Hello Crafters and Quilters

Stitches, knit and pearl, Bring your craft and give it a whirl. Join us Thursdays from 1-4!

Tax Time Is Here!

Deadline for tax returns to be completed & mailed is the 30th April 2016!

We help with your individual or small business taxes to be prepared (No corporations) Reasonable Rates!

Call Linda at 780-474-8211 - Please leave a message

WE HAVE CLIENTS LOOKING FOR A HOME JUST LIKE YOURS!! NOW IS THE PERFECT TIME TO LIST!!



New Listing \$104,900 #481 Evergreen



New Listing \$84,900 #669 Evergreen



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New Listing \$74,900 #423 Evergreen



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Tammy Suter

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Garden Club News

Greetings fellow gardeners! With spring just around the corner, members of the Garden Club were happy to trade seeds, seedlings and houseplants at our annual Seedy Monday exchange on the third Monday in February. A big thank you goes to Mary Avison for sharing her geranium cuttings and teaching us how to make our own and care for them.

It is almost "clump" time at Kuhlmann's! "What on earth is a clump?" you might be asking yourself. Good question! Mid-March to the end of April, Kuhlmann's sells "clumps" of seedlings, just sprouted, for less than \$3. If you separate these clumps into separate plants in bigger pots, you can get between 5 and 15 plants, depending on the variety. If you have a windowsill or heated greenhouse, this is a cost-effective and fun way to start some annuals or vegetables early without going through the tedious task of germination. Different varieties of clumps are ready at different times, and it's not always the same every year. Call Kuhlmann's for details or drop in. It's a lovely way to spend a chilly spring afternoon.

d

Our next meeting will be March 21st, at 6:30pm at the hall. Members will be creating a group-inspired craft so that we will all have a piece of the Garden Club in our yards. If members have paints or brushes they would like to use, they should feel free to bring them, but materials will be supplied free of charge.

Are you curious? Are you new to Evergreen? Are you interested in joining a Club that helps you meet your neighbours and gives you great gardening support? Join the Club and meet with fellow gardeners once a month for trips, speakers, exchanges, crafts and much more. Call Mary at 780-406-5710 for more details. We have been operating in the community for over a decade and welcome anyone from novice to expert.

Join the club, make new friends, share a few laughs, and go home feeling good.



The only way to do great work is to love what you do. If you haven't found it yet, keep looking. Don't settle. As with all matters of the heart, you'll know it when you find it.

- STEVE JOBS

Still haven't found that thing? I did. Message me for details.

RODAN+FIELDS

TOMORROW LOOKS!!

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The
Association for
Evergreen
Youth











March 2016



Movie, Swim, Gym, Surprises

March 2016 ...at Evergreen Youth Centre

						7
SUN	MON	TUE	WED	THU	FRI	SAT
	Find this guy in the Youth Centre every day until East- er to win an Easter Crème Egg!	1 Way Cool Cooking School 4—6 pm Karate 7:30-8:30 pm	2 EG After School 3:30–5 The Amazing Race Boy Zone 5–6	3 EG After School 2:30–6 pm Bottle Ball & Skat- ing	4 No Program	5 Gentlemen of Evergreen 3-8 pm NERF
6 Kobudo 2-3pm Karate 3-4 pm	7 EG After School 3:30–5 Carnival Games Library Fun 5-6 pm Pop Up Library 6- 7 pm	8 Way Cool Cooking School 4—6 pm Karate 7:30-8:30 pm	9 EG After School 3:30–5 Minute to Win It! Boy Zone 5–6	10 EG After School 2:30–6 pm Stained Glass Window Art & Skating	11 No Program	12 Gentlemen of Evergreen 3-8 pm
13 Kobudo 2-3pm Karate 3-4 pm	14 EG After School 3:30–5 Pinecone Bird Feeder Library Fun 5:6 pm Pop Up Library 6- 7 pm	Way Cool Cooking School 4—6 pm Karate 7:30-8:30 pm	16 EG After School 3:30–5 Dino Fossil Cookies Boy Zone 5–6	17 EG After School 2:30–6 pm Inventions Scavenger Hunt & Lego	18 No Program	19 Gentlemen of Evergreen 3-8 pm
20 Kobudo 2-3pm Karate 3-4 pm	21 EG After School 3:30–5 Easter Egg Bath Bombs Library Fun 5:6 pm Pop Up Library 6- 7 pm	22 Way Cool Cooking School 4-6 pm 6-7 Parent's Dinner Karate 7:30-8:30 pm	23 EG After School 3:30–5 pm Easter Egg Treasure Hunt Boy Zone 5–6	24 EG After School 2:30–6 pm Geometric Easter Egg Art & Lego	25 Good Friday No Program	26 No Program
27 28 29 Spring Break Movie Day 10am-5pm		30 Spring Break Swim Day 10am-5pm	31 Spring Break Gym Day 10am-5pm	All Programs subject to change. Call 780-413-8248 for updates. "Like" our facebook pages.		

EG After School



The Association for Evergreen Youth



of Edmonton & Area

Join Shreya Monday, Wednesday and Thursday for some after school FUN!

Way Cool Cooking School Round 2

Every Tuesday from 4—6 (or whenever recipe has been completed and enjoyed).

Join Laura at the Youth Centre after school.

Those who have attended at least half the round 2 sessions will be inviting their parents to join them for dinner on March 22nd at 6.



Dojo Arts Martial Arts Club

Children who get involved in martial arts reap many benefits in several areas of life.

<u>Fitness</u>

Fitness is a crucial element to all martial arts classes, especially where children are involved. Warmups with jumping jacks, pushups and stretches are common, and the movements of the martial art itself often challenge your muscles and cardiovascular system. Martial artists are known for being toned, flexible and physically fit, and your child will be no different.

Self Defense

The ability to defend yourself against an assailant is an empowering feeling. Most martial arts use self defense as a cornerstone of the entire program. The precise methods will vary from discipline to discipline, but you can be certain that with regular practice, your child will learn to defend himself in a variety of different ways. Many martial arts schools also teach street-smart techniques to kids to

help avoid problems altogether. Self Discipline

Martial arts help instill mental focus in your child, giving her the ability to concentrate on a task and see it through to its conclusion. The discipline that is taught in the dojo in regard to uniforms, customs and techniques often translates into other areas of life, including school and household chores.

Respect

Martial arts are all about respect. Punching, kicking, throwing and locking are all secondary to the respect that is shown form the moment you walk into a dojo. Children learn to bow to the masters who came before them, and to their current instructors. They also learn to treat other students as they wish to be treated. Quality martial arts instructors press upon the respect issue regularly and instruct students to practice respect for self, parents, teachers and peers at every opportunity. Self Confidence

A child who is involved in martial

arts is generally a child who is confident in herself. Working through a martial art and the belt ranking system gives a child measurable goals to follow that are realistic to attain. The sense of accomplishment a child feels by mastering a new technique or graduating to a new belt follows him everywhere

Make sure to "like" our facebook page for program updates and consider signing up for our spring session (March through May).

https://www.facebook.com/Dojo-Arts -Evergreen-Martial-Arts-Club-254153244620594/

We have something to offer all ages and all skill levels.





Hello hello,

The gentlemen of Evergreen definitely had a busy February; Ice on Whyte, NERF, cooking fried chicken and waffles and volunteering at the Family Day activities on February 13th- which was a huge success by the way. We even invented a couple new games: Ballonsketball

Two large buckets are stationed on either side of a room, each team is defending their bucket from the other team while trying to score on their opponents bucket by shooting a balloon into it. The game is actually an incredible workout;

Gentlemen of Evergreen

players are constantly running back and fourth between the hoops as well as jumping to grab the balloon.

<u>F.A.D.</u> (Fun Arrow Dodge- I have to take credit for the name, I thought it was quite creative)

This game is essentially Dodgeball but with NERF bows and arrows —yup.

The game is not for recreation and enjoyment, it is STRICTLY to increase the boys' agility, speed, reflexes and ability to operate under pressure, especially if there is an impending zombie apocalypse.

As you can see, we're keeping busy, having fun and also doing what we can to contribute back to the community. The boys have volunteered quite regularly with the community and as a reward, we will be taking them paintballing on March 5th, which is going to be a blast (literally)! Check the website for details:

facebook.com/gentlemenofevergreen

I hope you enjoy this incredible weather we've been having, it feels like spring is just around the corner! Until next month.

-Isaac





Pop Up Library - Evergreen

Who: All Welcome!

<u>What:</u> Use a variety of pop-up library services. Get a library card, get technology help and join an on-the-spot program, we bring the library to you!

Where: Evergreen Youth Centre (north end of rental office building in Evergreen) 167 Avenue and 10th Street

When: Mondays 6-7 p.m.



EECA EARLY LEARNING PROGRAM

EECA's Early Learning Program is for children ages 3-5 years (must be potty trained) and is designed to get kids ready for the challenges of school. The program encourages the developmental of social, sensory, and language skills through structured play.

Where: EECA Community Hall

When: Tuesday and Thursday beginning from September 15th 2015 -

December 18th 2015 & January 5th 2016- June 16th 2016.

Time: 10am -1pm

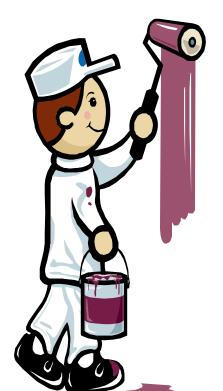
Who: Instructed by Laura Scott **Price:** Per child-\$80/Month

***Only 10 spots are available, so register NOW to avoid disappointment.

To register please contact Laura Scott by email: lascott@ualberta.ca or by phone: 780.222.5722.

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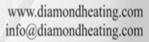
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FREE SWIM TIMES FOR COMMUNITY ASSOCIATION MEMBERS!

Clareview Recreation Centre Pool Is Closed from Feb 1- Mar 29

Will do interior cleaning of your mobile home. Reasonable Rates!

Call Gloria at 780-756-3746

and leave message.

Deadline for ad's for the April issue of the EECA News is March 20th.



Dog's Die Grooming Salon

Shop Hours

Sunday Closed

Monday 9-5

Tuesday 9-5

Wednesday Closed

Thursday 9-4

Friday 9-5

Saturday 9-4

We also walk dogs from 12:30pm-2:00pm

daily

To book an appointment call 780-406-7797

Or text: 587-710-8071

To advertise in the Evergreen News please email secretary@eeca.ca by the 20th of each month.

- Business Card Size \$15
- 1/4 page \$25
- 1/2 page \$50
- 3/4 page \$75
- Full Page \$100
- Prices subject to change -
- Prices listed are for B&W ad's Only -

The EECA Drop In Cribbage take place every Thursday at 7pm. This is a drop in event so even if you can't make it every Thursday, we would still like to have you come out and play when you can! The bar will be open for your thirst requirements. Please note that this league is for Adults only!





31 Evergreen Park NW Edmonton, AB T5Y 4M2 Phone: 780-473-6962 Fax: 780-472-1506 Email: info@eeca.ca Website: www.eeca.ca

WE NEED YOU!!!



Bingo and Casino events provide the funds to allow Evergreen Community Association non-profits to continue offering programs and events to the residents of Evergreen Community. If you attend programs or events put on by the Community league, EECA needs you!! Contact Troy: president@eeca.ca or 780-935-9611 to help.

Next EECA Bingo Day Saturday March 19, 2016 - AFT - Kensington Sunday March 27, 2016 - EVE - Kensington

Next TAFEY Day
Friday March 4, 2016 - AFT/EVE - Fort Road

If your children participate in programs or events at the Youth Centre, Al needs YOU!! Call 780-413-8248 to volunteer to help.

Consider volunteering to help with this or in any other capacity. No contribution is to small or goes unnoticed!!!



Our hall is available to rent. Call 780-473-6962 or visit www.eeca.ca for details.



"Like" us on Facebook at

http://www.facebook.com/EvergreenCommunity

March 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Early Learning Program 10am	2 Darts 7:30pm Seniors Meeting 7pm Bingo Follows	3 Early Learning Program 10am EECA Crib 7 pm	4	5
6 Board Meeting 7 pm	7	8 Early Learning Program 10am	9 Darts 7:30pm Seniors Dinner 6pm Bingo 7pm	10 Early Learning Program 10am EECA Crib 7 pm	11	12
13	14	15 Early Learning Program 10am	16 Darts 7:30pm Seniors Bingo 7pm	EECA Crib 7 pm	18	Seniors Bake Sale & Raffle 10 am
20	21 Garden Club 6:30pm	22 Early Learning Program 10am	23 Darts 7:30pm Seniors Crib 7pm	24 Early Learning Program 10am EECA Crib 7 pm	25	26
27	28	29 Early Learning Program 10am	30 Darts 7:30pm Seniors Bingo 7pm	31 Early Learning Program 10am EECA Crib 7 pm		

Every weekday, from 10am to noon

the Senior's Centre has a pot of coffee on.

Drop in for a visit, stay for a game of pool, and
to meet other Seniors in the Community!